TIME TO GET BUFF
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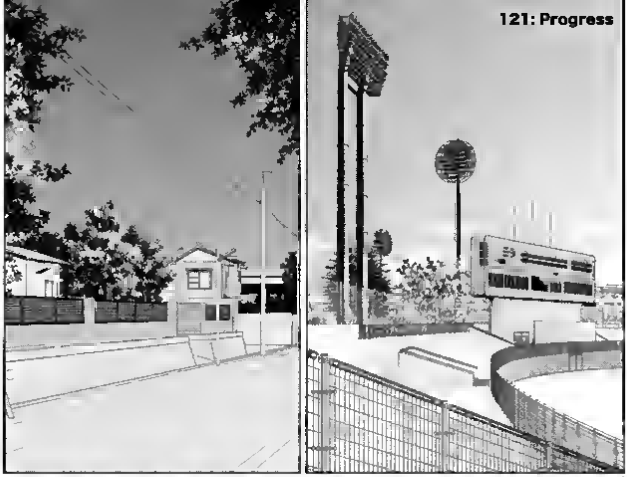


おおきく振りかぶって
ひぐちアサ

WEL-
COME
BACK!
EH, SO
EARLY!
I'M
HOME—
RATTLE...

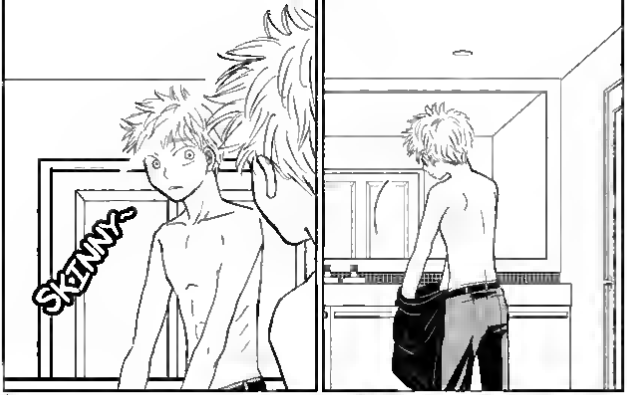
2

O-
OKAY
I'M STILL
MAKING
DINNER,
SO GO
TAKE A
SHOWER!
IT
ENDED
EARLY,
HUH?
YOU'VE
WORKED
HARD!

TROT
TROT
STEAM
SIGH
SHRUG

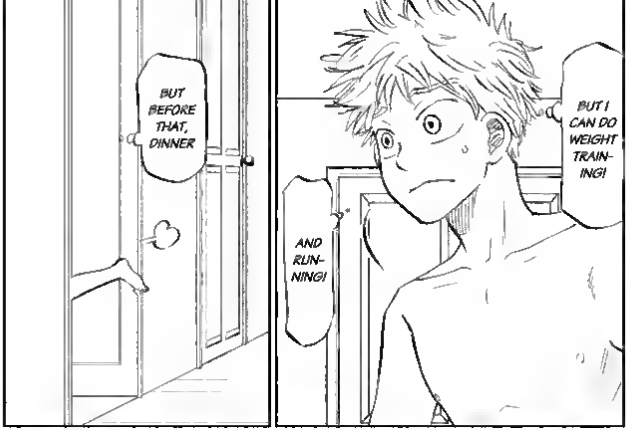
3

I WANT TO PITCH
BUT IF I WORK ALONE
SHIFT
IT WILL JUST BECOME WORSE



三橋 廉（みはし れん）

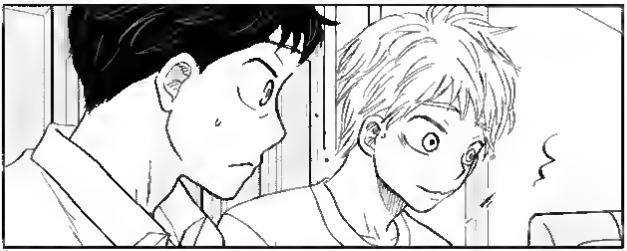
主人公。[illegible]年・[illegible]小さい頃から[illegible]が、[illegible]の[illegible]力と[illegible]に[illegible]を感じ[illegible]。[illegible]のことを。


BUT BEFORE THAT, DINNER
AND RUN-NING!
BUT I CAN DO WEIGHT TRAIN-ING!

5

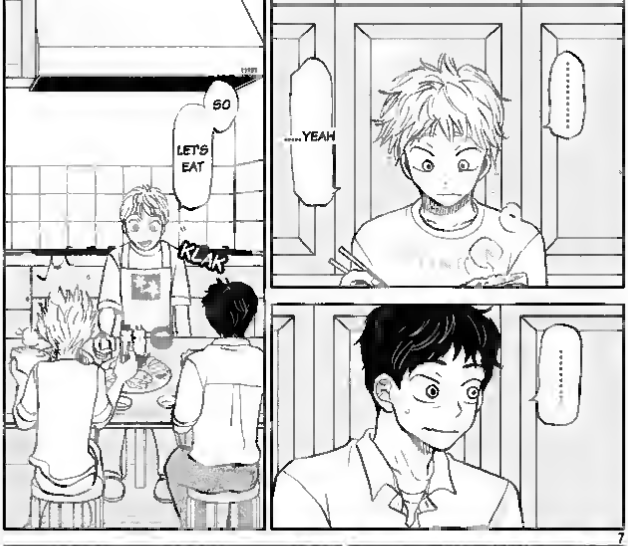
KEEP-CLACK

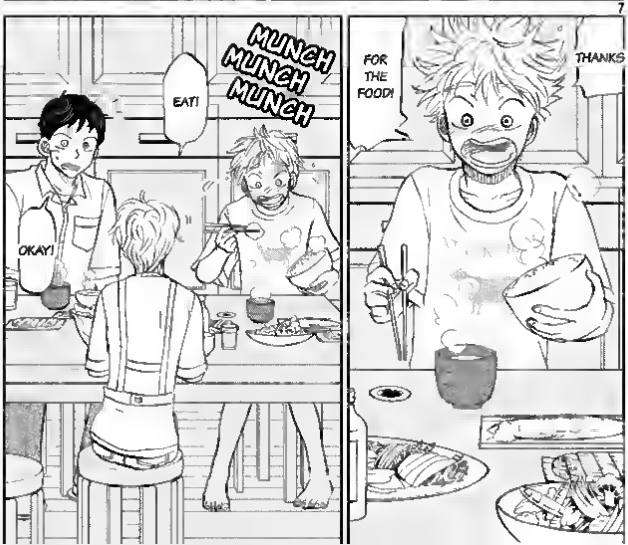
IT'S TOO BAD ABOUT TODAY
HEYA
WEL-COME BACK
THUMP



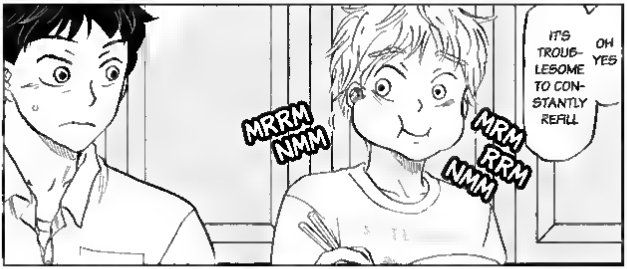
6

BUT THE OPPONENT WAS STRONG, RIGHT?
IT WAS A CALLED GAME?
.... YEAH


SO
LET'S EAT
KLAK
.....YEAH


MUNCH MUNCH MUNCH
EAT!
OKAY!
FOR THE FOOD!
THANKS

HAS IT GOTTEN BIGGER?
HIS RICE BOWL
CHOMP
CHOMP
FUU


MRRM NMM
MRM RRM NMM
IT'S TROUBLESOME TO CONSTANTLY REFILL
OH YES

8

YOU MEAN "SERVE", NOT "FUT"
FUT A LOT
ANOTHER

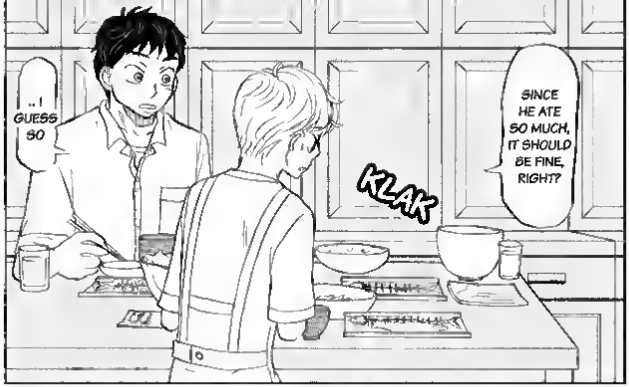
BASE-BALL USES UP A LOT OF ENERGY, HUH
STEAM
IT'S THE SAME FOR ALL SPORTS, ISN'T IT?
PLOP
HIGH SCHOOLERS ARE ALSO IN THE MID-DLE OF A GROWTH PERIOD, SO THEY'RE ALREADY HUNGRY AS IT IS
HERE
AND THIS TOO
IT SEEMS LIKE
CHOMP
CHOMP
DOING SPORTS REQUIRES A STRONG STOMACH
I THINK SO
THEY NEED TO BE-COME RATHER BIG

CHOMP
CHOMP
CHEW
CHEW
YE—P
FOR THE FOOD!
THANK YOU VERY MUCH
KLAK
HOW WAS TODAY'S GAME?

HM
HOW SHOULD I DESCRIBE IT?
HOW MANY HITS?
THERE WERE TEN HITS
DID IT FEEL LIKE THEY WERE HIT A LOT?
BUT THE RUNS WERE RELATED TO NUMEROUS ERRORS
REN DIDN'T PLAY THAT BADLY

11

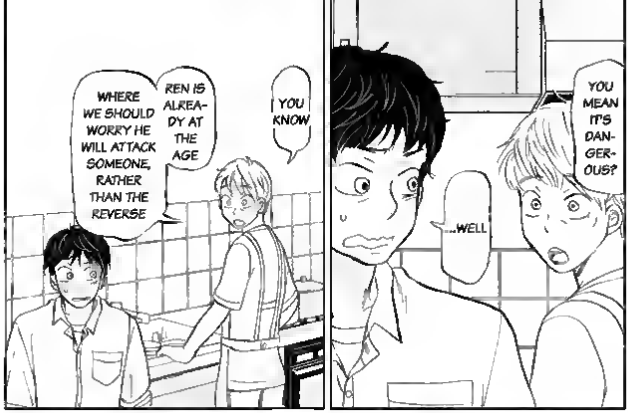
..WAS WHAT HANAI-SAN SAID
THE DEFENCE WAS LO~NG, I FELT VERY NERVOUS
THE INNING WHEN THE OTHER TEAM SCORED EIGHT RUNS IN ONE GO WAS SO...
EIGHT RUNS!
EVEN IF YOU SAY IT WAS ON ERRORS
A PITCHER WILL STILL WORRY ABOUT IT
WELL, BUT
IT SEEMS THAT IT WAS UNUSUAL FOR HIM TO WIN IN MIDDLE SCHOOL

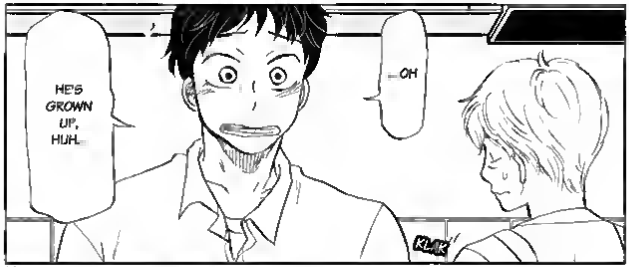

..I GUESS SO
KLAK
SINCE HE ATE SO MUCH, IT SHOULD BE FINE, RIGHT?

CHIRP
CHIRP

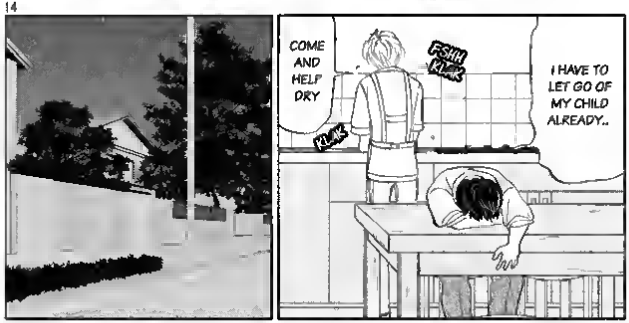
I'M GOING ON A RUN!

OK
TAKE YOUR CELL!
BE CARE-FUL!
DOES THIS HAPPEN OFTEN?
SLIDE
KA-KLAK
13
AT THIS TIME ALONE
HE USUALLY COMES HOME COMPL-ETELY EXHA-USTED
NOPE
RUN-NING?


YOU KNOW
REN IS ALREADY AT THE AGE
WHERE WE SHOULD WORRY HE WILL ATTACK SOMEONE, RATHER THAN THE REVERSE
YOU MEAN IT'S DANGEROUS?
...WELL


...OH
HE'S GROWN UP, HUH.
KLINK

14


COME AND HELP DRY
FSHH KLINK
KLINK
I HAVE TO LET GO OF MY CHILD ALREADY..

STEP
I WANT TO PITCH
I WANT TO CHECK
STEP
STEP
STEP
STEP
BUT I CAN'T
I ALREADY THREW 115 BALLS TODAY
TOMORROW IS ADJUSTING, AND THE DAY AFTER THAT IS NO THROWING..
STEP
IF I CREATE TROUBLE AGAIN...
I MUST DO AS I'M TOLD
HAH
HAH

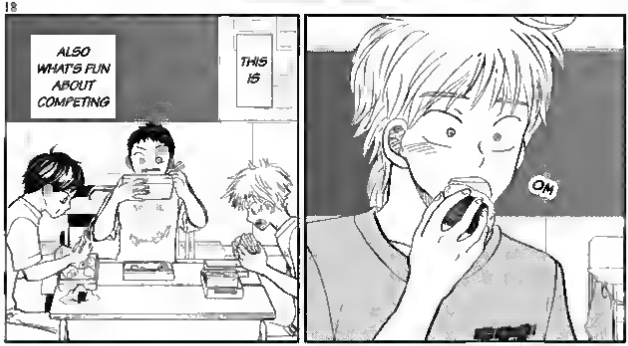
STEP
IT'S DIFFERENT FROM WHEN I PITCHED ALONE
STEP
MY SAKE TOO
IT'S FOR
STEP
NOM
OM
NOM
NOM
16
PEEL
AAHM
THE NEXT DAY
DING
DONG

IZUMI, WHY ARE YOU SO GLOOMY?
HEY
HUH?
WHEN THEY LOST IN THE SUMMER THEY WEREN'T LIKE THIS
NOM
HAMA-DA
EVEN IF IT WAS A CALLED GAME, YOU PLAYED UNTIL THE 7TH INNING AGAINST SENDA WITH ONLY FIRST YEARS ..
I'M NOT GLOOMY
17
EH—
EVERYONE IS NORMALLY MORE CHEERFUL WHEN EATING
pirate

THAT SO?
WE'RE JUST THINKING
SORRY FOR MAKING YOU WORRIED
WE'RE NOT GLOOMY

SOMETHING I SHOULDN'T SAY, HUH
NO NOON PRACTICE AGAIN?
YEAH
"IT'S ADMIRABLE THAT YOU MANAGED TO PLAY UNTIL THE 7TH INNING"
IS

18


ALSO WHAT'S FUN ABOUT COMPETING
THIS IS
OM

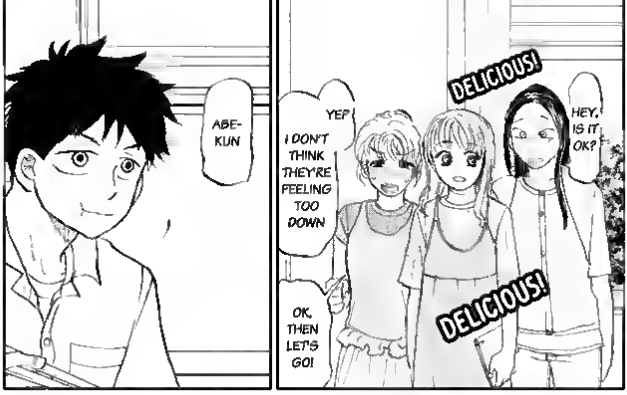
...HM
IF I WERE ALSO...
AAH, I'M HUNGRY!
AND SPORTS CLUBS REQUIRE A LOT OF MONEY!
NO! NO! MY HANDS ARE FULL WITH SCHOOL EXPENSES!
19
I'LL JUST ENJOY CHEERING
OH
IF I QUIT MY PART-TIME JOB, I'LL HAVE TO QUIT SCHOOL TOO!

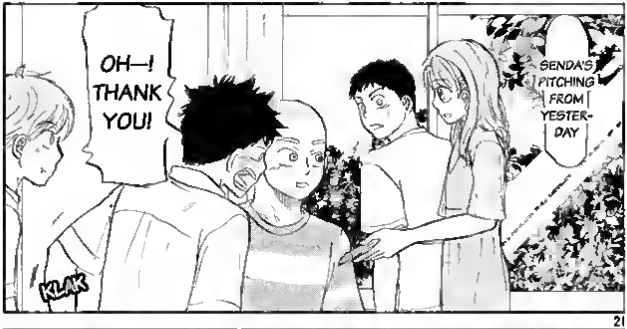
I GAVE INTO TEMPTATION AND BOUGHT A SWEET BUN
I WANT TWO LUNCHES EVEN WITHOUT MORNING PRACTICE
DIDN'T YOU BUY BREAD AFTER 2ND PERIOD?
AH
AND YOU'RE IMMEDIATELY HUNGRY AGAIN

WITH THAT ATTITUDE YOU'LL REALLY LOSE YOUR REGULAR SPOT
JOLT
RIGHT?

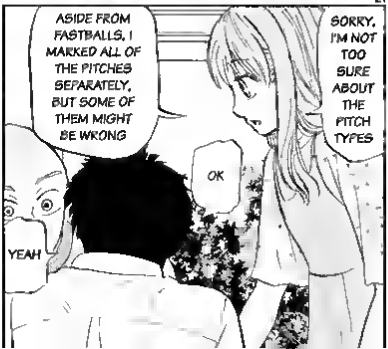
20

NOT GOING TO PRACTICE TODAY AT NOON?
YEAH
1 BASE HIT 2 BASE HIT
1 BUNT 2 BASE HIT
WELL, I LOSE TO YOU GUYS THOUGH
I WAS QUITE EFFECTIVE YESTERDAY, RIGHT?
2 BUNTS


ABE-KUN
YEP! I DON'T THINK THEY'RE FEELING TOO DOWN
OK, THEN LET'S GO!
DELICIOUS!
HEY, IS IT OK?
DELICIOUS!


OH—! THANK YOU!
KLAK
SENDA'S PITCHING FROM YESTER-DAY

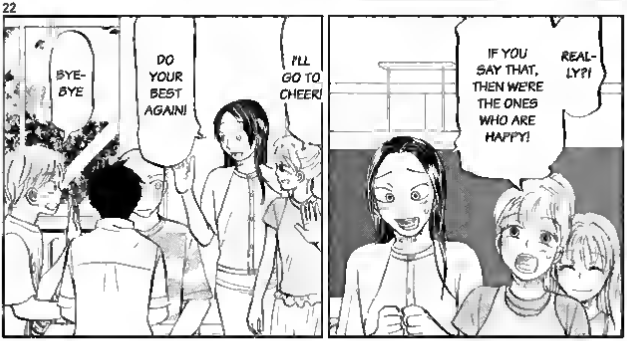
OKI'S MOM RE-CORD-ED IT

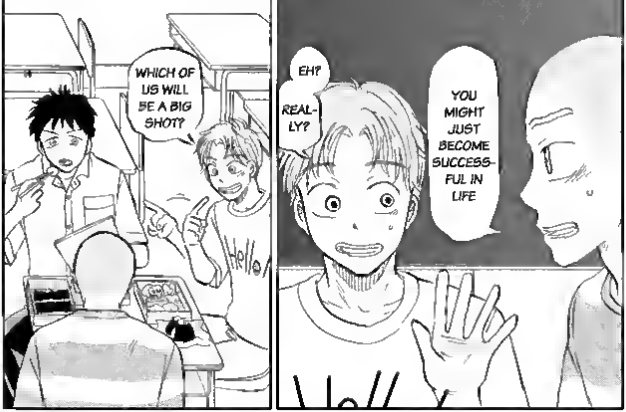

ASIDE FROM FASTBALLS, I MARKED ALL OF THE PITCHES SEPARATELY, BUT SOME OF THEM MIGHT BE WRONG
SORRY, I'M NOT TOO SURE ABOUT THE PITCH TYPES
OK
YEAH

SHINO-OKA'S ACQUA-INTANCE?
IF IT HAD BEEN A DAY OFF, I WOULD'VE GONE TO CHEER
TOO BAD ABOUT YESTER-DAY

BEING CALLED BY NAME MAKES ME SUPER HAPPY, SO PLEASE DO THAT!
THE NEXT TOURNAMENT IS HELD ON A WEEKEND, SO COME THEN!

22


BYE-BYE
DO YOUR BEST AGAIN!
I'LL GO TO CHEER!
IF YOU SAY THAT, THEN WE'RE THE ONES WHO ARE HAPPY!
REAL-LY?!

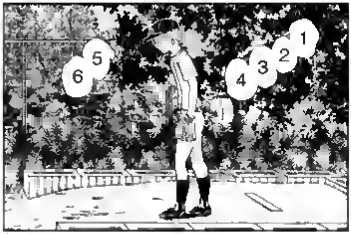

WHICH OF US WILL BE A BIG SHOT?
EH?
REAL-LY?
YOU MIGHT JUST BECOME SUCCESS-FUL IN LIFE

YOU DON'T HAVE TO SIGH LIKE THAT...
HM....
IF ONLY YOU COULD MAKE UP FOR EACH OTHER'S WEAK-NESSES...
NOT-PAYING ATTEN-TION
OM NOM

23

KLINK

ON THE PREFECTURAL MOUND
BUT I'M USED TO HERE
IT'S EASIER TO PITCH

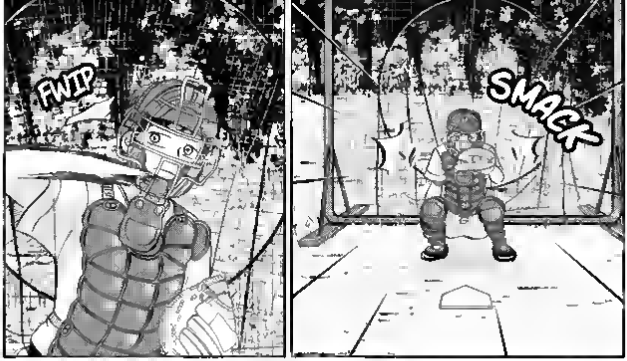

1
2
3
4
5
6

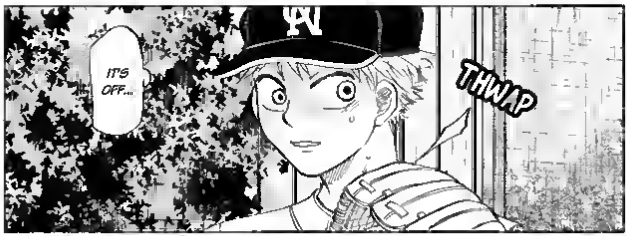
24

TWIST

FIRST PITCH!

IN THE MIDDLE
LIFT

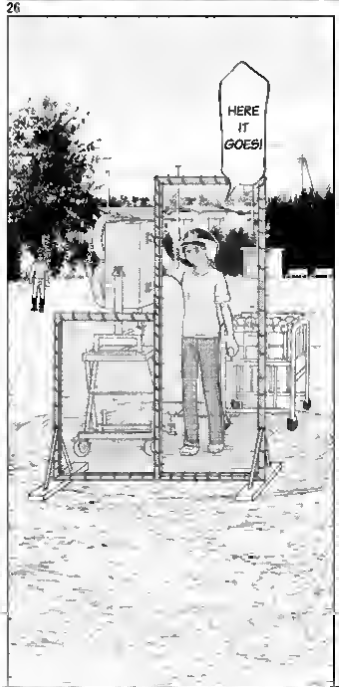

FWIP
SMACK


IT'S OFF...
THWAP

THERE IS NO POINT
EVEN IF I GET CON TROL BACK FROM 7.5 STEPS
EVEN SO, 7.5...
25
SEC- OND PITCH!

THWAP

TWIST
A LITTLE LIGHTER


HERE IT GOES!

IT'LL WORK OUT.. MAYBE
LIKE THIS

FWIP

I'M WORSE THAN A BATTING PITCHER
WITH PITCHES LIKE THIS
THWAP

GRIP
FWOOSH
27
!!

WHOOSH—

EMER-
GEN-
CY!!

OKAY!
GO SEARCH FOR IT!!
EVERYONE WHO SAW WHERE THE BALL WENT,

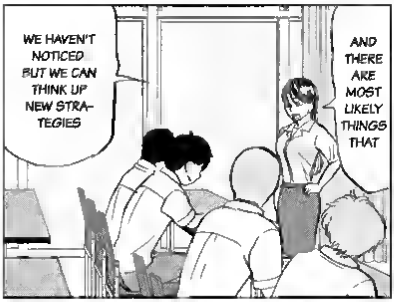
OF COURSE IT'D CROSS OVER
WE CAN HIT HOME RUNS ON GROUNDS WHERE THE WINGS ARE 43 METERS

HANA! IS TOO COOL!!
HOLD BACK WHILE HITTING?
WHAT SHOULD WE DO?
DASH
DASH
DASH
DASH

FOUND IT!
DASH

THIS IS A SERIOUS PROBLEM...!
GRIP

I THINK IT FELL ON THE ROAD
OK


WE HAVEN'T NOTICED BUT WE CAN THINK UP NEW STRATEGIES
AND THERE ARE MOST LIKELY THINGS THAT

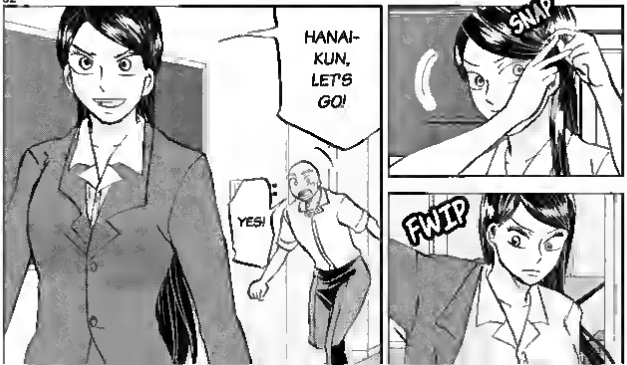
THE NEXT DAY (ONLY A MEETING)
ANALYZING SENDA'S GAMEPLAY IS ALREADY A LOT OF WORK

LINK BASERUNNING TO SCORING RUNS,
AND WE'LL SEE RESULTS RIGHT AWAY!

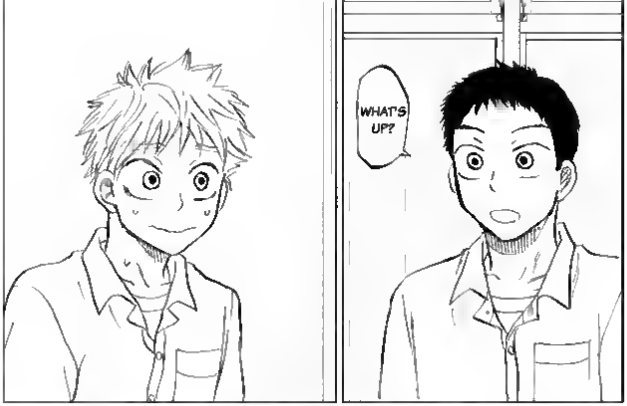
OK!
KEEP TODAY'S TOPICS IN MIND!
IF YOU NOTICE ANY-THING ELSE, SPEAK UP QUICKLY!

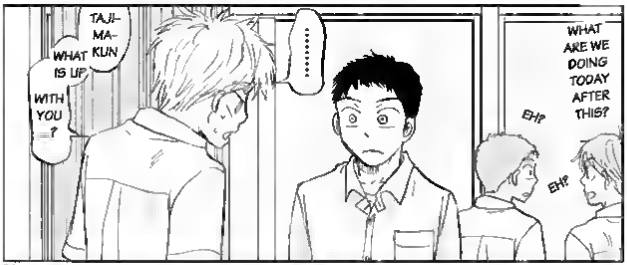
...THANK YOU!
THEN LET'S FINISH FOR TODAY
KLAK
KLAK
KLAK
KLAK
KLAK

32


HANAI-KUN, LET'S GO!
YES!
SNAP
FWIP

AMA-ZING
WOW
IT'LL BE DAN-GER-OUS IF THEY DON'T
YOU KNOW HOW THE BALL WENT OVER THE FENCE YES-TERDAY, DURING FREE BATTING?
OH
WHERE ARE THEY GOING?
I GUESS THEY'LL EXTEND THE FENCE?
MAY-BE?
THEY WENT TO ASK FOR THAT
!
.....
FUU
33
HAAH...


WHAT'S UP?


TAJI-MA-KUN
WHAT IS UP WITH YOU...?
.....
WHAT ARE WE DOING TODAY AFTER THIS?
EH?
EH?

.....
DOES HE NOT WANT TO TELL ME?

JOLT
WELL THEN, GET YOUR TEXTBOOKS OUT!

THE ONES WHO TOOK MY LESSONS ARE ON THE TEACHING SIDE!
I'LL LEAVE THE PRINT-OUTS HERE
THWAP

OKAY!
THE ONES WHO DIDN'T ARE ON THE LEARNING SIDE!

I'LL COME BACK IN ABOUT AN HOUR!
YES!
MAKE SURE EVERYONE CAN SOLVE IT!

LESS THAN A WEEK BEFORE THE MIDTERM EXAMS

A NOTE FROM THE AUTHOR

HIGUCHI ASA

CHAPTER 121

The big TV in the living room made a small cracking sound, emitted a burning smell, and then went completely dead. It broke on the 7th year after using it 2-3 hours a day since we bought it.
Should we buy a new one or repair this one?
— Already 2 years have passed since I thought about that. Unexpectedly, we're fine even without it.

TRANSLATOR:
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CLEANER:
baseballbirdschool
yazzo
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Find us on tumblr at:
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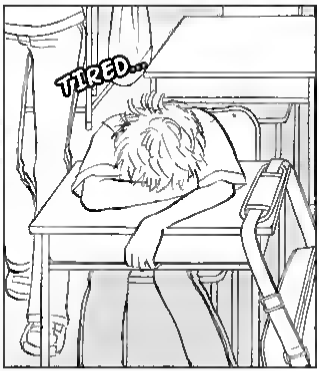
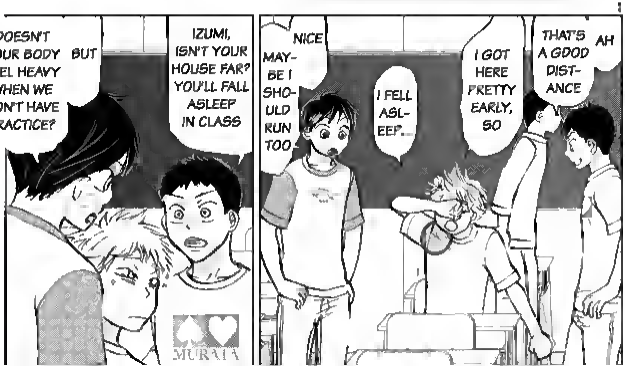
おおきく振りかぶって

122 Tajima's

ひぐちアサ

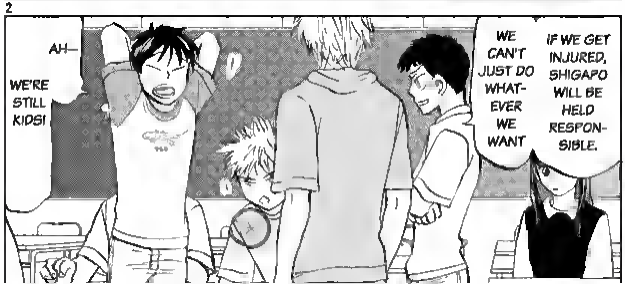




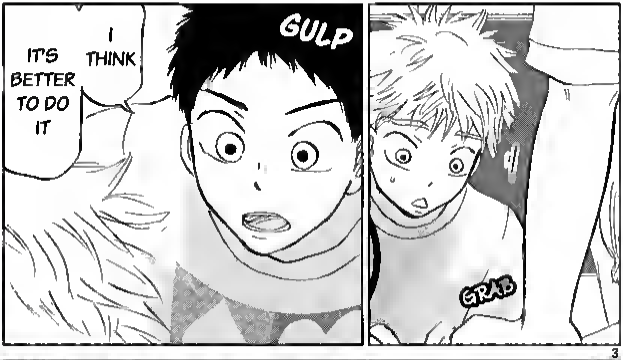
MORN-ING
THEY HAVE TO PRE-PARE THE MIDTERM EXAMS, RIGHT?
ISN'T IT BE-CAUSE IT'S HARD ON THE TEACH-ER?
morning~
G'MORN-ING
MORN-ING
AND LIKE THIS, OUR BODY WEIGHT INCREA-SES
NOON PRAC-TICE ISN'T ENOUGH
I DON'T GET WHY WE CAN'T JUST HAVE PRACTICE

WE CAN PRACTICE WITHOUT SHIGAPO, BUT
IS THAT SO ...?
DON'T THEY ALSO HAVE TO WORK ON THE SPORTS DAY REPORT CARDS?

2


AH—
WE'RE STILL KIDS!
WE CAN'T JUST DO WHAT-EVER WE WANT
IF WE GET INJURED, SHIGAPO WILL BE HELD RESPON-SIBLE.

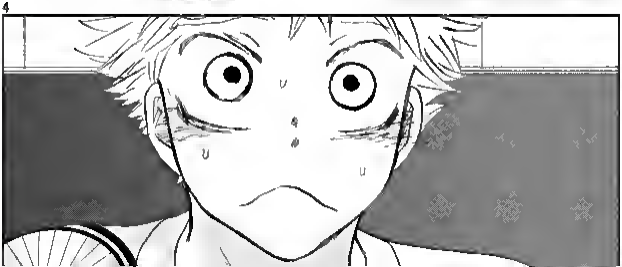
WHAT?
...I'M NOT ALLOWED TO
YOU CAN PITCH AS MUCH AS YOU WANT WHEN THERE'S NO PRACTICE, RIGHT?
BUT
JOLT


I THINK IT'S BETTER TO DO IT
GULP
GRAB

ONLY THINK BY THE BOOK
MOMO-KAN AND ABE
THEN IT'S OB-VIOUSLY BETTER TO DO IT
IF YOU WANT TO PITCH
MURATA

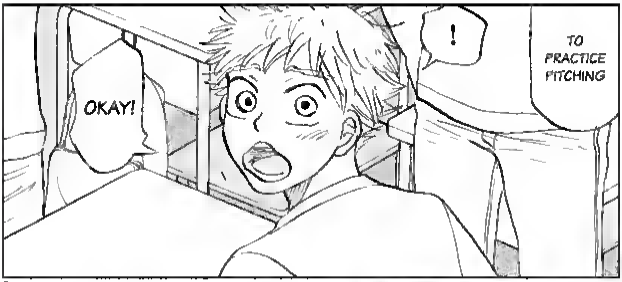
PLAY CATCH-ER?
Sparkle
SHALL I

4

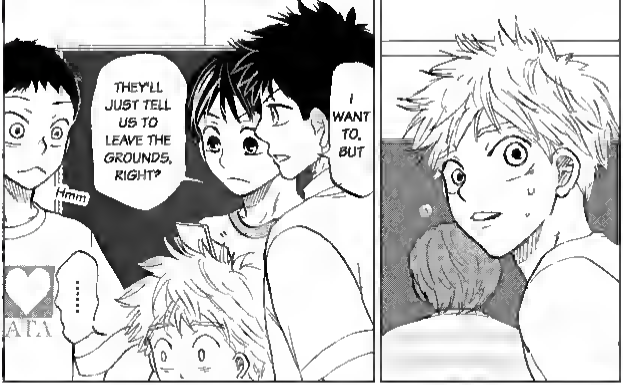


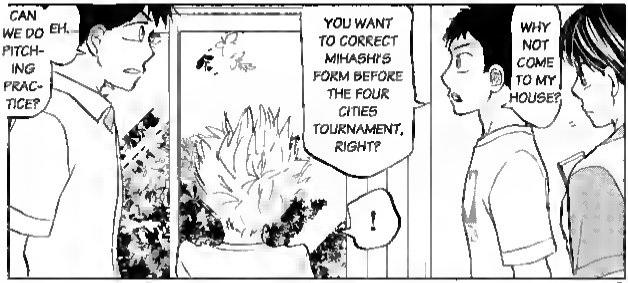
..BA-DUMP
EVEN IF YOU CAN RELAX A LITTLE WITH TUTORING, AREN'T YOU GUYS BEING TOO CARE-LESS?
STEP
STEP
5
YO
MORN-ING
JOLT
MIHA-SHI

WHEN THIRD PERIOD IS OVER, EAT YOUR MAIN BENTO
LET'S USE AS MUCH TIME AS WE CAN DURING NOON PRACTICE
HI
YOU REALLY HAVE NO HESITATION ABOUT COMING INTO OTHER PEOPLE'S CLASSROOMS
MORNING


OKAY!
!
TO PRACTICE PITCHING

AND AFTERNOON PRACTICE? SHOULD WE?
LET'S TELL EVERYONE
OR YOU'LL GET OUT OF SHAPE
SURE
SHOULD WE DO THAT TOO?


THEY'LL JUST TELL US TO LEAVE THE GROUNDS, RIGHT?
Hmm
I WANT TO, BUT

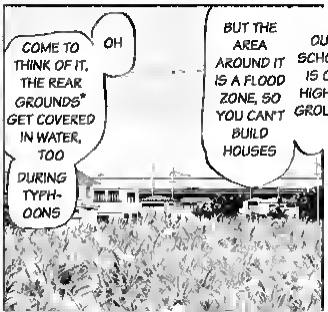

CAN WE DO PITCHING PRACTICE?
EH.
YOU WANT TO CORRECT MIHASHI'S FORM BEFORE THE FOUR CITIES TOURNAMENT, RIGHT?
!
WHY NOT COME TO MY HOUSE?

WE CAN!
THERE IS!
NO, THERE'S NO WAY. YOU'D NEED A STRAIGHT 19 METER LINE
DO YOU HAVE A BULLPEN TOO?
The bullpen at Mihashi's doesn't have space for a catcher.

I MEAN, I DID HEAR YOU HAD A BIG HOUSE
FOR REAL?
AND I'LL BORROW ONE BASE
LET'S THINK UP SOMETHING FOR THE PLATE
WE HAVE ABOUT THAT MUCH SPACE IN FRONT OF THE BARN
YEP
RIGHT?
WHAT ABOUT STUDYING?
Oh well- it's not the end of the term...
WANT TO DO TOSS PRACTICE?
G-
GOT IT!
LET'S WRAP IT UP BY 5:30 AND LEAVE AT 6
WE CAN? LET'S DO IT!
WELL, WE CAN'T CATCH BALLS WHEN IT GETS DARK

WOW— SO SPA-CIOUS!
EH? HERE?
SO CLOSE!
You can see the school...
the rear grounds
PARK YOUR BICYCLES AND COME THIS WAY!

APPARENTLY THIS WHOLE AREA USED TO BE A SWAMP-LAND. IT'S INTERESTING TO LOOK AT IN OLD MAPS
OLD MAPS...
EVEN NOW, EEL IS OUR SPECIALTY PRODUCT
Must be because you could catch them every where
clunk
clunk
EH? EEL?

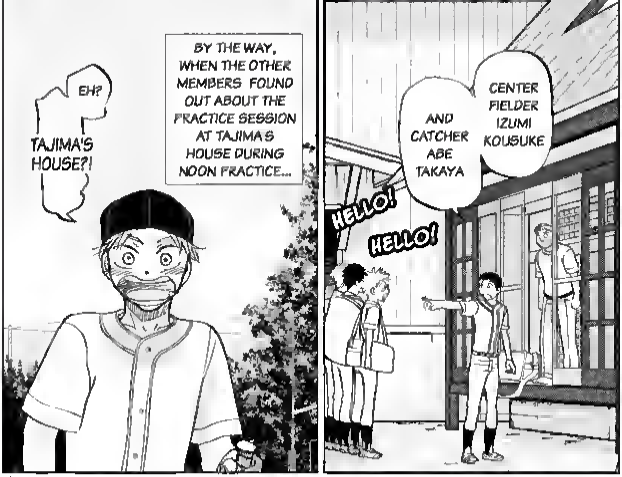

OH...
COME TO THINK OF IT, THE REAR GROUNDS* GET COVERED IN WATER, TOO DURING TYPH-OONS
BUT THE AREA AROUND IT IS A FLOOD ZONE, SO YOU CAN'T BUILD HOUSES
OUR SCHOOL IS ON HIGHER GROUND,

* There are 2 sets of grounds at Nishiura The baseball grounds are nicknamed the "rear grounds"

YOU'RE AWFULLY EARLY TODAY
OOH, YUU?
I'M HOME!
KLAK

I SEE
SO I WANTED TO PRACTICE HERE, AND I BROUGHT SOME FRIENDS!
WE DON'T HAVE PRACTICE BECAUSE IT'S NEAR MIDTERMS

3
HOW MANY FRIENDS CAME?
HELLO, HELLO!
AH--


BY THE WAY, WHEN THE OTHER MEMBERS FOUND OUT ABOUT THE PRACTICE SESSION AT TAJIMA'S HOUSE DURING NOON PRACTICE...
EH?
TAJIMA'S HOUSE?!
CENTER FIELDER IZUMI KOUSUKE
AND CATCHER ABE TAKAYA
HELLO!
HELLO!

12

THEY WERE STOPPED BY HANAI AND DIDN'T COME
IT'S AMAZING YOU HAVE SPACE FOR 4 PEOPLE.
THAT'S TRUE. SO I GUESS IT SHOULD BE ABOUT 4 PEOPLE
IT'D BE FINE IF IT WERE JUST FOR STUDYING, BUT IF THERE ARE TOO MANY PEOPLE YOU WON'T BE ABLE TO PRACTICE
YOU CAN'T
I WANNA GO! I WANNA GO!! I WANNA GO TOO!!

HEY, GRAND-PA
I WANT TO MAKE THE MOUND
CAN I TAKE 4-5 WHEEL-BARROWS OF SOIL FROM SOME-WHERE?
THE MOUND? WHERE?
MY HOUSE OR HERE
WE GO TO
ON MON-DAYS*
DO YOU COME HERE OFTEN?
YOU'RE VERY CLOSE
REALLY?! INVITE ME TOO!

* The day they have team meet-ings

13

YES!
THANK YOU!
THANK YOU!
YOU CAN TAKE THE SOIL FROM THE SAND-BAGS IN THE BACK
REN WILL PITCH?
SO WITH THAT MOUND,

LOOK FOR TIMBER IN THE FARM
REN
14
AH
OKAY
RE...
I'M GOING TO TAKE A LEAK
'KAY

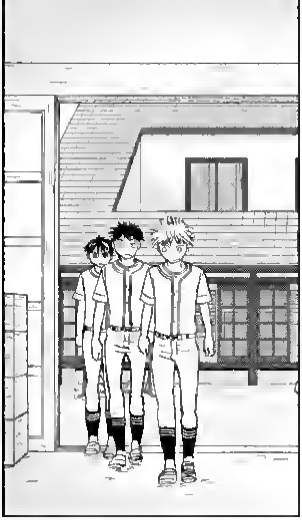
YUU...
THANK YOU!
SURE
THANK YOU VERY MUCH!
YUU-KUN'S GRAND-PA,

?
THANK YOU!
ah!

15

IS THIS WAY
THE BARN

I WANT TO EXPLORE..
IS THE TIMBER HERE?



HOW DO YOU GET TO THE SECOND FLOOR?
UH OH
IT'S SO FUN HERE
OOH, BY A LADDER? I REALLY WANT TO CLIMB IT..

USUALLY IT'S "TAJIMA-KUN" AND "MIHASHI"!!
WHOA
YOU STARTLED ME
AAH

HEY, MIHASHI
YOU'RE "KEN" HERE?
?

AND THAT'S WHY IT'S "YUU-KUN"?
??
It's like treasure hunting...

TA-
TAJIMA-KUN ALSO CALLS ME "REN", AND EVERYONE SAYS "YUU", SO I CALL HIM "YUU-KUN".
TH-THAT'S RIGHT. IT'S
BE-CAUSE EVERYONE CALLS ME "REN"
Uh
Um

C-CALL
HIM "TAJIMA-KUN", BECAUSE EVERYONE
B-BECAUSE EVERYONE CALLS HIM "TAJIMA", SO I
YEAH
I GET IT
Um
Uh
Um

WHY DON'T YOU DO THAT AT SCHOOL?

17

OF COURSE NOT!
IZUMI-KUN'S FIRST NAME IS ALSO "REN"?
EH?

ME TOO, 'REN"
I DON'T WANT TO FEEL LEFT BEHIND ON THIS

I'M "KOU-CHAN" IT'S MY NICKNAME
"KOU-SUKE" IS ALSO ALRIGHT
.....
AH
I SHOULD GET TAJIMA'S FAMILY TO CALL ME THAT

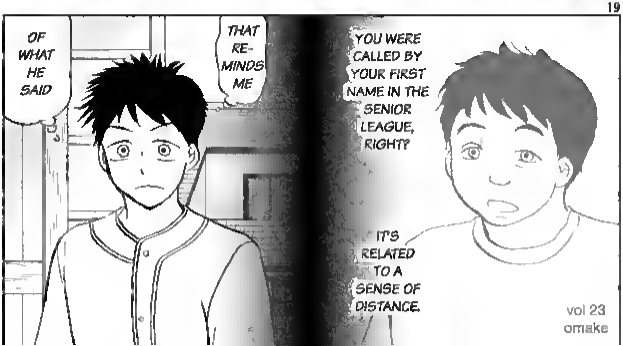
16

THEN
LET'S MAKE IT "SUKE-KOU"!
AH
SO IZUMI-KUN IS "KOU-SUKE"
BA-DUMP
5-5-5-SORRY
K-KO-KO-KOU-
-CHAN?
EITHER IS FINE, EITHER!
You don't need to be so scared...

THE TIMBER'S OVER HERE!
GET A TAPE MEASURE AND A SAW!
KOU-SUKE
"KOU-SUKE", OKAY
KOU-SUKE
IT'S "KOU-SUKE", "KOU-SUKE"!

IT'S REN!
KOUSUKE, YUU, REN-REN...
YEAH
WE HAVE TO START SOON, IT'S ALREADY FOUR...
AF 28

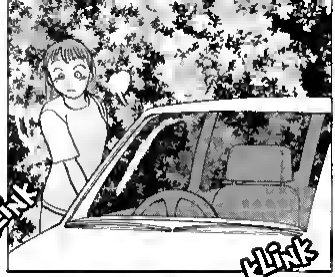
19


OF WHAT HE SAID
THAT REMINDS ME
YOU WERE CALLED BY YOUR FIRST NAME IN THE SENIOR LEAGUE, RIGHT?
IT'S RELATED TO A SENSE OF DISTANCE.

THEN, "ABEYA"!
I'M FINE WITH "TAKA" OR "TAKAYA"
WHERE'S THE SAW?
TA- TA- TA-
IT'S TAKAYA, TAKAYA
OUCH! OUCH!
I JUST SAID, IT'S "TAKAYA"
Uh
NOOO!-

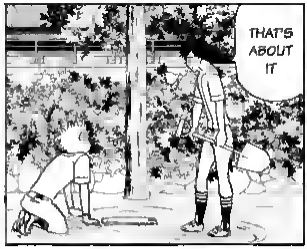
20

FSHH-


KLINK
KLINK

KLINK

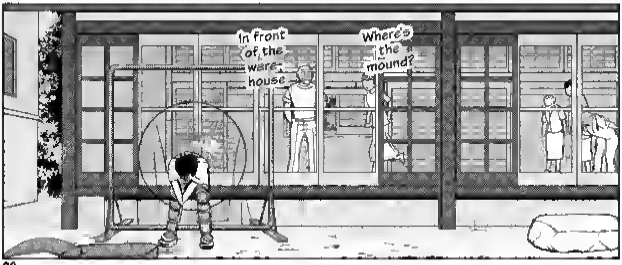
HOW IS HE DOING THAT?
HE HITS SO FAST
IS IT YUU?
KLINK


THAT'S ABOUT IT

THUD
KLINK
THUD
KLINK

YES
LET'S TRY PITCH-ING!
THEN
KLINK

FWIP


In front of the ware-house
Where's the mound?

22

Ken! Do your best!

THANK YOU!
LET'S PUT MOSQUITO REPELLANT NEAR TAKAYA TOO
CROWD
CROWD
Will Yuu pitch?
Yuu doesn't pitch! Ken will!

FIRST PITCH!
WE'RE STARTING
THEN
My, this is amazing
Ren really is a pitcher, huh?
OKAY
WHAT A LOUD VOICE!
THEY CAN'T HEAR...

SMACK
LIFT
TWIST

I HAVE THIS PROTECTIVE GEAR
IT WOULD HURT IF A BALL HITS YOU, RIGHT?
TAKAYA, YOU CATCH SO WELL
HE'S FAST!
REN IS AMAZING!

24

COME STAND HERE FOR A BIT!
KOUSUKE!
YES!
SECOND PITCH!
REN'S PITCHING FROM A WIND-UP!
TAKAYA'S VOICE IS SO LOUD!
AMAZING!
KYA!
SMACK
THIS IS REALLY SOMETHING!

YOU CAN HIT IT, KOUSUKE!
KOUSUKE LOOKS GOOD TOO!
SHALL WE HAVE EVENING SAKE HERE TODAY?
RIGHT
NOW I WANT TO HAVE A DRINK

Takays and Kousuke
Yuu's friends
What? Who's that?
Thank you
Yes
Is cold sake okay?
THIRD PITCH!

REN! YOUR PITCHES ARE FAST!
EVEN THOUGH HE ALWAYS SAYS HIS PITCHES ARE SLOW
FAST! WOW!
REN?!
SMACK

YOU REALLY WOULD GET USED TO CALLING EACH OTHER BY FIRST NAMES HERE
TAKAYA'S BALLS ARE ALSO QUITE FAST!
IT'LL BE DANGEROUS IF HE HITS THEM. HE'S JUST STANDING THERE
KOUSUKE, HIT IT!
CAN YOU EVEN HIT THOSE PITCHES?

A slump born from his ambition as a pitcher. If Mihashi's control is lost, the team's success will be in danger!

A NOTE FROM THE AUTHOR

HIGUCHI ASA

CHAPTER 122

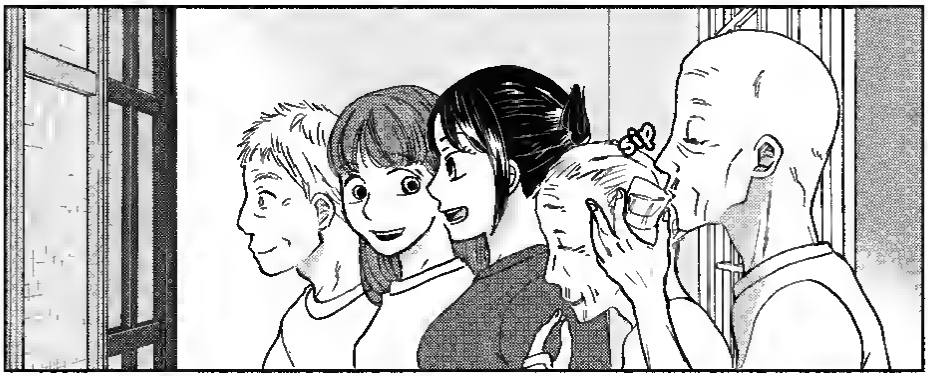
My 4 year old daughter strips all of her clothing from her dolls but when she got Barbie's male friend and saw his six-pack abs, she asked 'What is this?'~ That's right~ She's never seen that before~
We became a married couple that rubs their round tummies~

oofuri Baka
TRANSLATOR:
victoriel
CLEANER:
baseballbirdschool
yazzoB
TYPESETTER:
shiibaru

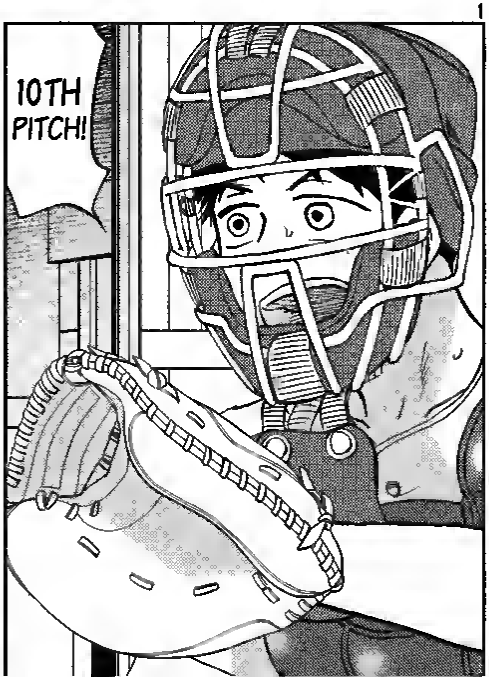
おおきく振りかぶって

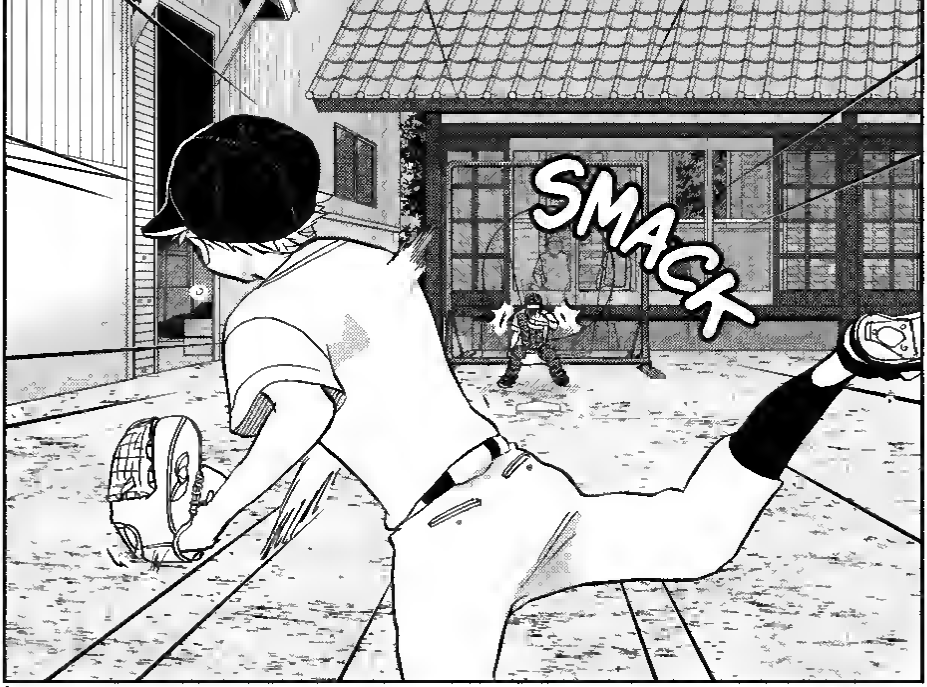
ひぐちアサ

122: Tajima's 2



1





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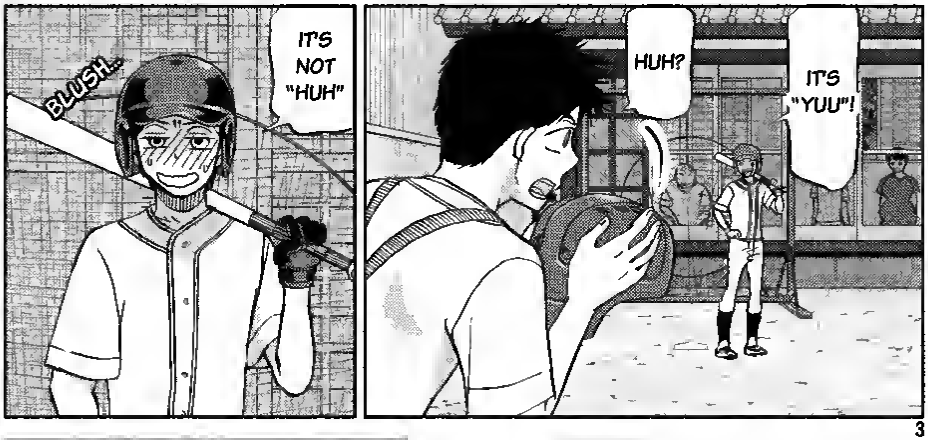
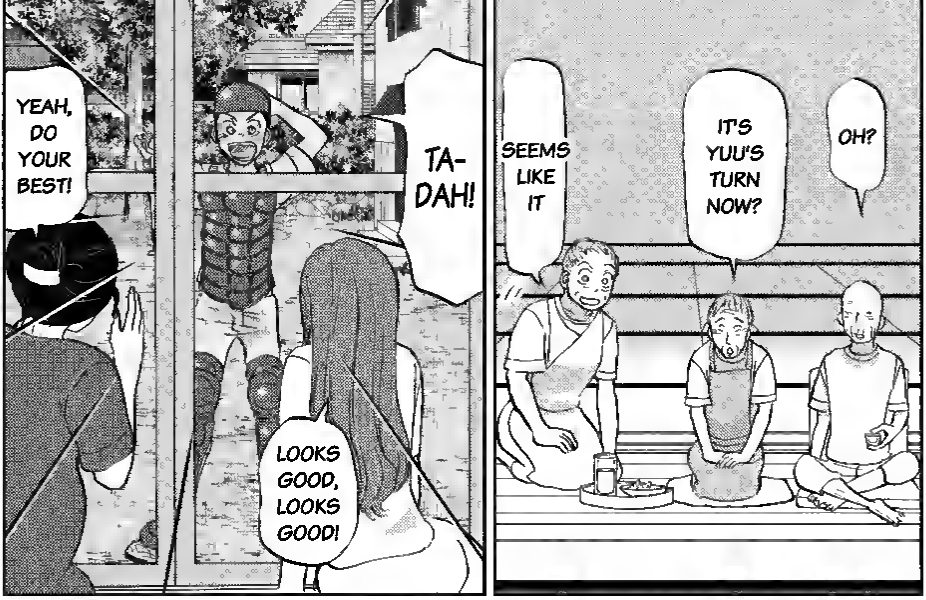
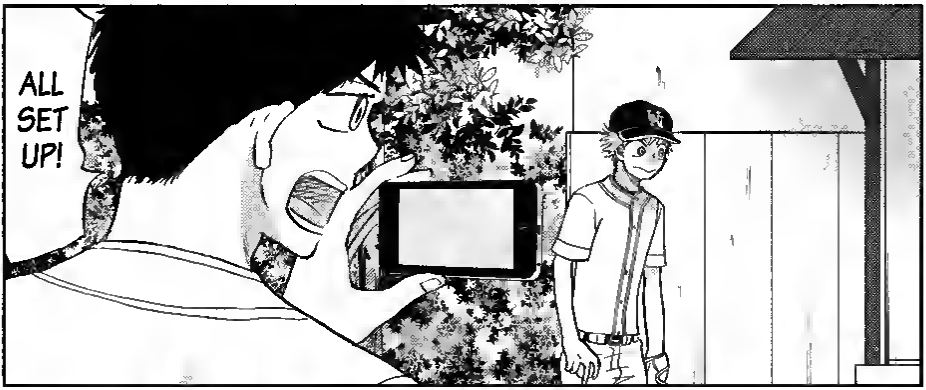


3

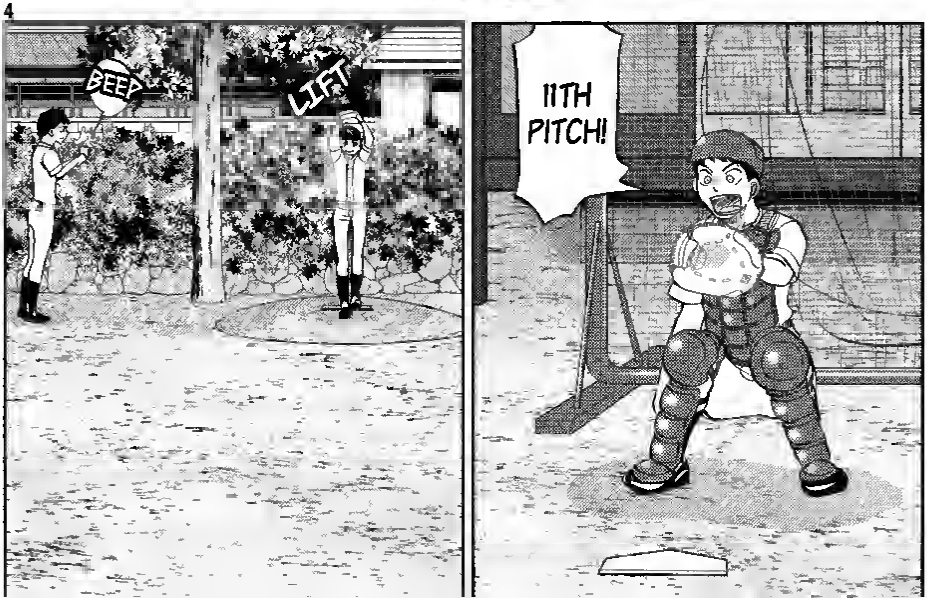
SO BE MORE CARE-FUL
THE BALLS WILL BE A LITTLE OFF FROM YOUR SET-UP PLACE
I'LL RE-CORD HIS FORM AND SEND IT TO THE TRAINER*
WHAT ARE YOU DOING?

* Momo-kan's father


YEAH, DO YOUR BEST!
TA-DAH!
LOOKS GOOD, LOOKS GOOD!
SEEMS LIKE IT
IT'S YUU'S TURN NOW?
OH?


ALL SET UP!

4

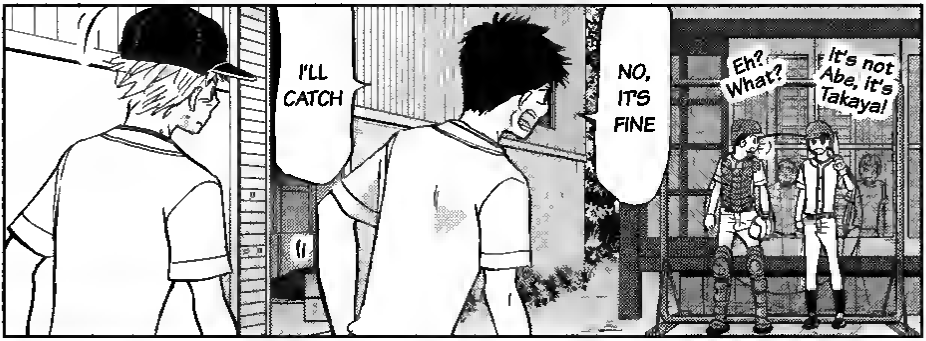

BEEP
LIFT
11TH PITCH!

TWIST

5

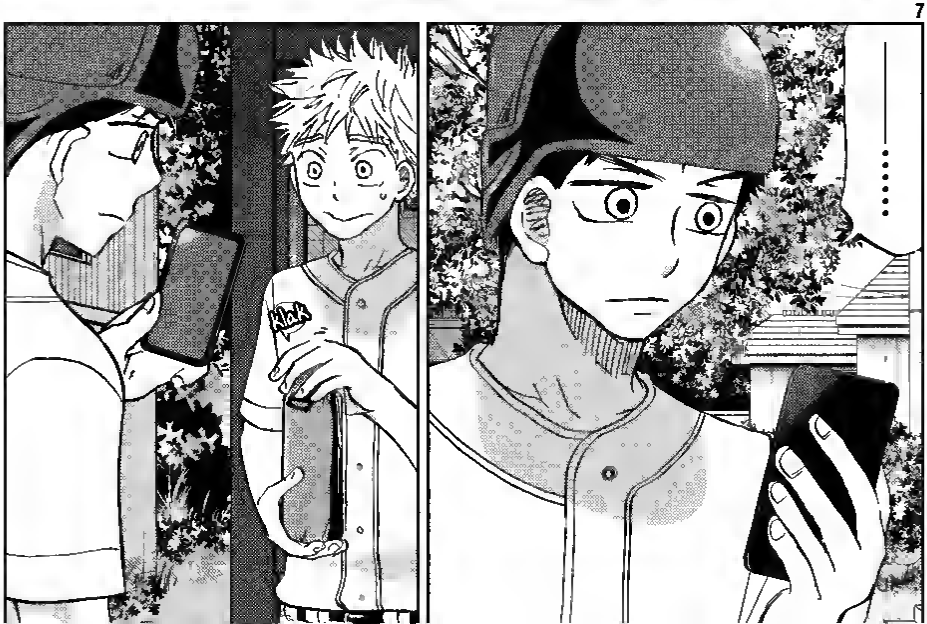
YOUR CONTROL HASN'T CHANGED FROM THE GAME AGAINST SENOA?
yap
yap
yap
yap
LIFT

AM I DONE BEING THE CATCHER?
HEY!
OR ARE YOU GOING TO PRACTICE BATTING, ABE?
THOUGH WHO KNOWS IF HE'LL BE ABLE TO UNDERSTAND WHAT'S GOING ON JUST FROM THIS
Sent
YEAH
HE'S IN THE MIDDLE OF WORK, SO TOMORROW AT BEST?
I WONDER WHEN WE'LL GET AN ANSWER?

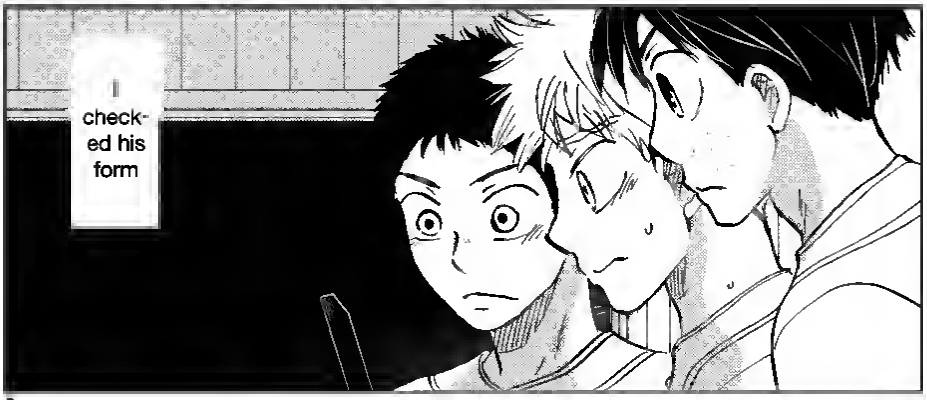

I'LL CATCH
NO, IT'S FINE
Eh? What?
It's not Abe, it's Takaya!

BEEP
Okay
Drink some water

EH
CAN'T BE. IT'S PROBABLY A DIFFERENT MAIL
IT'S THE TRAINER
FAST!
IS HIS JOB OVER ALREADY?
A little after 5pm
IF IT'S AN OUTDOOR JOB, MAYBE HE CHECKS MAIL WHEN HE'S ON THE MOVE
BUT STILL, THAT'S DEDICATED


.....
PING!

READ IT
WHAT IS IT?

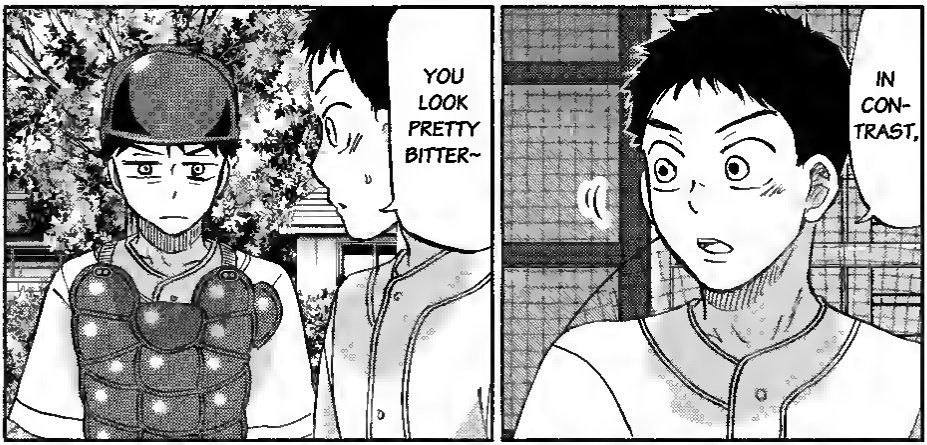

I checked his form

8

SO THAT'S WHAT THROWS YOU OFF-BALANCE
hah
CON-TROL
It's natural that his control isn't stable, he's still in the middle of adjusting his form.

and train the trunk and lower half of the body
The release point is all over the place, so first he needs to get used to 6 and 1/2 steps
SAY IT
Throw about 100 pitches in 30 minutes.
It seems like there are no club activities right now, so how about doing "special pitching practice"?
9
The pitcher should also check his form with shadow training in front of a full-length mirror at home
Return the ball immediately after catching it, and have the pitcher pitch again immediately.

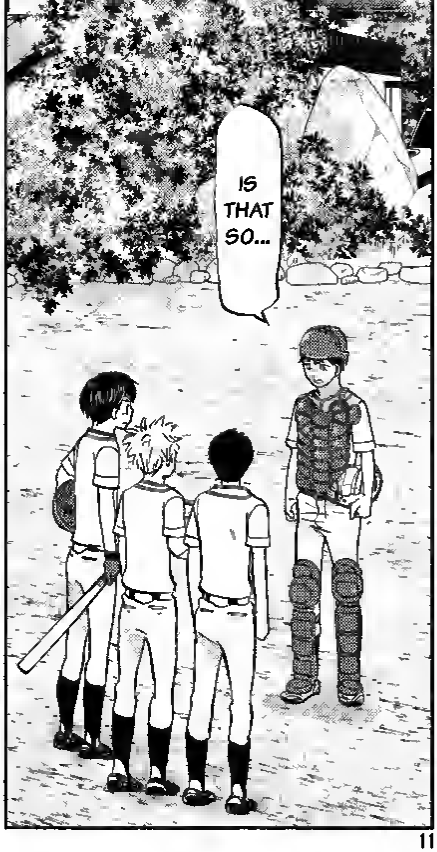
YOU REALLY LOVE PITCHING
100 PITCHES
WOW


YOU LOOK PRETTY BITTER~
IN CON-TRAST,

10

AND IT SEEMS LIKE HE'LL BE PITCHING QUICKLY, SO THERE WILL PROBABLY BE LESS STRAIN THAN PITCHING IN A BULLPEN
IT'S NOT LIKE HE'S PITCHING AGAINST A BAT-TER
ISN'T 100 PITCHES TOO MUCH?

IF IT GOES BADLY, REN WILL STOP


IS THAT SO...

I CAN'T TRUST THAT

11

I DON'T MEAN MIHASHI,
BUT RAT-HER, HIS SENSES

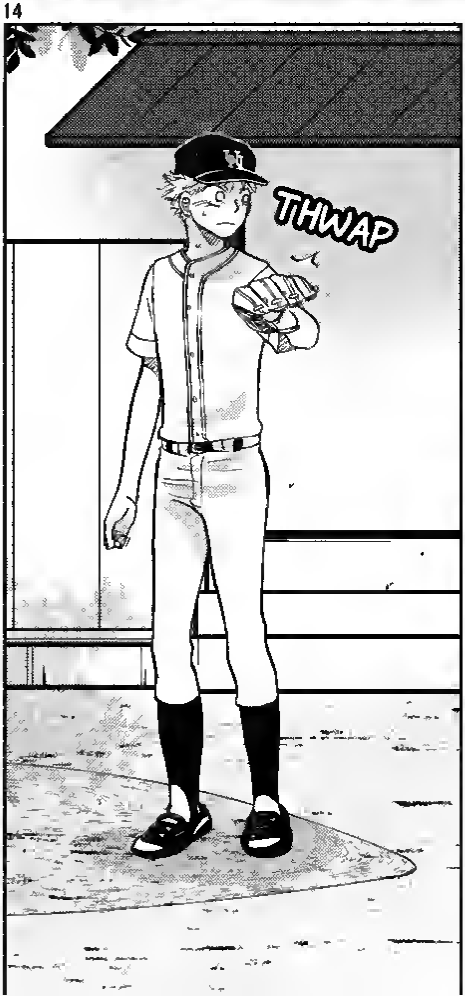
HUH?

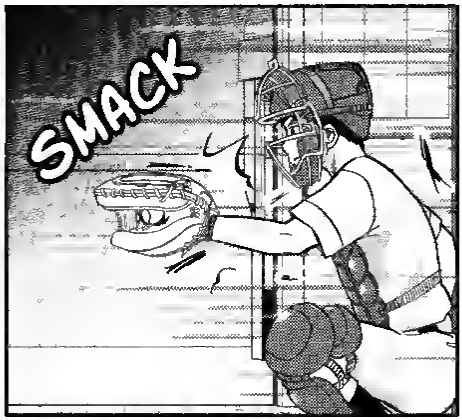
30 MIN
HE LIKES PITCHING TOO MUCH, WILL HE EVEN REALIZE IF HE'S OVERWORKED?
AREN'T YOU WORRYING TOO MUCH?
PIT CH
YEAH... THE TRAINER SAID TO
EVEN IF HE THROWS 100 PITCHES, IT'S NOT LIKE HE'LL BREAK HIS SHOULDER TODAY
...THAT MAY BE SO, BUT
HURRY
LET'S START!
IT'LL GET DARK SOON

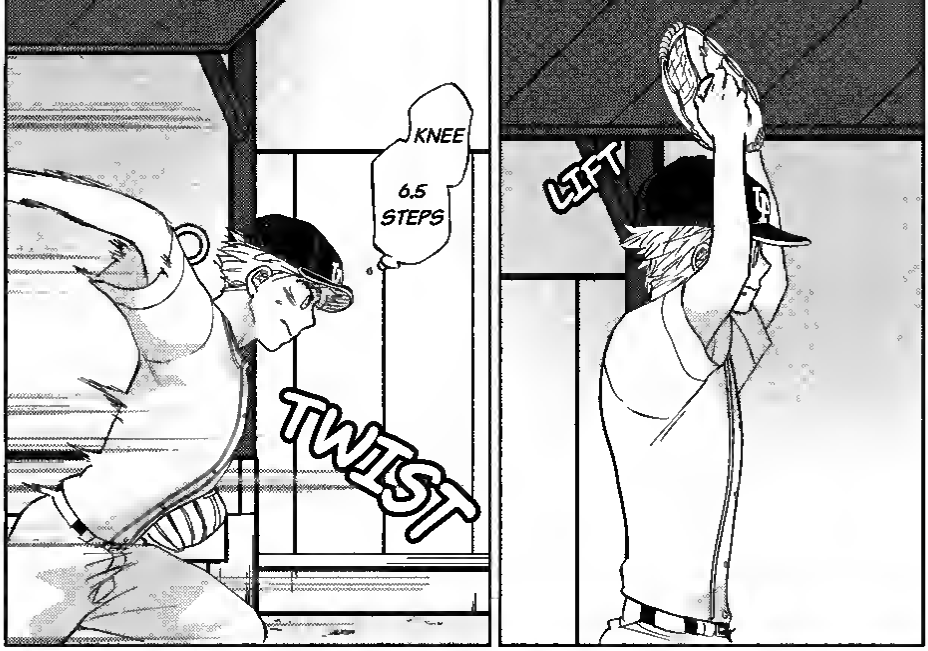
12

IF IT FEELS UNCOM-FORT-ABLE, STOP IMME-DIATELY!
YES!
LIFT
beep
13
GRIP

14






KNEE
6.5 STEPS
TWIST
LIFT

FWIP
SMACK

15

WERE THEY JUST PREP-ARING BEFORE?
IS THIS WHAT PRAC-TICE IS LIKE?
THE TEMPO CHANG-ED!

181

THUD
BAM
THUD
THUD
BAM
BAM
KLINK
KLINK
KLINK

16

TWIST
TWIST
TWIST

KLINK
LIFT
FWIP
SMACK
KLINK

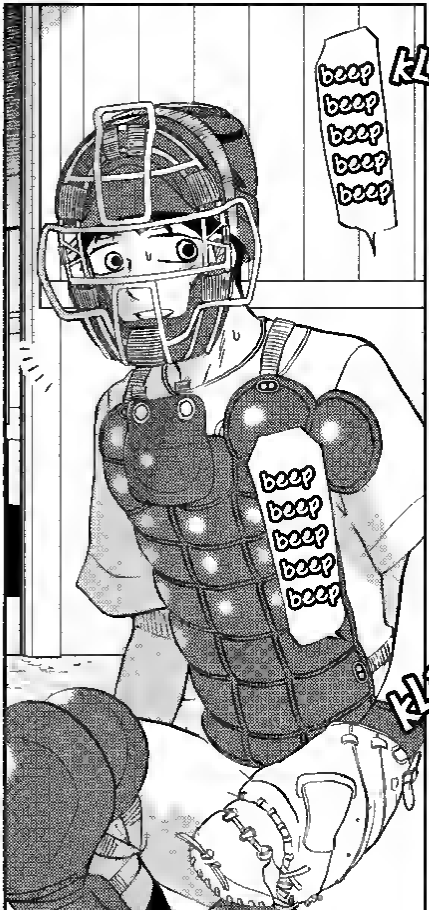
17

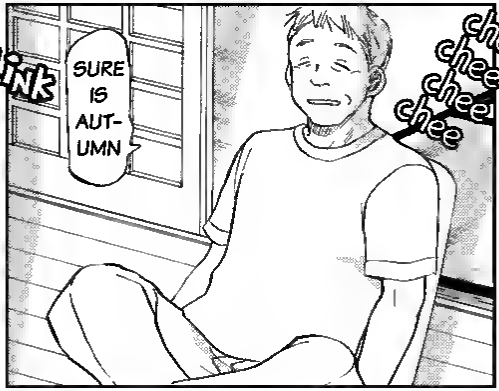
YEAH!
THWAP
KLINK
YOU OKAY?
FWIP
KLINK

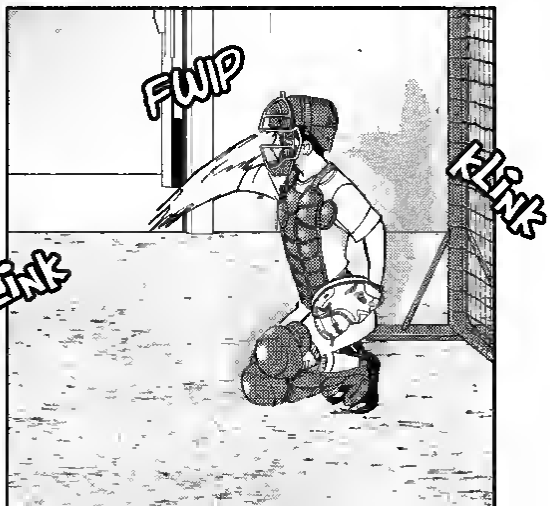
183

LIFT
HAA

18


beep
beep
beep
beep
beep
beep
beep
beep
beep
beep
KLINK
KLINK

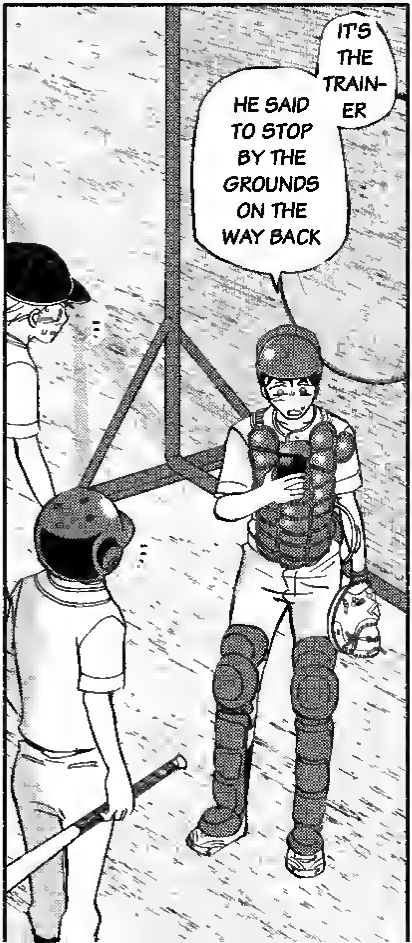

SURE IS AUT-UMN
chee
chee
chee
chee

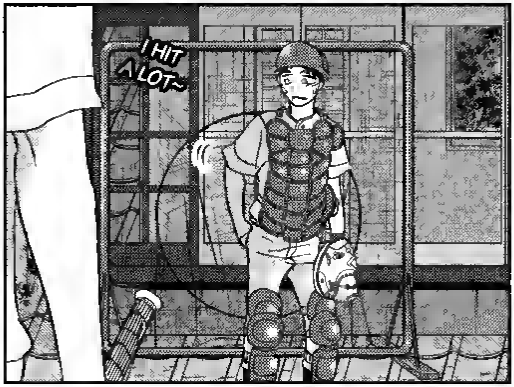

FWIP
KLINK

LIFT
LAST ONE!
TWIST
SMACK
19
105

YEAH
HAA
HAA
LET'S FINISH UP TOO
WOW, THAT WAS GREAT
IS IT OVER?
hyuu hyuu hyuu
hyuu hyuu hyuu hyuu

20


IT'S THE TRAIN-ER
HE SAID TO STOP BY THE GROUNDS ON THE WAY BACK


I HIT A LOT~

YES!
AND COME EAT RICE BALLS
WASH YOUR HANDS AND FACES

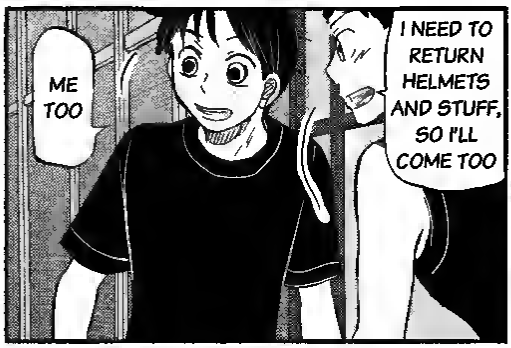
21

IT'S ENO-UGH!
THUD
THANK YOU VERY MUCH!!
YOU SAID IT TOO EARLY!
LOOKS DELI-CIOUS!
STEP STEP STEP STEP
EVERYONE WILL PROBABLY EAT DINNER AT HOME, SO IT'S ONLY THIS MUCH

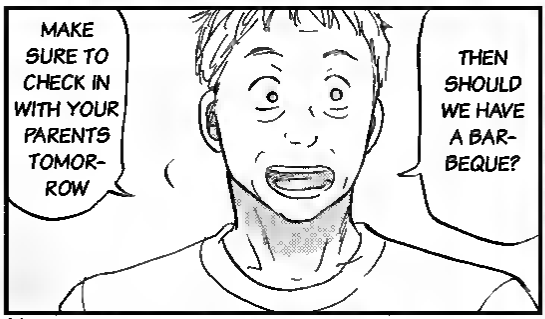
LOOKS DELI-CIOUS!
ALL TOGE-THER! LOOKS DELI-CIOUS!
NOM
AHM
LET'S EAT!
M-YES
It's salted seaweed, pickled plums, and mustard fish
NOM
NOM

CHEW
CRUNCH
CHEW
Miso mayo is tasty
CRUNCH CRUNCH CRUNCH
THE PICKLED VEGGIES ARE DELI-CIOUS!
DELI-CIOUS!
AHM
23
300g RICE PER PER-SON
AND IT DISA-PPEARS LIKE MAGIC!
THEY WILL REALLY EAT DIN-NER AFTER THIS, TOO

FOR THE MEAL!
rattle
THANK YOU


ME TOO
I NEED TO RETURN HELMETS AND STUFF, SO I'LL COME TOO

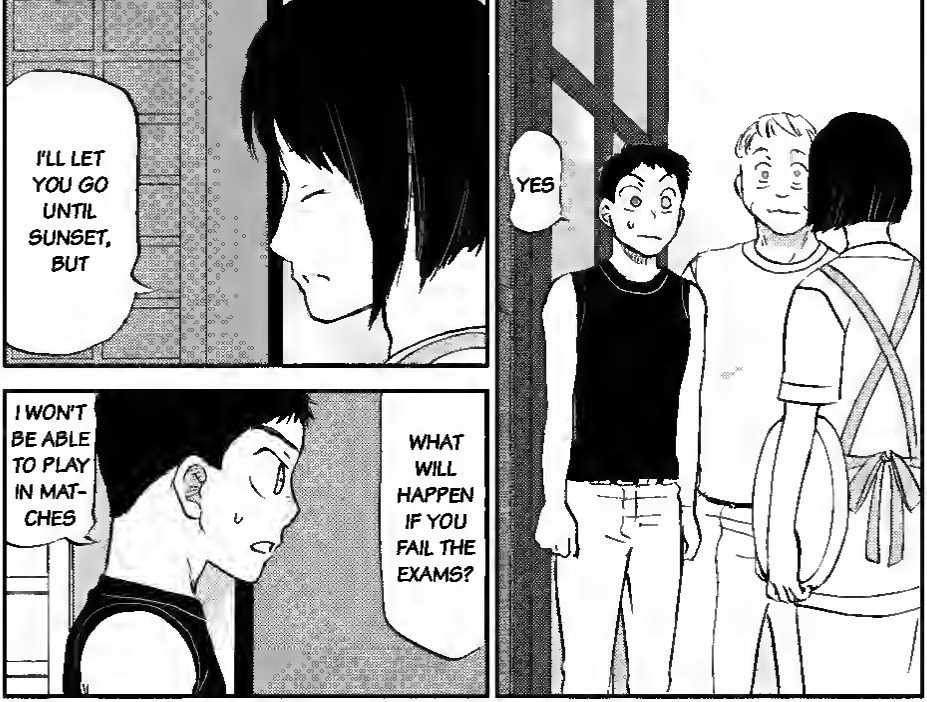
OKAY, IT'S TIME. LET'S GO


MAKE SURE TO CHECK IN WITH YOUR PARENTS TOMOR-ROW
THEN SHOULD WE HAVE A BAR-BEQUE?

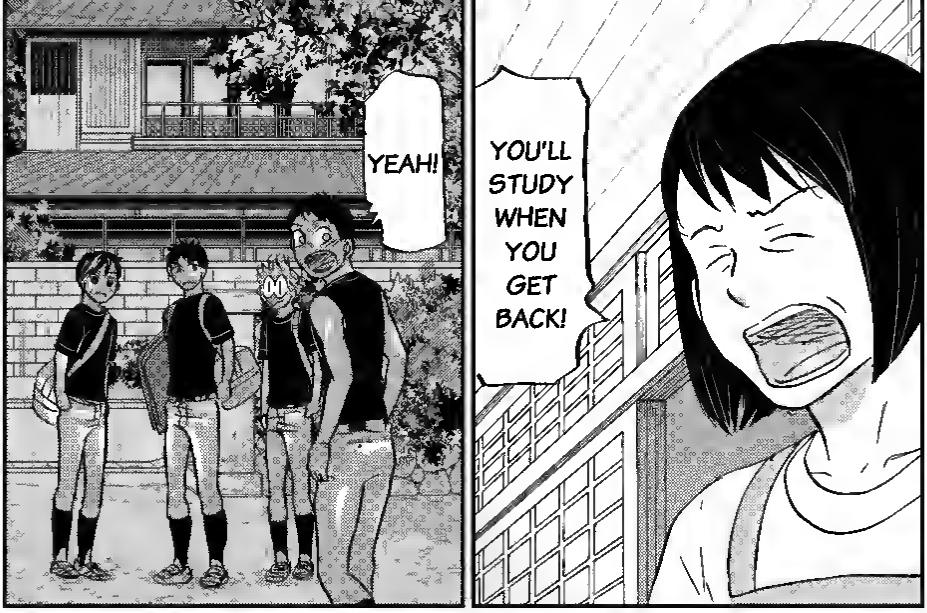
WILL YOU COME TOMOR-ROW TOO?
TAKAYA, KOUSUKE, REN

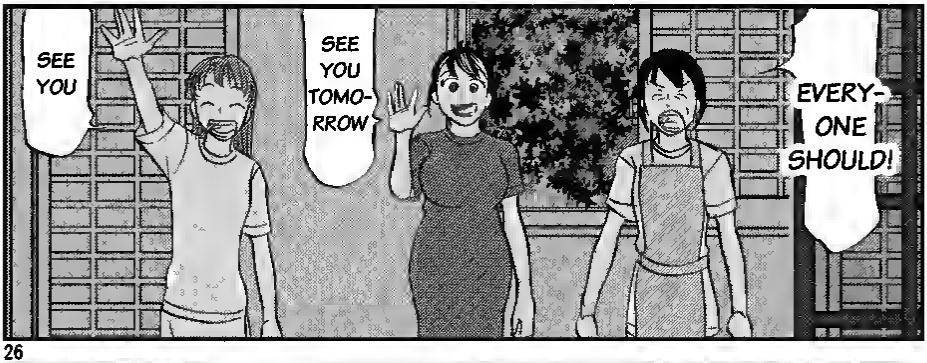
YOU HAVE EXAMS SOON, RIGHT?
YUU

YES IF YOU'LL LET US COME WHILE CLUB ACTIV-ITIES ARE ON BREAK


I'LL LET YOU GO UNTIL SUNSET, BUT
YES
I WON'T BE ABLE TO PLAY IN MAT-CHES
WHAT WILL HAPPEN IF YOU FAIL THE EXAMS?

THE COACH IS WAITING, SO I'M GOING TO THE REAR GROUNDS
DO YOU REALIZE HOW MUCH TROU-BLE IT'D BE FOR A TEAM WITH ONLY 10 PLAYERS?
KLAK
I WOULD ALSO HATE NOT BEING ABLE TO PLAY
I KNOW

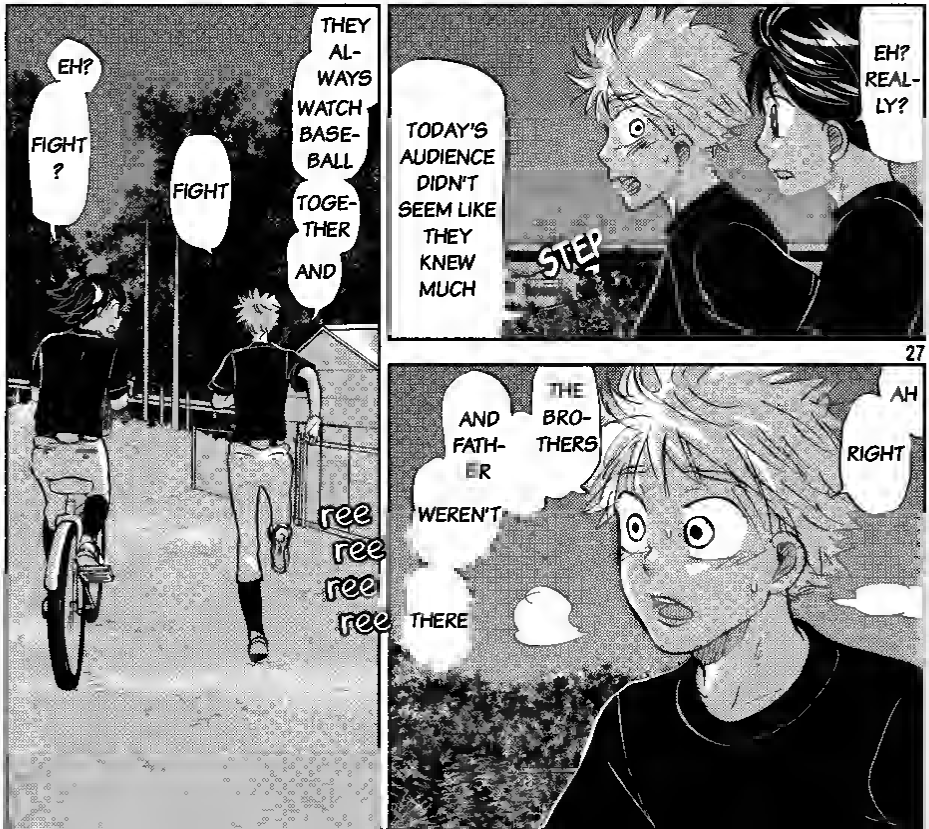

YEAH!
YOU'LL STUDY WHEN YOU GET BACK!


SEE YOU
SEE YOU TOMO-RROW
EVERY-ONE SHOULD!

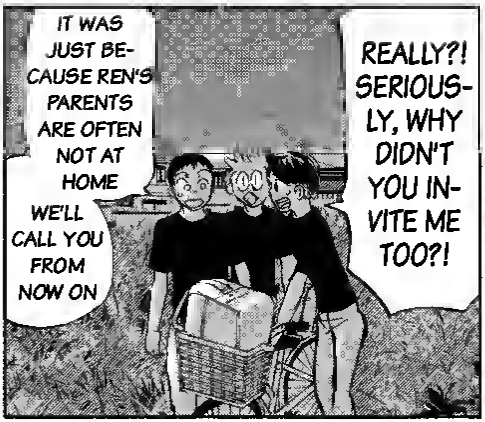
26

GOOD-BYE!
THANK YOU VERY MUCH!
YES!

TAJIMA'S MOM CARES MORE ABOUT STUDYING THAN BASEBALL?
HM... I THINK BOTH
ree ree ree ree
chee
ree ree ree ree
I ALWAYS IMAGINED TAJIMA'S FAMILY AS A "BASEBALL" FAMILY
THEY ARE


EH? REALLY?
TODAY'S AUDIENCE DIDN'T SEEM LIKE THEY KNEW MUCH
STEP
THEY ALWAYS WATCH BASEBALL TOGETHER AND
FIGHT
EH? FIGHT?
ree ree ree ree
AH RIGHT
THE BROTHERS AND FATHER WEREN'T THERE

SAME WITH US, TOO
RULES, STRATEGY, BATTING, PITCHING, ETC. SET THEM OFF TOO
IN ADDI-TION TO THAT,
THEY HAVE DIFFERENT FAVORITE TEAMS?

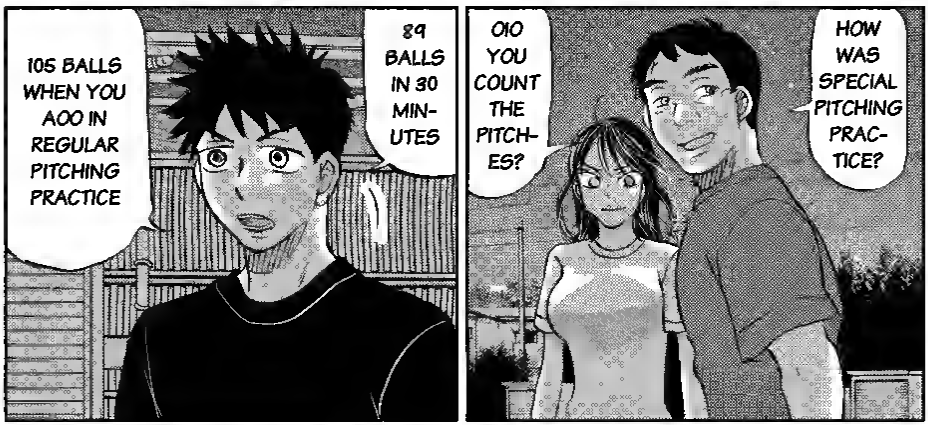

IT WAS JUST BE-CAUSE REN'S PARENTS ARE OFTEN NOT AT HOME
WE'LL CALL YOU FROM NOW ON
REALLY?! SERIOUS-LY, WHY DIDN'T YOU IN-VITE ME TOO?!

HE TEA-CHES ME THE RULES
HIS BROT-HER IS AN UMP-IRE

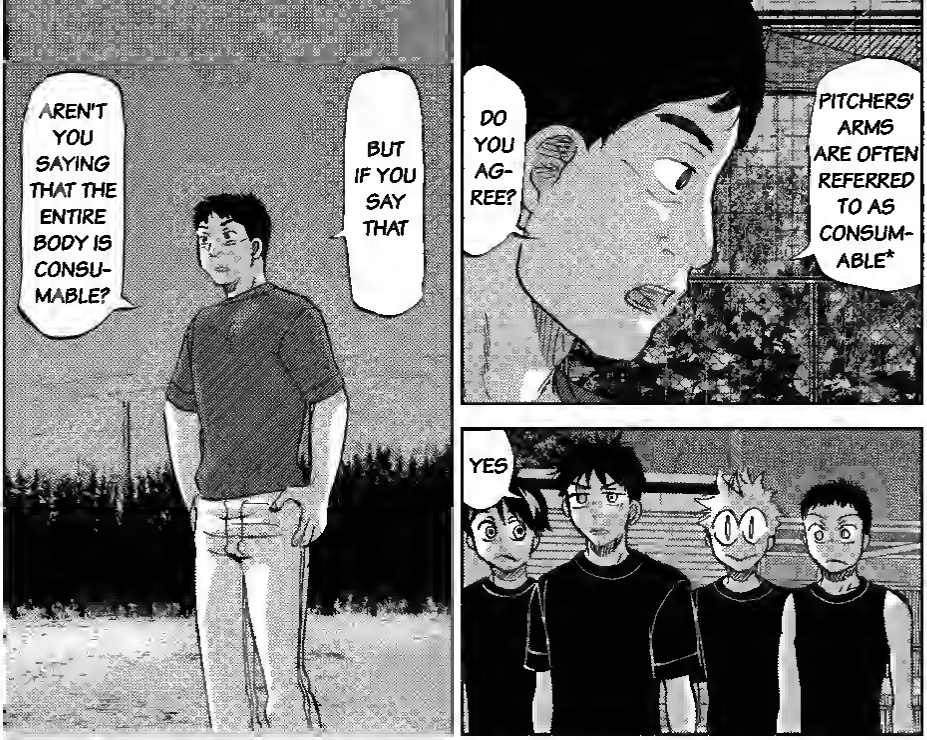
28

HELLO!
HELLO!

HEY, YOU'VE WORKED HARD
YOU ALL CAME, HUH


105 BALLS WHEN YOU AOO IN REGULAR PITCHING PRACTICE
89 BALLS IN 30 MIN-UTES
OIO YOU COUNT THE PITCH-ES?
HOW WAS SPECIAL PITCHING PRAC-TICE?

* Pro-bably triceps


AREN'T YOU SAYING THAT THE ENTIRE BODY IS CONSU-MABLE?
BUT IF YOU SAY THAT
DO YOU AG-REE?
PITCHERS' ARMS ARE OFTEN REFERRED TO AS CONSUM-ABLE*
YES

*liable to be used up or depleted

Letting overuse affect your life is out of the question. If you want to improve, it's important that your efforts are scientific and rational.

A NOTE FROM THE AUTHOR

HIGUCHI ASA

CHAPTER 123

I could easily imagine cringing for a while after seeing myself on the show, so I avoided TV appearances until now. But the mangakas on the previous editions of this program must have felt so honored, so this time, despite myself, I made an appearance. As I'm writing now it's still before the program airs, but all I can remember is how I got carried away and kept blabbing on during the interview, so I feel twisted inside before even watching it.

However, there's no doubt that it'll be a wonderful program. The concept of "how manga influences sports players" is a god-sent idea for people who draw manga, and people who love manga will surely be able to enjoy watching it. Voice actors that I've had the pleasure of working with during the anime lent their voices too, and I'll definitely be moved to tears when I watch it... so somehow, I'm already too scared to watch it. When I met the director and apologized for being muddleheaded from an all-nighter, and he answered, "Me too. It's the 3rd day," I was surprised beyond words. I thought this when the anime was airing too — the passion in the TV world is beyond imagination... why are they able to work so hard?!

Changing the subject to the Summer Koshien: this year, during the Saitama prefecture's qualifiers, they did two rounds of ground maintenence within 9 innings, for heatstroke prevention. That was the only instance of that in the country. Saitama is really hot... At the time, I was at my parents' house watching the games on TV without air conditioning for the sake of "realism", but as expected, it's impossible this year.

Volume 25's omake is about baseball data. Please read it~!

Oofuri Baka note:
We subtitled parts of the "Sports x Manga Koshien Special" program that Higuchi-sensei appeared on! You can find the video on our Tumblr, or at http://tiny.cc/sportsxmanga

Oofuri Baka
OOFURI-BAKA.TUMBLR.COM | CH 124
Translator: victorie
Cleaner: yazzoB
Typesetter: shiibaru

ふり振りかぶって

124: Tajima's 3

ひぐちアサ

IN SHORT, THIS IS ALL BALAN-CE.
TOP AND BOT-TOM,
RIGHT AND LEFT,

2

I'VE NEVER DONE THAT ...
THAT'S RIGHT

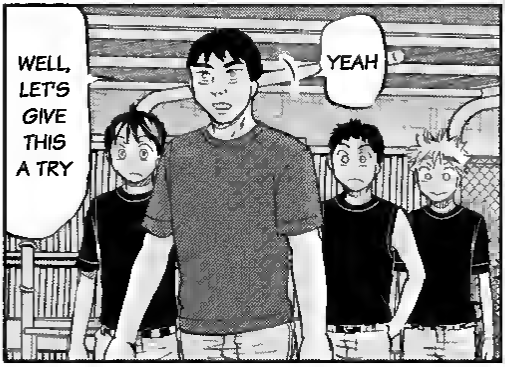
LIKE THAT?
IF YOU TRAIN THE RIGHT, YOU SHOULD ALSO TRAIN THE LEFT

PRACTI-CING RIGHT AND LEFT HAND BAT-TING?
... OR

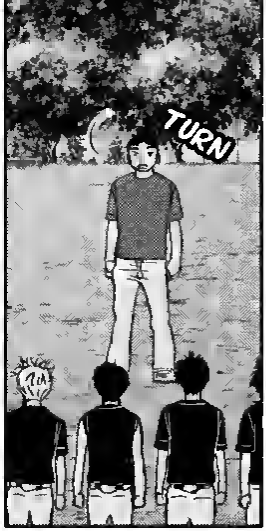
SO YOU WON'T GET INJURED
WHAT'S THE POINT?

3

BUT THROWING THE SAME AMOUNT WITH YOUR LEFT HAND WOULD BE DIFFICULT IN MANY WAYS... I THINK
PRACTICING LEFT-HANDED BATTING IS ONE THING,


WELL, LET'S GIVE THIS A TRY
YEAH

TENSE
READY, AND!


TURN

2
jump
spin
LAND

1
jump
spin
LAND

4
jump
spin
LAND

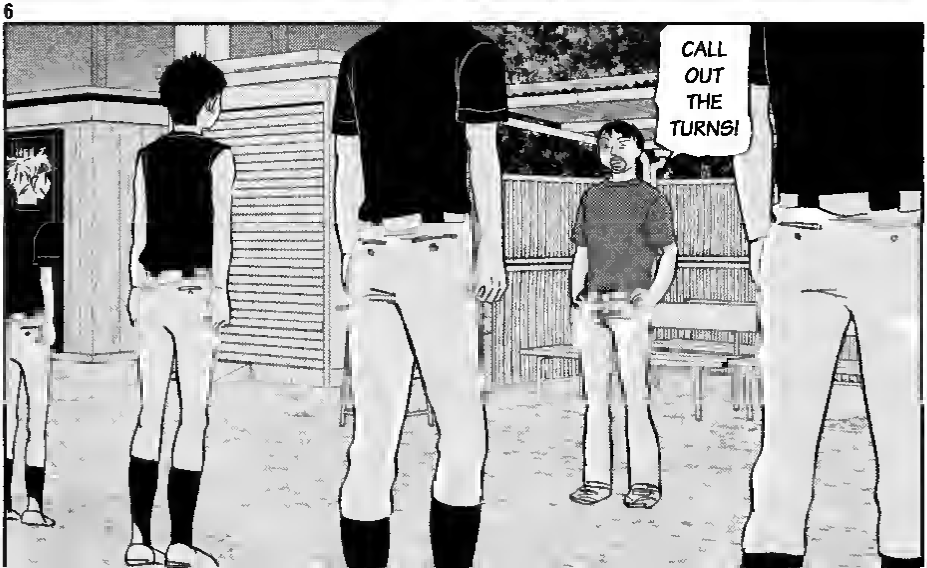
3
jump
spin
LAND

RIGHT AND LEFT HALF TURNS, 2 SETS
LAND
THEN ONE FULL TURN TO THE RIGHT
5!

5

6!
SPIN
LAND
AND ONE FULL TURN TO THE LEFT

6

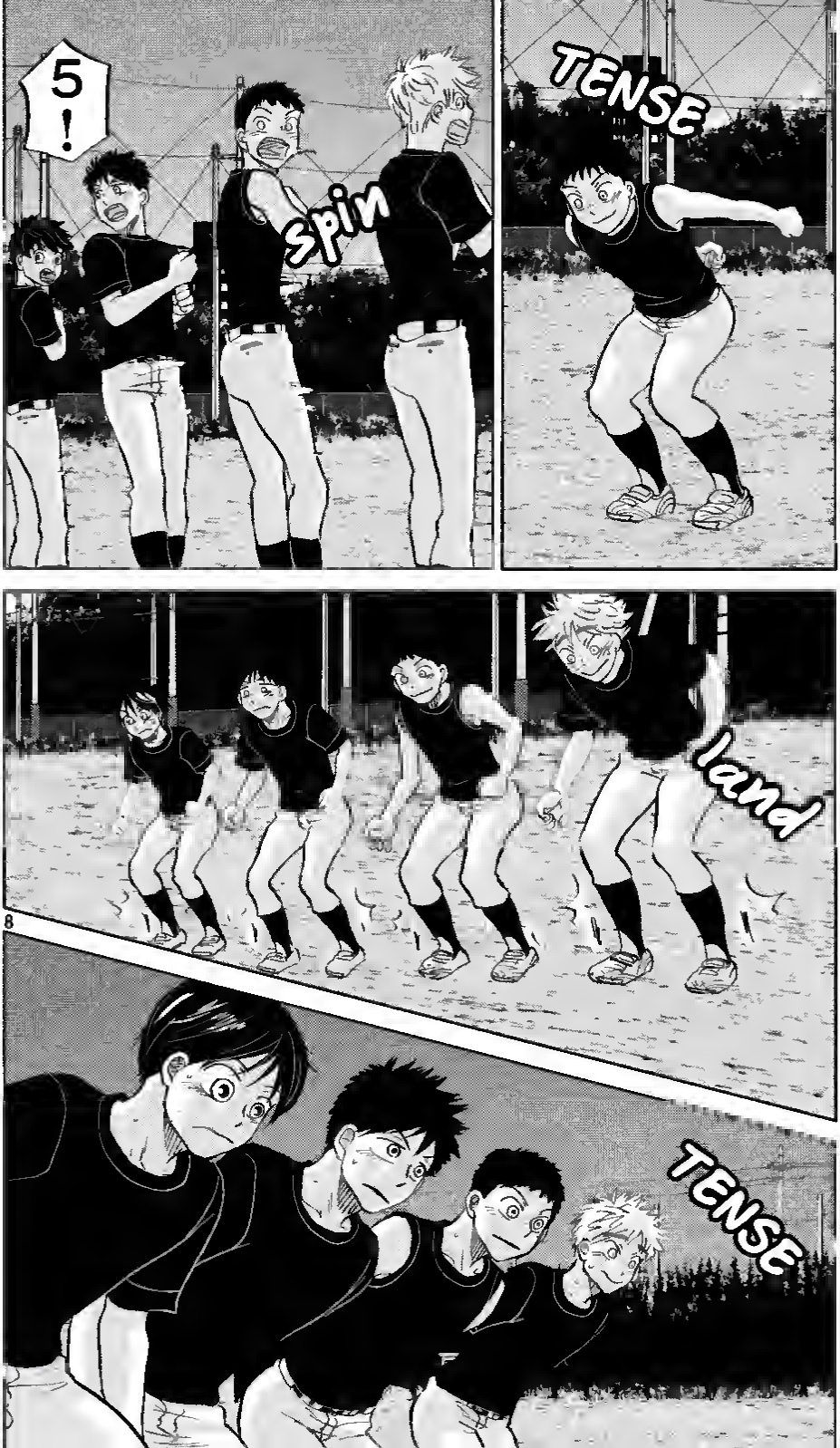


1!
jump
spin
LAND
READY, AND!

3!

jump
2
spin
LAND

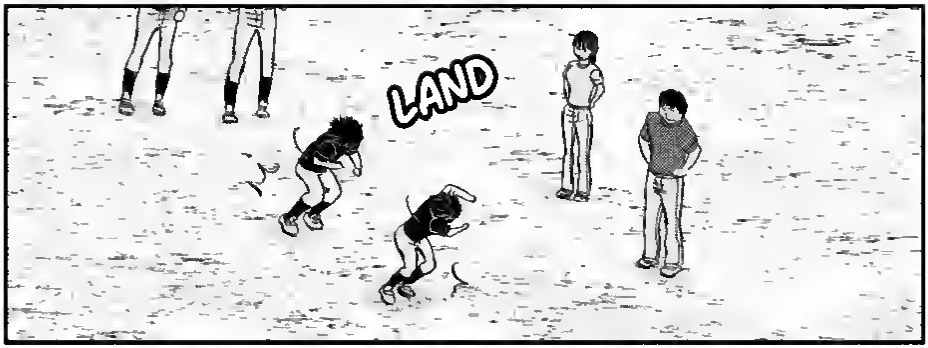
4
jump
spin
LAND


5!
spin
TENSE
land
8
TENSE

9

THEY CAN'T? WHY?
SO, ONLY TAJIMA CAN DO IT, HUH

HE DID IT!
Spin
I'LL GIVE IT AN-OTHER TRY
WAIT
LAND
READY, AND!
ME TOO!
TENSE



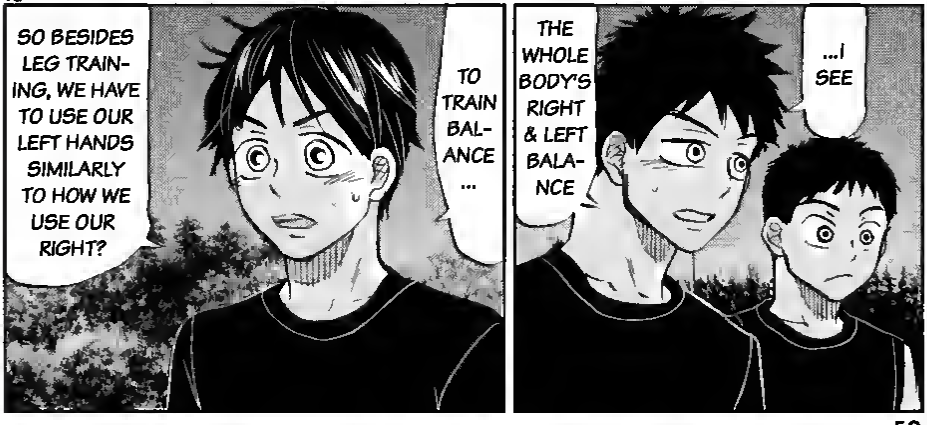
11

51

I DON'T EVEN THINK THERE'S THAT MUCH DIFFERENCE BETWEEN MY LEFT AND RIGHT FEET!
TO THINK WE CAN'T EVEN DO THIS...
YOUR BAL-ANCE IS PRETTY BAD, HUH?

JUMPING REQUIRES THE WHOLE BODY
DO YOU THINK YOU JUMP ONLY BY USING YOUR FEET?

12


SO BESIDES LEG TRAIN-ING, WE HAVE TO USE OUR LEFT HANDS SIMILARLY TO HOW WE USE OUR RIGHT?
TO TRAIN BAL-ANCE ...
THE WHOLE BODY'S RIGHT & LEFT BALA-NCE
...I SEE

WELL... I DON'T THINK THERE'S THAT MUCH DIFFERENCE IN MUSCLE MASS
WHY DO YOU THINK YOU CAN'T MAKE A FULL LEFT TURN?
THAT'S THE IDEA, BUT THAT'S NOT THE POINT
EVEN FOR BRAINS ...?!
SURE THERE IS
IT'S ABOUT HOW WE DIRECT OUR BODIES
WE SHOULD TRY OUR BEST TO USE OUR OTHER HAND AS MUCH AS OUR DOMINANT HAND, SO...
13
IS THERE BALANCE FOR BRAINS TOO?

NERVES
BRAINS, OR RATHER

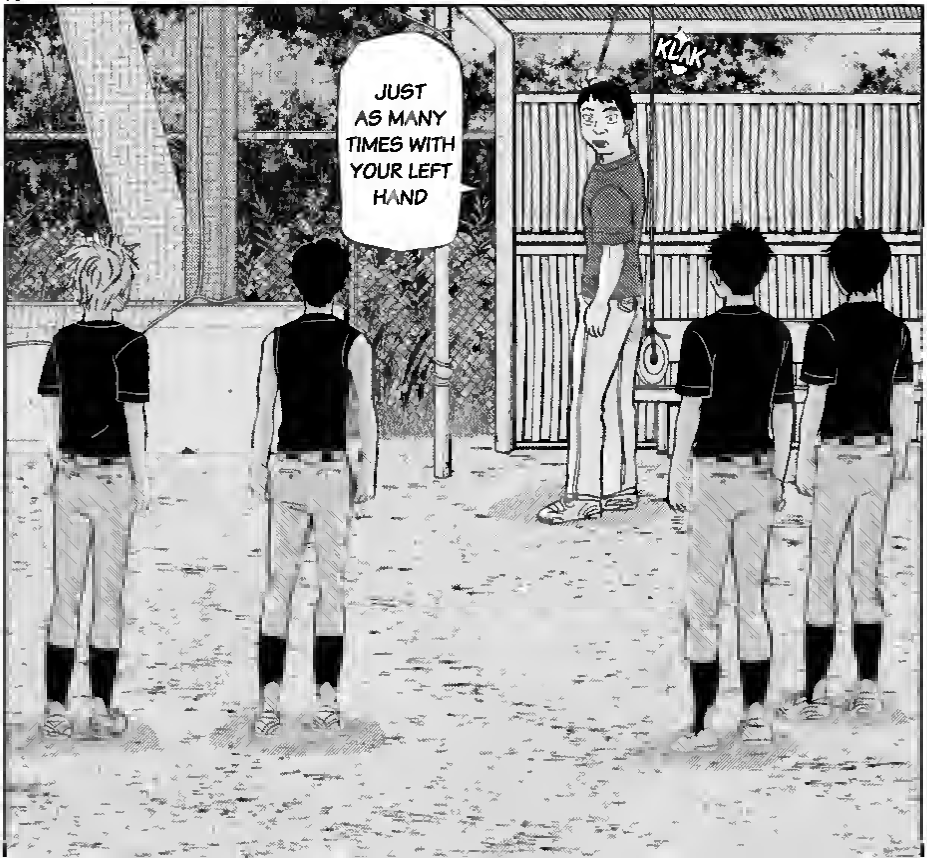
IF YOU WANT TO BECOME STRONGER WITHOUT GETTING INJURED,
YOU NEED TO TRAIN WHILE CONSIDERING THE BALANCE OF THESE FIVE THINGS:
TOP AND BOTTOM, FRONT AND BACK, INSIDE AND OUTSIDE, ROTATION... AND NERVES!

Confused—

...BUT WITHOUT DETAILED COACHING, IS THIS...
DIFF-ICULT TO DO?
...
YES!
IF YOU UNDER-STAND, ANSWER!
15
.....
NO?
WHEN YOU GET USED TO THIS IDEA, IT'S DIFFICULT NOT TO THINK ABOUT BALANCE
55

MIHA-
SHI
YOU THREW ABOUT 100 PITCHES TODAY, RIGHT?
YES!
KLAK
THEN PULL THIS

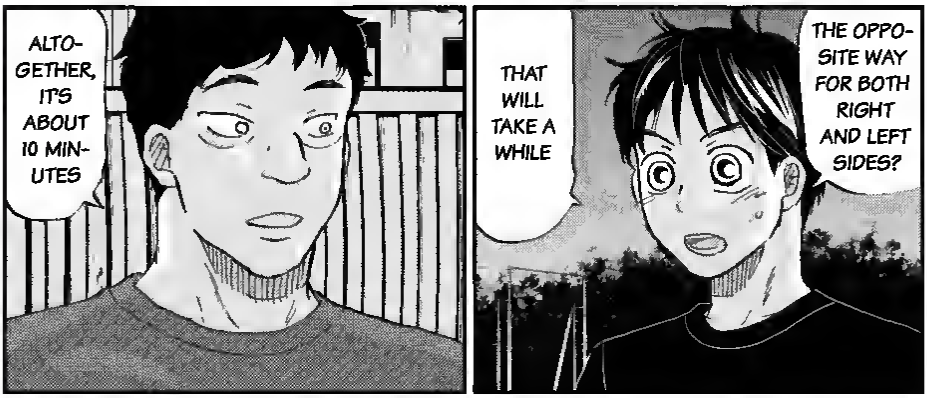
16


KLAK
JUST AS MANY TIMES WITH YOUR LEFT HAND

KLAK
I CALL IT A "ROPE PULL"
...WHAT IS THAT?

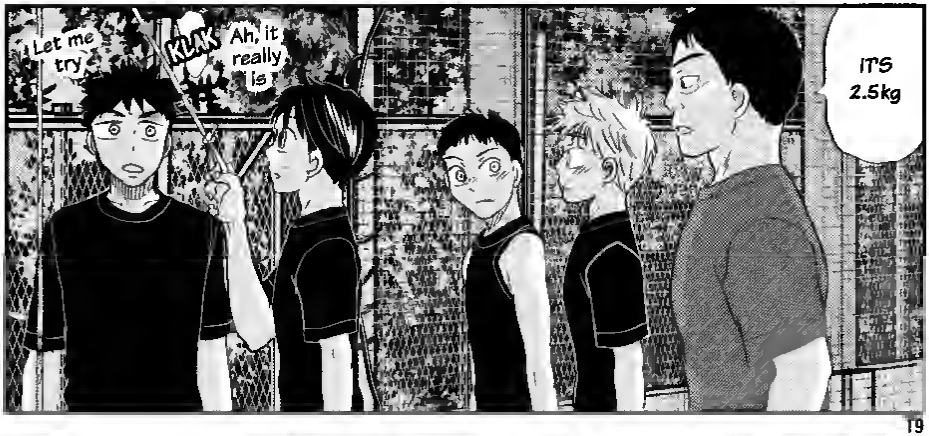
PULL THE ROPE 100 TIMES WITH YOUR LEFT HAND
SLIDE
SLIDE
FOR EXAMPLE, IF YOU THREW 100 BALLS WITH YOUR RIGHT HAND,
KLAK

KLAK
IN THE OPPOSITE DIRECTION OF THE WAY YOU PITCH, 1.5-2 TIMES
KLAK
PULL THE ROPE
THEN


ALTO-GETHER, IT'S ABOUT 10 MIN-UTES
THAT WILL TAKE A WHILE
THE OPPO-SITE WAY FOR BOTH RIGHT AND LEFT SIDES?

ONLY THAT MUCH...?

IT'S LIGHT
KLAK KLAK
HM?
GO AHEAD
CAN I TRY?


Let me try
KLAK
Ah, it really is
IT'S 2.5kg

19

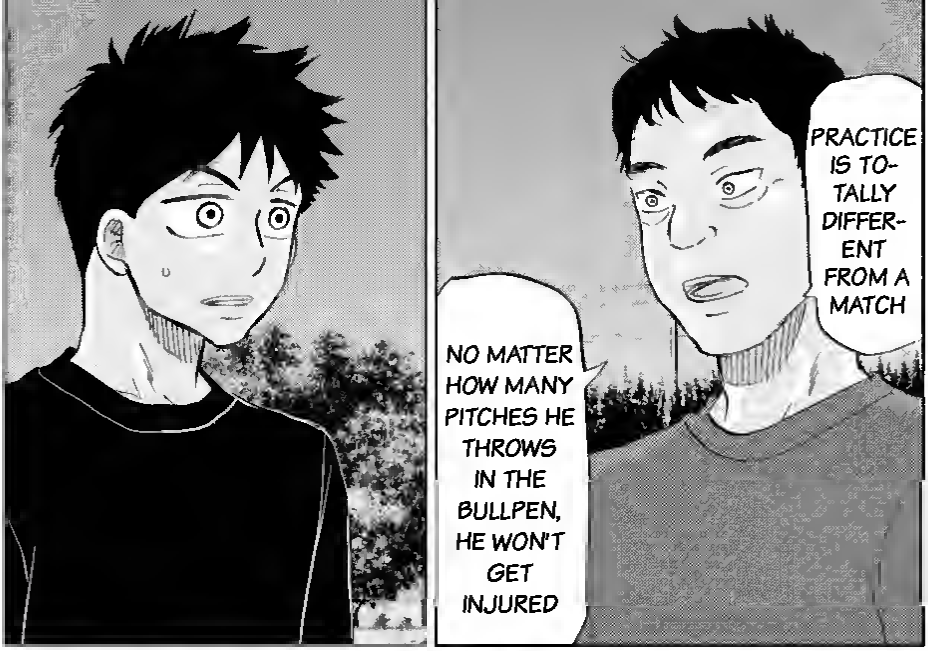
IS THAT ENOUGH WEIGHT?
KLAK
IT'S ENO-UGH

YEAH!
Ren?
YOU WON'T GET INJURED WITH THIS!
ISN'T THAT GREAT, REN?

THIS WON'T WORK IF
HE THROWS 200 PITCHES EVERYDAY FOR A WEEK, RIGHT?
....UM

20

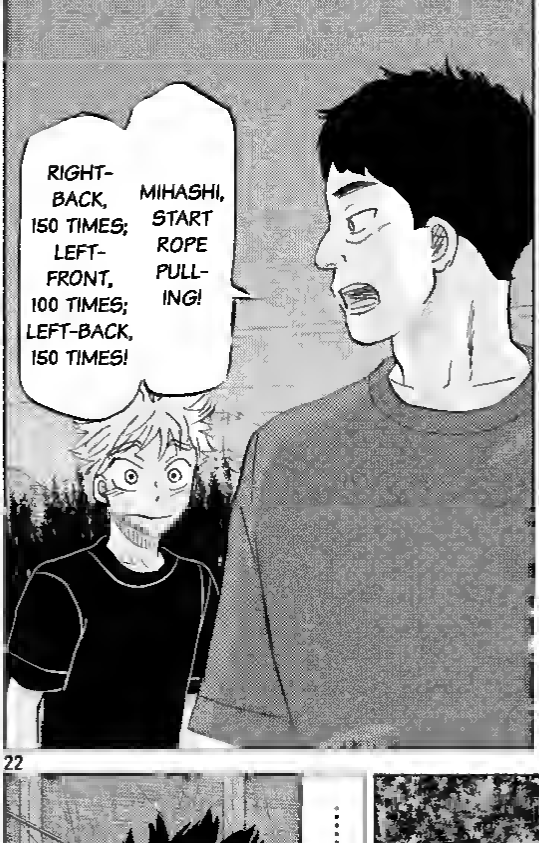
HE WON'T. EVEN IF HE THROWS 250 PITCHES
YOU MEAN IF HE'LL GET INJU-RED?

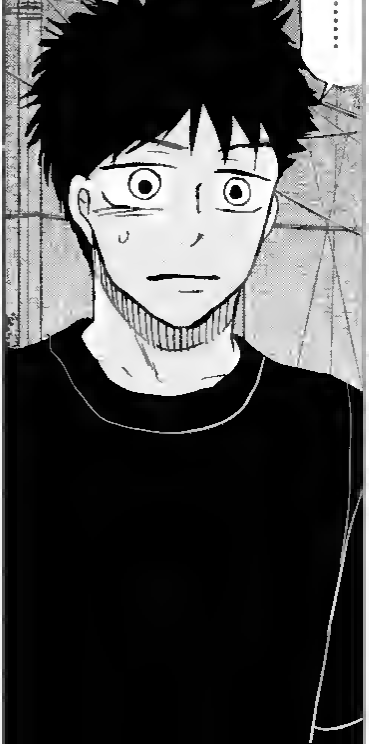

PRACTICE IS TO-TALLY DIFFER-ENT FROM A MATCH
NO MATTER HOW MANY PITCHES HE THROWS IN THE BULLPEN, HE WON'T GET INJURED

DURING PRACTICE, YOU CAN THROW UNTIL THE ARM IS AT ITS LIMIT

21

RATHER, YOU WON'T LAST IN A GAME IF YOU DON'T!





We're taking a break next month. Volume 26 will already be on sale in December! Look forward to it!

A NOTE FROM THE AUTHOR

HIGUCHI ASA

CHAPTER 124

Today they talked about jumping. According to Takahashi-sensei, if there are 40 members in a baseball club, only 1-2 people will be able to do the left and right full turns on their first try. Try it out!

Researched with help from Takahashi Kaoru!

CHARACTER INTRODUCTION

MOMOE TOSHIAKI

Alumni of a strong baseball school from Tokyo. He has plenty of coaching experience. Nishiura's assistant coach, and father of Nishiura's coach, Momokan.

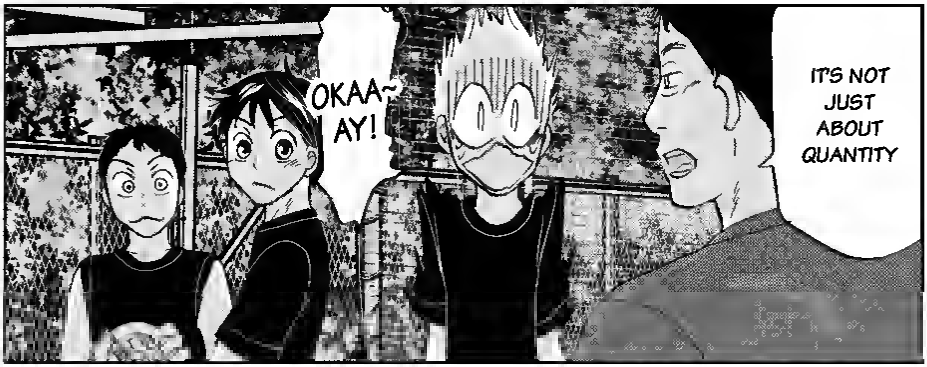
Oofuri Baka
OOFURIBAKA.TUMBLR.COM | CH 125
Translator: victoriel
Cleaner: yazzoB
Typesetter: shuibaru

おおきく振りかぶって

125: Tajima's 4

ひぐちアサ

BE AWARE OF WHICH MUSCLES YOU WANT TO USE
KLIK KLAK
KLIK KLAK
KLIK KLAK
KLIK KLAK
KLIK KLAK


OKAA~ AY!
IT'S NOT JUST ABOUT QUANTITY

2

GRIP

I STILL THINK THAT
SOMETHING LIKE 200 OR 250 PITCHES IN A DAY IS OVER THE LIMIT
TRAINER

3

I UNDERSTAND THAT.
BUT 200 PITCHES IN A DAY IS...
YOU KNOW THAT THERE ARE TIMES YOU NEED TO EXCEED YOUR LIMITS WHEN PRACTICING, RIGHT?

I WON'T LET YOU GUYS GET INJU-RED.

4

I STILL CAN'T THROW A BALL NOW
I DES-TROYED MY SHOULDER IN COLLEGE AND RETIRED AS A PLAYER

5

SEVEN PEOPLE IN HIGH SCHOOL
AND FIVE PEOPLE IN COLLEGE QUIT BE-CAUSE OF AN INJURY

6

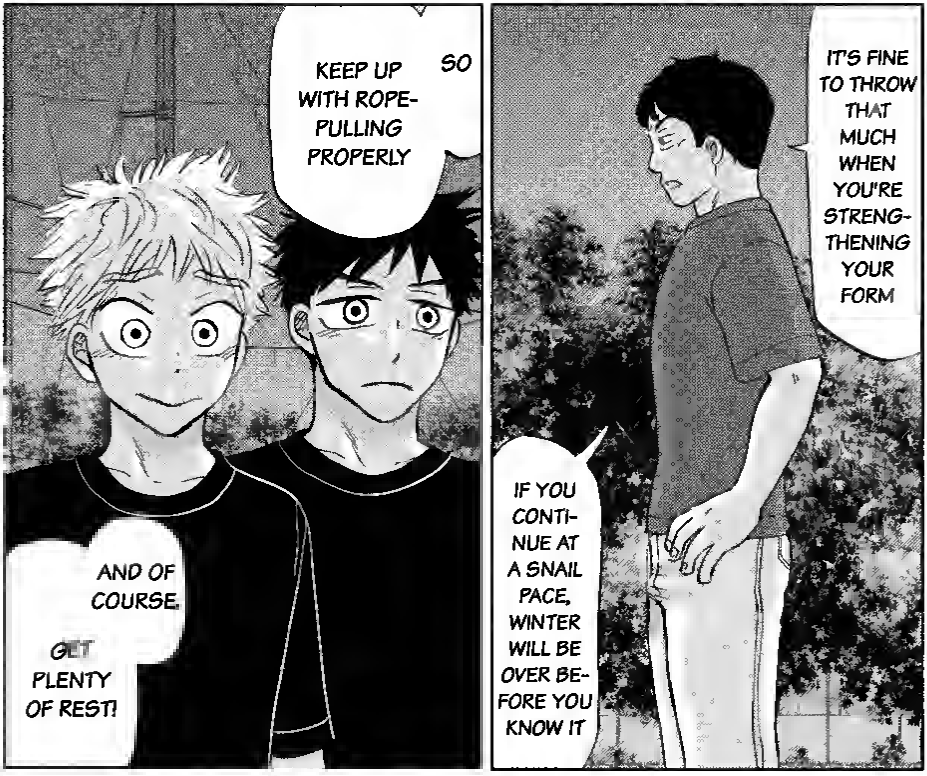
WHEN YOU THROW 100 PITCHES IN A MATCH, YOUR BODY FEELS HEAVY THE NEXT MORNING AND IT'S HARD TO GET UP, RIGHT?
IN ADD-ITION TO THAT
IT'S IMPO-SSIBLE TO THROW IN A PRACTICE THE SAME WAY YOU DO IN A GAME

7

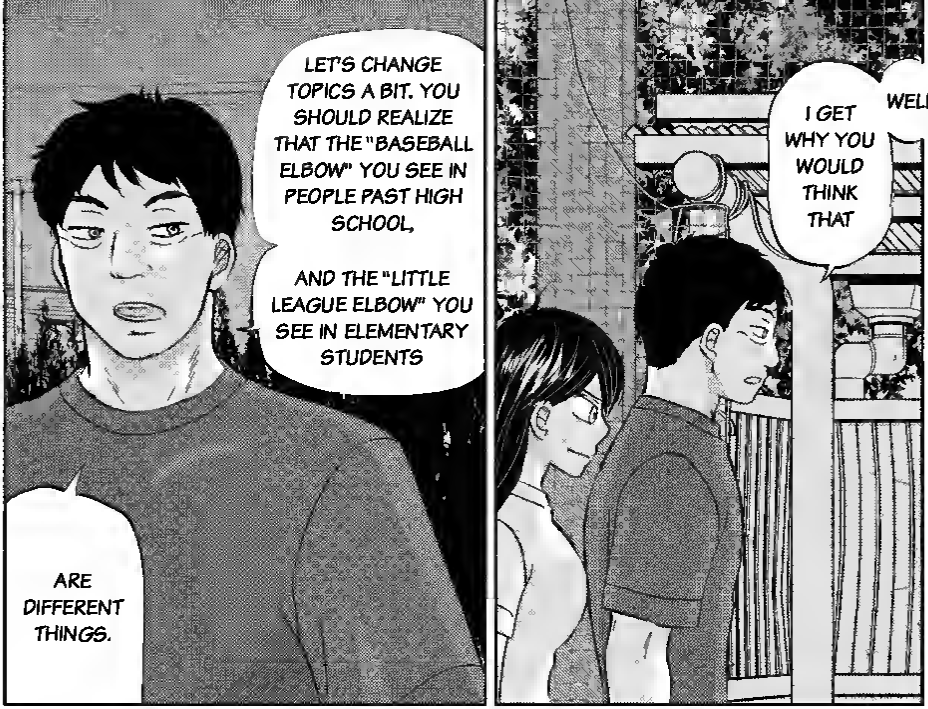
WOULDN'T 200 PITCHES IN A BULL-PEN STILL NOT BE ENOUGH?
IF YOU WANT THE SAME WORK-LOAD AS A MATCH.
WHEN YOU THROW 100 PITCHES IN A BULLPEN, YOU DON'T FEEL THAT TIRED, RIGHT?

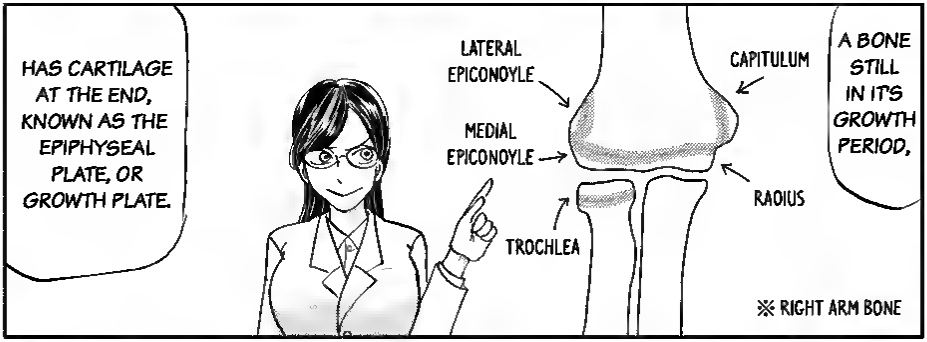
YEAH
I DIDN'T SAY THAT QUITE RIGHT
BUT TO DO THAT EVERY-DAY...

8


SO
KEEP UP WITH ROPE-PULLING PROPERLY
AND OF COURSE,
GET PLENTY OF REST!
IT'S FINE TO THROW THAT MUCH WHEN YOU'RE STRENG-THENING YOUR FORM
IF YOU CONTI-NUE AT A SNAIL PACE, WINTER WILL BE OVER BE-FORE YOU KNOW IT

WHAT KIND OF A PERSON DO YOU THINK GETS TENNIS ELBOW?
HAVE YOU HEARD OF TENNIS ELBOW?
.....
YES
9
SINCE A LOT OF ELEMENTARY STUDENTS HAVE "BASEBALL" ELBOW, WHICH IS ALSO CALLED "LITTLE LEAGUE ELBOW"
...MOSTLY JUNIOR PLAYERS?

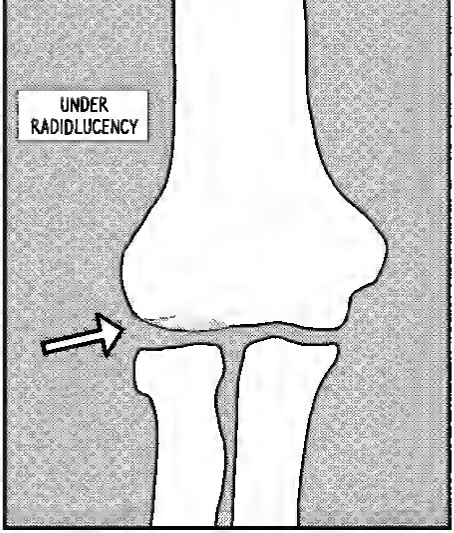

LET'S CHANGE TOPICS A BIT. YOU SHOULD REALIZE THAT THE "BASEBALL ELBOW" YOU SEE IN PEOPLE PAST HIGH SCHOOL,
AND THE "LITTLE LEAGUE ELBOW" YOU SEE IN ELEMENTARY STUDENTS
ARE DIFFERENT THINGS.
WELL,
I GET WHY YOU WOULD THINK THAT

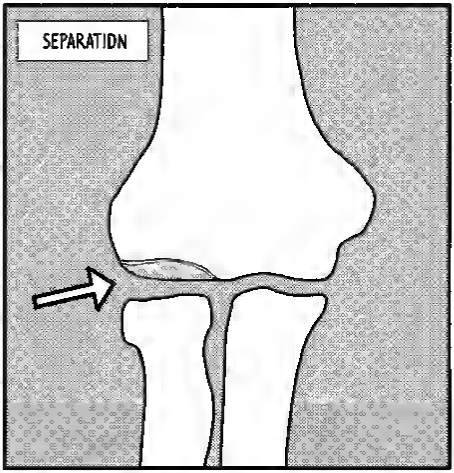

HAS CARTILAGE AT THE END, KNOWN AS THE EPIPHYSEAL PLATE, OR GROWTH PLATE.
LATERAL EPICONOYLE
MEDIAL EPICONOYLE
TROCHLEA
CAPITULUM
RADIUS
A BONE STILL IN IT'S GROWTH PERIOD,
※ RIGHT ARM BONE

10

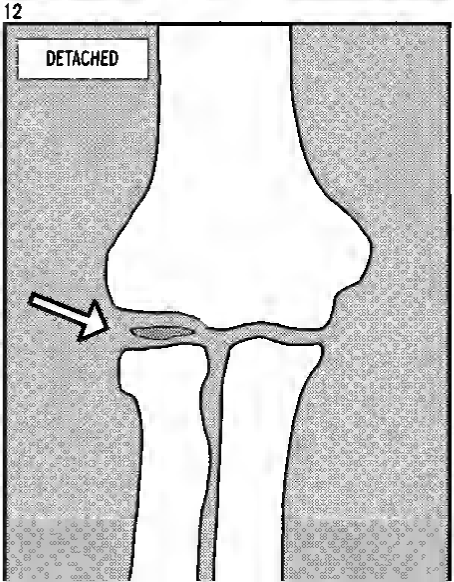
WAS THAT WHAT HARUNA WAS WORRIED ABOUT?
GROWTH PLATE..

CARTI-
LAGE IS
FLEXIBLE
IN COM-
PARISON
TO A
BONE
IN THE
CASE OF
LITTLE
LEAGUE
ELBOW,
THAT CAR-
TILAGE
BECOMES
DAMAGED
THE EPIPHY-
SEAL PLATE
IS A HYALINE
CARTILAGE
PLATE AT THE
END OF A
BONE THAT
CONNECTS TO
LIGAMENTS
AND MUSCLES
LIGAMENT
MUSCLE
WHEN
YOU DO
A WIND-
UP, THE
MEDIAL
EPICON-
DYLE IS
REPEAT-
EDLY
PULLED
AND THE
BONE
SPLITS
FROM THE
EPIPHY-
SEAL
PLATE
AN IN-
JURY ON
THE INNER
SIDE OF THE
ELBOW IS
A CLASSIC
CASE OF
LITTLE
LEAGUE
ELBOW
IN THE
BEGIN-
NING IT
ONLY
HURTS
WHEN
YOU'RE
THROW-
ING,
BUT IT
GRAD-
UALLY
STARTS
TO HURT
CO~N-
STANTLY
SHUDDER~


UNDER RADIDLUCENCY


SEPARATIDN

12

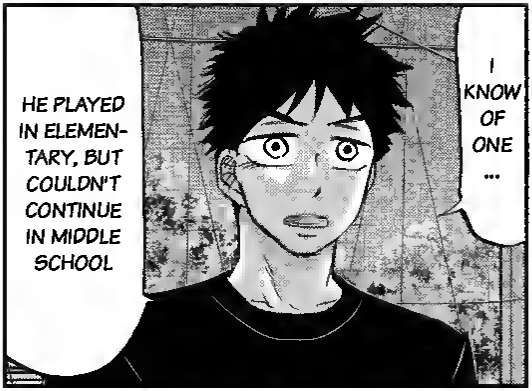

DETACHED

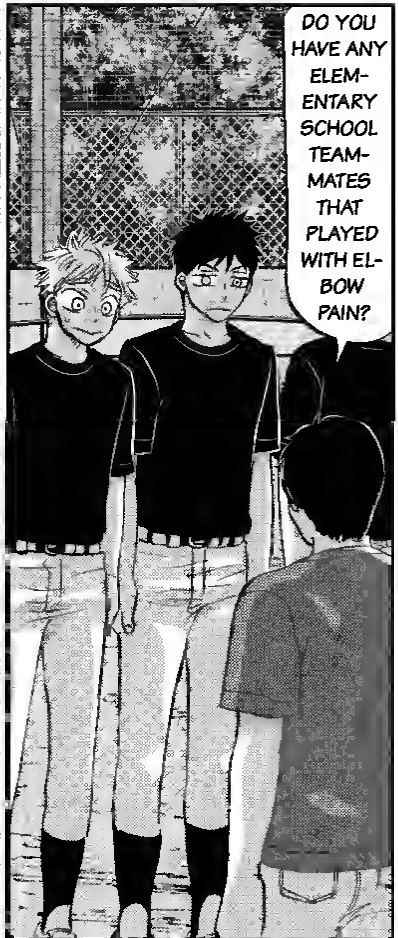
IN CASES OF THE OUTSIDE OF THE ELBOW,
THE LESION OCCURS WHEN YOU REPEAT THE PITCHING MOTION, THE BONES COLLIDE WITH EACH OTHER AND THE TIP OF THE CART-ILAGE DIES SLOWLY
DEAD CARTI-LAGE TISSUE DEGENERATES, SO IT'S VISIBLE ON X-RAY.
AT THIS POINT IF YOU NOTICE IT, IT CAN BE HEALED WITH REST BUT THERE'S OFTEN NO PAIN IN THIS EARLY STAGE.
WHEN DEAD CARTILAGE SEPARATES FROM A BONE, NO AMOUNT OF REST WILL HEAL IT.

CASES INVOLVING THE BACK SIDE OF THE ELBOW
ARE QUITE RARE, BUT
SHUDDER~ SHUDDER~
THE LOOSE PIECE OF CARTILAGE MOVES AROUND IN THE ELBOW AND FALLS INTO THE JOINT SPACE. THIS IS CALLED A "JOINT MOUSE"
THE LESION OCCURS FOR THE SAME REASON WHEN THE BONE IN THE BACK OF THE ELBOW COMES UNSTUCK

IN EACH OF THESE CASES, IF YOU GET MEDICAL TREATMENT DURING THE EARLY STAGES
YOU CAN BE CURED SIMPLY BY REFRAINING FROM PITCHING AND BATTING FOR UP TO HALF A YEAR

BUT IF YOU ENDURE THE PAIN AND CONTINUE PLAYING BASEBALL,
IT CAN DANGEROUSLY DISTURB YOUR GROWTH AND BECOME A LIFELONG INJURY
WHERE YOUR ABILITY TO FLEX AND EXTEND THE ARM IS AFFECTED


I KNOW OF ONE ...
HE PLAYED IN ELEMENTARY, BUT COULDN'T CONTINUE IN MIDDLE SCHOOL


DO YOU HAVE ANY ELEMENTARY SCHOOL TEAMMATES THAT PLAYED WITH ELBOW PAIN?

14

I ALSO HAVE A FRIEND
WITH A SIMILAR STORY

IT'S UPSET-TING, HOW NATURALLY IT HAPPENS...
HE HIT HIS LIMIT IN MIDDLE SCHOOL
HAMADA IS LIKE THAT, TOO

15

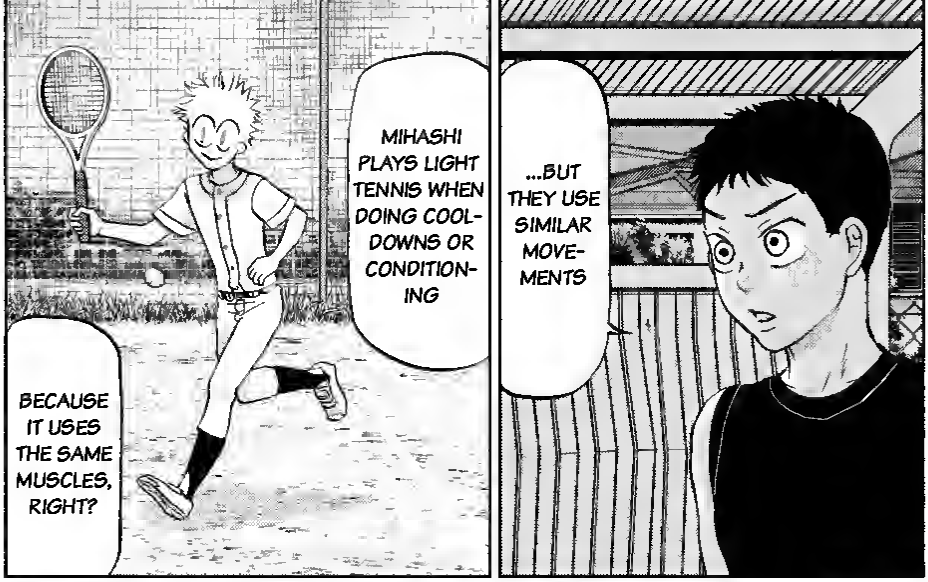
IT'S ACTUALLY DIFFICULT FOR JUNIOR PLAYERS TO GET TENNIS ELBOW
BUT

IT'S NOT THAT IT DOESN'T HAPPEN, YOU KNOW?
EH?!

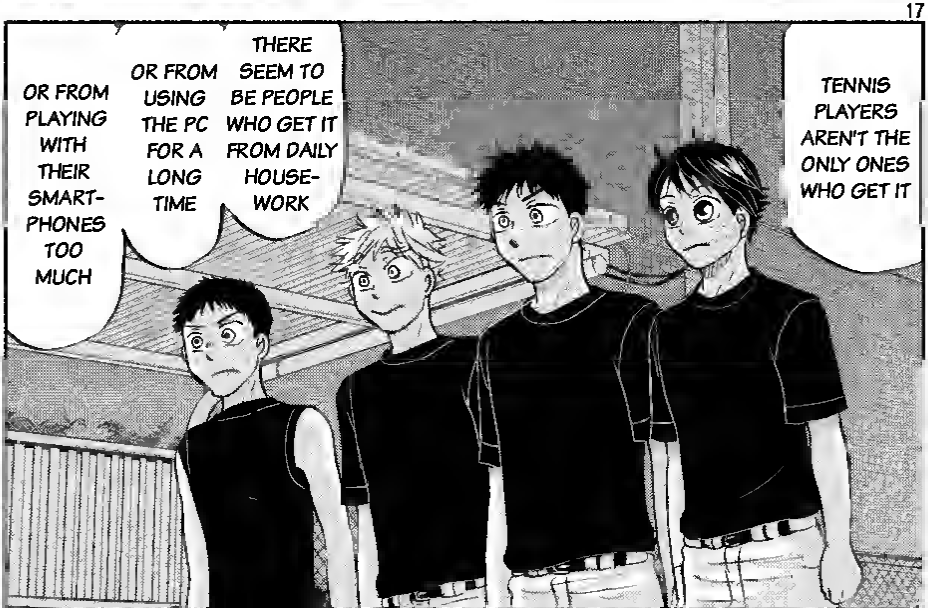
GREAT REACT-IONS
BUT IT'S SAID THAT GENERALLY "IT'S MORE DIFFICULT FOR ELEMENTARY STUDENTS, WHO HAVE FLEXIBLE MUSCLES, TO GET TENNIS ELBOW THAN ADULTS"

16

BUT THERE AREN'T MANY WHO HAVE TENNIS ELBOW
SOMETHING LIKE 20% OR 50% OF ELEMENTARY SCHOOL STU-DENTS HAVE LITTLE LEAGUE ELBOW,


MIHASHI PLAYS LIGHT TENNIS WHEN DOING COOL-DOWNS OR CONDITION-ING
BECAUSE IT USES THE SAME MUSCLES, RIGHT?
...BUT THEY USE SIMILAR MOVE-MENTS

AN INFLAM-MATION OF THE FORE-ARM ON THE OUTER PART OF THE ELBOW
OR IN-SIDE OF THE ELBOW
TENNIS ELBOW IS


OR FROM PLAYING WITH THEIR SMART-PHONES TOO MUCH
OR FROM USING THE PC FOR A LONG TIME
THERE SEEM TO BE PEOPLE WHO GET IT FROM DAILY HOUSE-WORK
TENNIS PLAYERS AREN'T THE ONLY ONES WHO GET IT

HMMM...

IN SHORT,
THE LESION CAN OCCUR EVEN IF YOU DON'T MOVE WITH A LOT OF FORCE

18

MY MOM ALSO HAS ELBOW PAIN SOME-TIMES
DO YOU KNOW WHY THAT IS?
AH— SHE DOESN'T PLAY TENNIS
IF THAT'S TENNIS ELBOW, THEN THE REASON IS A LACK OF EXERCISE... OR AGING?

OF COURSE, STUDENTS WHO PLAY TENNIS SOMETIMES HAVE IT, BUT MANY PATIENTS WITH TENNIS ELBOW ARE
MIDDLE-AGED AND EL-DERLY. AND ABOVE ALL... WOMEN

IN CONTRAST, LITTLE LEAGUE ELBOW, NO MATTER WHAT CAUSE,
BECAUSE OF MUSCLE STRENGTH DETERIORATION OR AGING
IT'S EASIER FOR THE MIDDLE-AGED AND ELDERLY TO GET TENNIS ELBOW THAN YOUNGSTERS
YEP... THAT'S RIGHT

OSTEOCHONDRITIS DISSECANS OR MEDIAL EPICONDYLE EPIPHYSIOLYSIS OR OLECRANON ENTHESOPHYTE,
IS AN INJURY THAT DOESN'T OCCUR FROM DAILY MOVEMENTS OF THAT LEVEL
YOU'D NEED TO DO SOMETHING LIKE FALL DOWN THE STAIRS AND LAND ON YOUR HANDS

SHUDDERS AGAIN~
IF YOU INJURE A LIGAMENT AFTER THE GROWTH PLATE CLOSES, YOU GET THE SO-CALLED "ADULT BASEBALL ELBOW"
THE MOST COMMON CASE IS A ULNAR COLLATERAL LIGAMENT INJURY.
BUT EVEN IN THE CASE OF ULNAR NERVE DAMAGE IN THE BACK OF THE HAND AFTER MATURITY.

20

THESE DON'T HAPPEN IN DAILY LIFE
THEY WON'T OCCUR EVEN AS THE MUSCLE STRENGTH DETERIORATES OR WHEN AGING

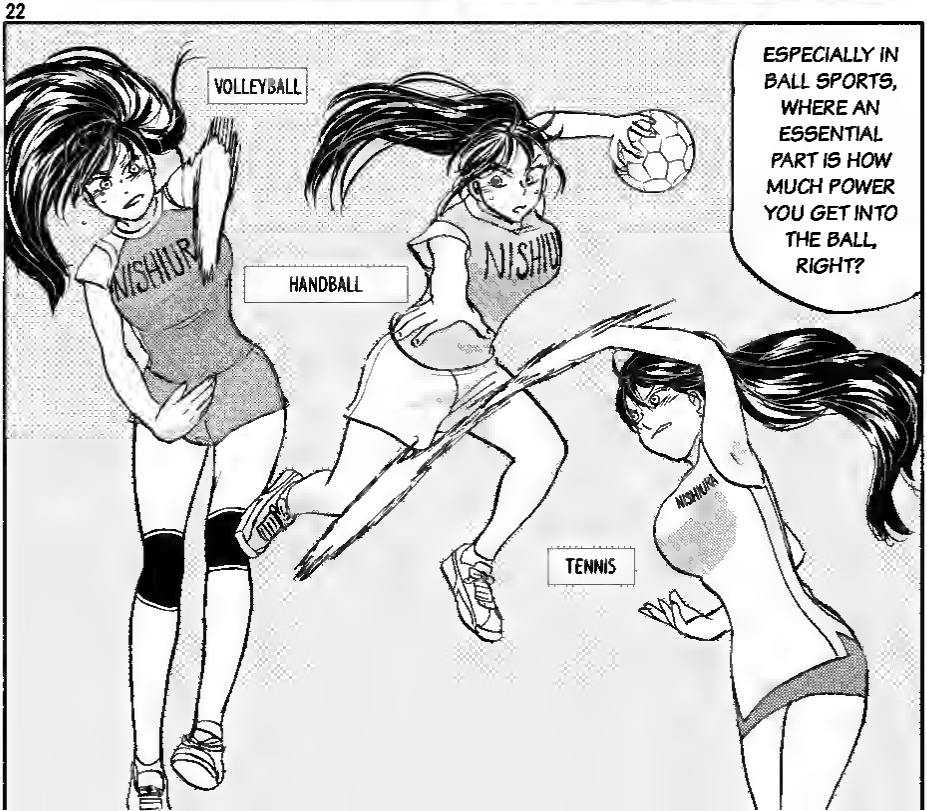
OF COURSE, NOT ONLY BASEBALL KIDS GET "LITTLE LEAGUE ELBOW"
IT HAPPENS WITH TENNIS, VOLLEYBALL, BADMINTON, AND HAND-BALL PLAY-ERS TOO

21

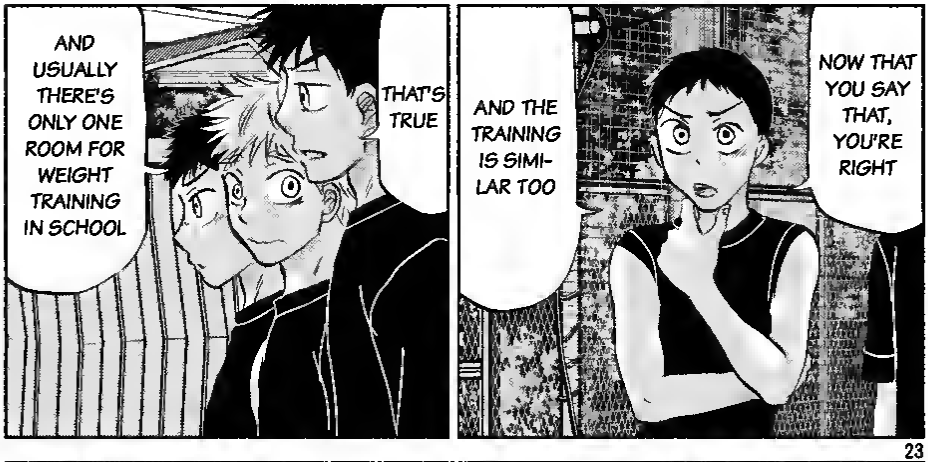
BUT THERE IS AN OVER-WHELMING NUMBER AMONG BASEBALL PLAYERS
THERE'S SOMETHING WEIRD WITH A SPORT WHERE 20% OF JUNIOR PLAYERS
HAVE THE INJURY

THERE ARE DIFFERENT RULES IN SPORTS,
BUT THE BODY MOVE-MENTS ARE ABOUT THE SAME
...IS THE PROBLEM DUE TO THE THROWING MOTION
I DON'T THINK SO

22


VOLLEYBALL
HANDBALL
TENNIS
ESPECIALLY IN BALL SPORTS, WHERE AN ESSENTIAL PART IS HOW MUCH POWER YOU GET INTO THE BALL, RIGHT?

ISN'T IT SOMEWHAT UNNATURAL THAT
ONLY A PITCHER'S ARM IS UNDER AN EXTRA BURDEN?


AND USUALLY THERE'S ONLY ONE ROOM FOR WEIGHT TRAINING IN SCHOOL
THAT'S TRUE
AND THE TRAINING IS SIMI-LAR TOO
NOW THAT YOU SAY THAT, YOU'RE RIGHT

23

IF A LACK OF WARM-UPS WAS THE CAUSE, WOULDN'T IT HAVE BEEN IMPROVED LONG AGO?
THE AREAS YOU NEED TO TAKE EXTRA CAUTION WITH MIGHT BE A LITTLE DIFFERENT, BUT
M—
MAYBE WARM-ING UP...

RUN-
NING
...
IS
ALSO
NOT
THE
CAUSE
AND
ICING
TOO,
EVERY-
ONE
DOES IT
IT'S ALSO
NOT BE
CAUSE
OF COOL-
DOWNS

HM...
UHH~

24

AS I
THOUGHT
THE REA-
SON IS
OVERUSE...

FOGGY
FOGGY
OVER-USE...
AH!
I GET THE REASON FOR ROPE-PULLING!

25

YES! THAT'S WHY
DIDN'T WE ALREADY HEAR THE EXPLAN-ATION?
IT'S FOR BAL-ANCE
ISN'T IT?

IT'S ABOUT WHY WE NEED TO DO ROPE-PULLING TO GET BALANCE!

26

IN SPORTS WITH RACKETS, BESIDES THE SMASH, THEY HAVE
THE FORE-HAND AND BACK-HAND AS WELL
PITCHERS ONLY THROW,
AND THERE AREN'T MANY SIMILAR SPORTS POSI-TIONS. RIGHT?

I'VE GOT IT!
THERE ARE TENNIS PLAYERS WHO HIT WITH BOTH HANDS
AND IN VOLLEYBALL THERE ARE PLAYERS WHO HIT ONLY WITH THEIR LEFT HAND

27

PITCH-ERS
ONLY MAKE THIS MOVE-MENT!
THE THROWING MOTION IS IN EACH SPORT, BUT

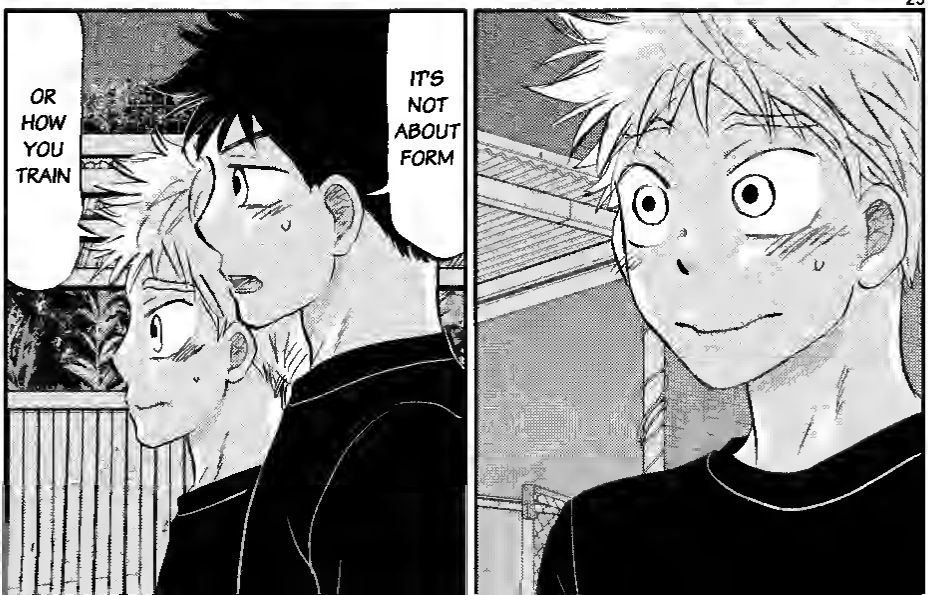
IN ADDITION, THEY DO THIS
WHOOSH
IN OTHER SPORTS THEY MIGHT ALSO DO THIS THROWING-LIKE MOTION 100 TIMES IN ONE MATCH, BUT
LIKE THAT, THEY NATURALLY TRAIN IN THE GAME, WITHOUT IT BEING ONE-SIDED
SWOOSH
OR THIS, ABOUT AS MUCH IN THE GAME!

28

IF YOU COMPEN-SATE WITH ROPE-PULLING SO IT WON'T BE ONE-SIDED,
THAT'S WHY
BUT THE PITCHER MOTION IS ONE-SIDED!

IT'LL BE HARDER TO GET INJURED,
RIGHT ?!
THAT IS
WHAT I THINK

29


IT'S NOT ABOUT FORM
OR HOW YOU TRAIN

Training is more effective if you tell them the reason for the exercises instead of just ordering it! Day one!

A NOTE FROM THE AUTHOR

HIGUCHI ASA

CHAPTER 125

Apparently, some headaches can be caused by low atmospheric pressure. I like rain, but there's a high probability it will result in a headache — such a pity! I always drink headache medication right away. It works instantly! Today I thought it had worked really well, but then I found my medication at the end of my table... I only took it out earlier, and didn't actually drink it. People's bodies are really a world of mysteries!

Oofuri Baka

OOFURI-BAKA.TUMBLR.COM | CH 126

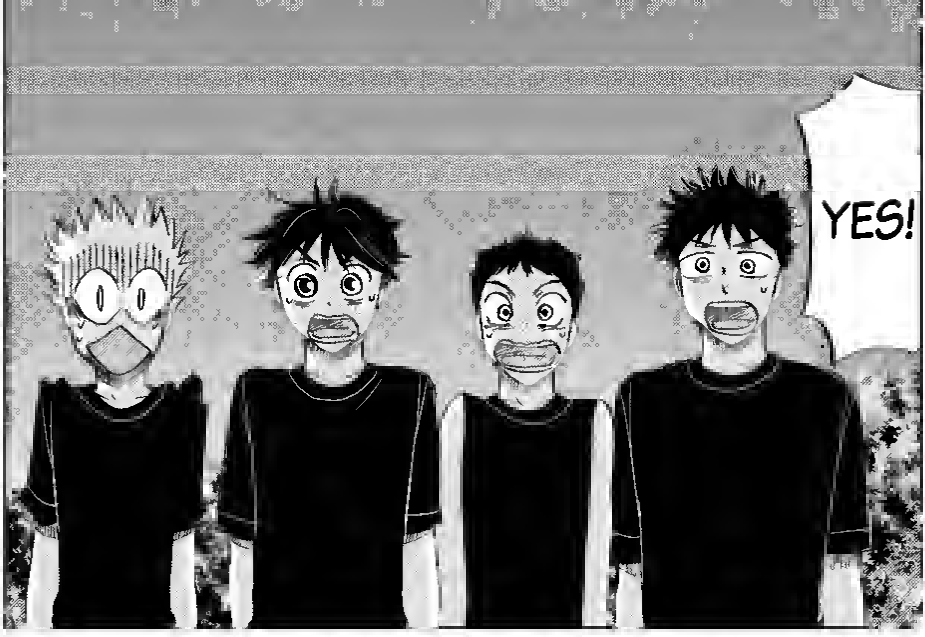
Translator: victoriel
Cleaner: baseballbirdschool, shiibaru
Typesetter: shiibaru

1

おおきく振りかぶって

126: Tajima's 5

ひぐちアサ


YES!

ree
ree
ree
ree
crunch
crunch
rumble
rumble
crunch
crunch
ree
ree
ree

2

AM CONFI-DENT I'LL FALL ASLEEP!
...I
ree
ree

L-
LET'S DO OUR BEST!
LET'S GO HOME!
ree
ree

M...
ME TOO!

I'LL COME TOO!
EH?
...I'LL COME AFTER I EAT DINNER

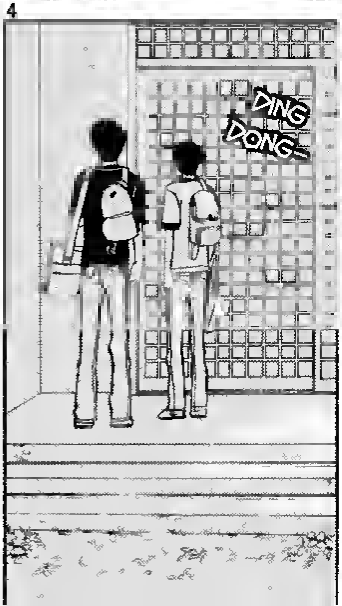
3

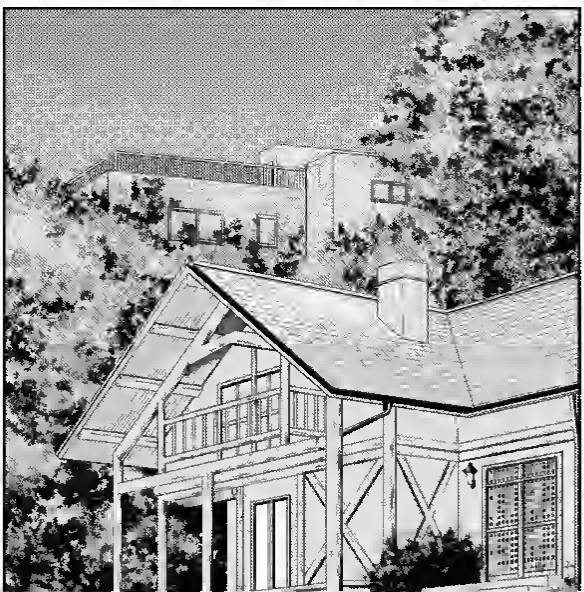
I'LL BRING YOUR BAG, SO HEAD HOME ALREADY
grab
YOUR HOUSE IS THE EASIEST TO MEET AT
OR SHOULD I G-GO ...TO YOURS?
T-
TO MY HOUSE ?!

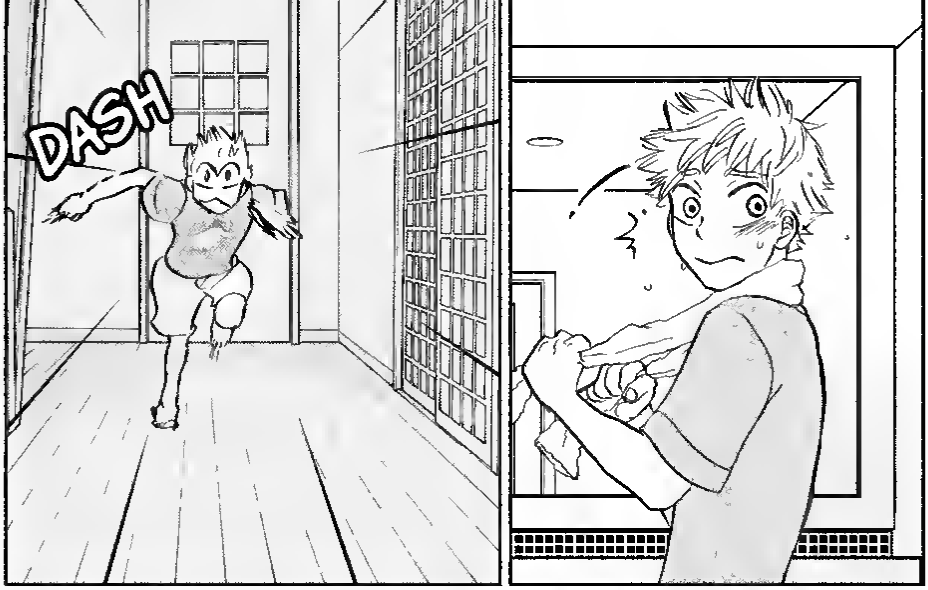
DO OUR BEST!
LET'S ALL
I'LL DO MY BEST ON MY OWN
MY HOUSE IS FAR, SO I WON'T COME
I'LL CALL YOU

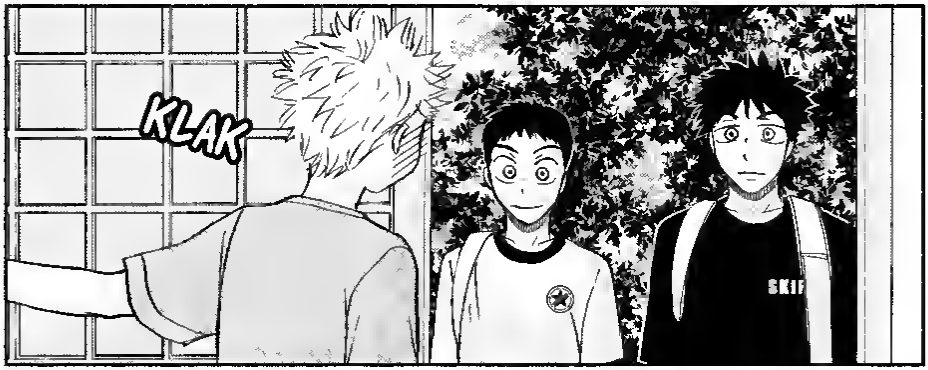
YEAH

4


DING DONG

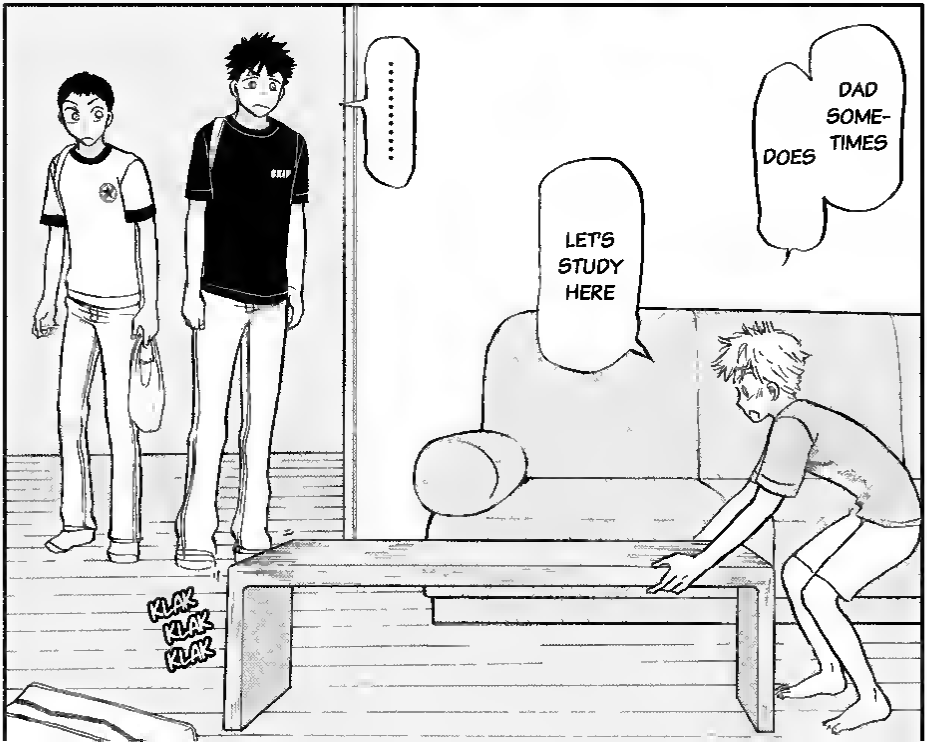




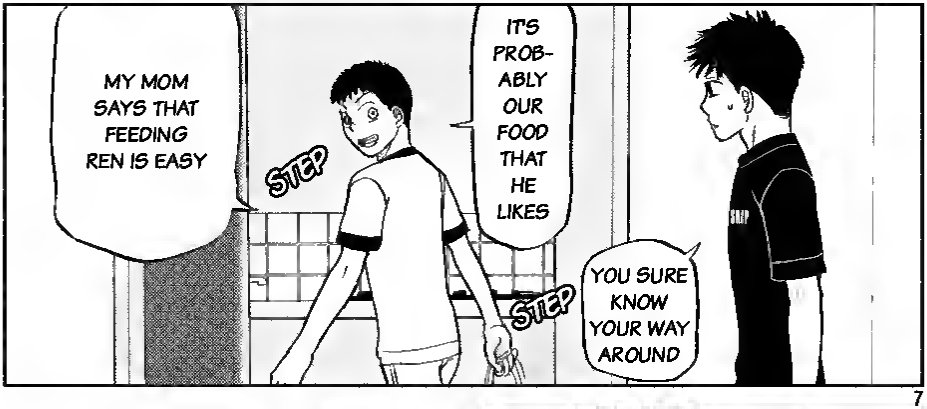


5

SOME-TIMES THEY COME HOME EARLY
NOT... AL-WAYS
THANKS FOR BRING-ING MY BAG!
YEAH, UNTIL ABOUT 10 PM
ARE YOU ALWAYS ALONE UNTIL THAT LATE?


DAD SOME-TIMES DOES
.....
LET'S STUDY HERE
KLAK KLAK KLAK

I LIKE
YUU-KUN'S HOUSE!
WELL, IT'S NOT GOOD FROM A CARETAKING PERSPECTIVE, RIGHT?
THAT'S WHY WE INVITE HIM TO OUR PLACE

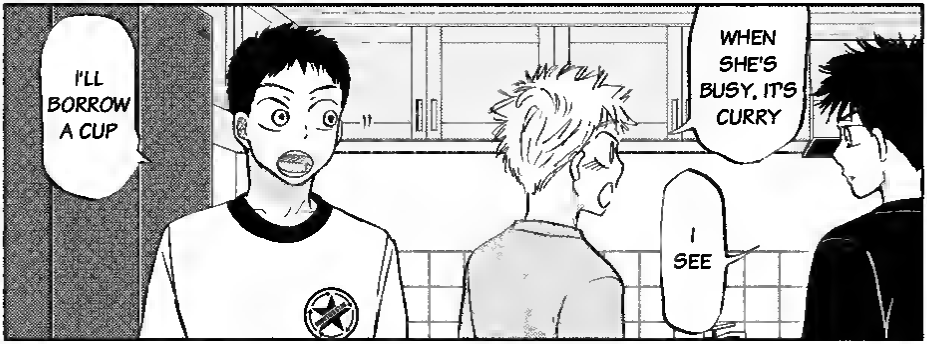

MY MOM SAYS THAT FEEDING REN IS EASY
STEP
IT'S PROBABLY OUR FOOD THAT HE LIKES
STEP
YOU SURE KNOW YOUR WAY AROUND

7

NO NEED TO WORRY, HUH
I'M OPENING THE FRIDGE
SLIDE

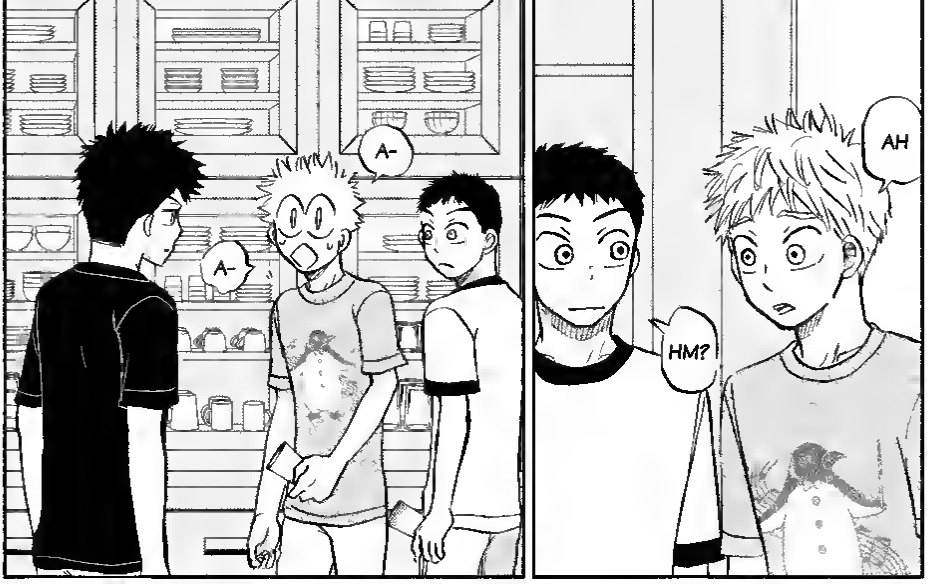
OH YEAH, HIS DINNER...
SKIP

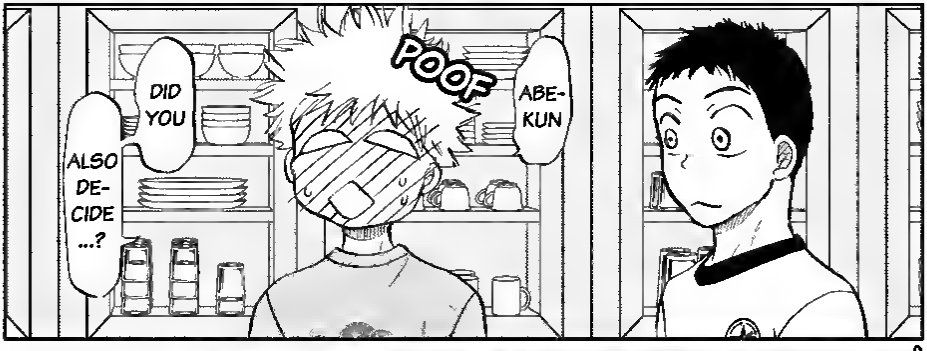
ICE CREAM
THE FRIDGE IS FULL ...
NO SPACE FOR ICE CREAM
WHEN SHE HAS TIME IN THE MORN-ING SHE
COOKS A LOT OF RICE
BUT YOUR MOM'S AMAZING FOR COOKING THIS MUCH WHILE WORKING
SKIP


I'LL BORROW A CUP
WHEN SHE'S BUSY, IT'S CURRY
I SEE

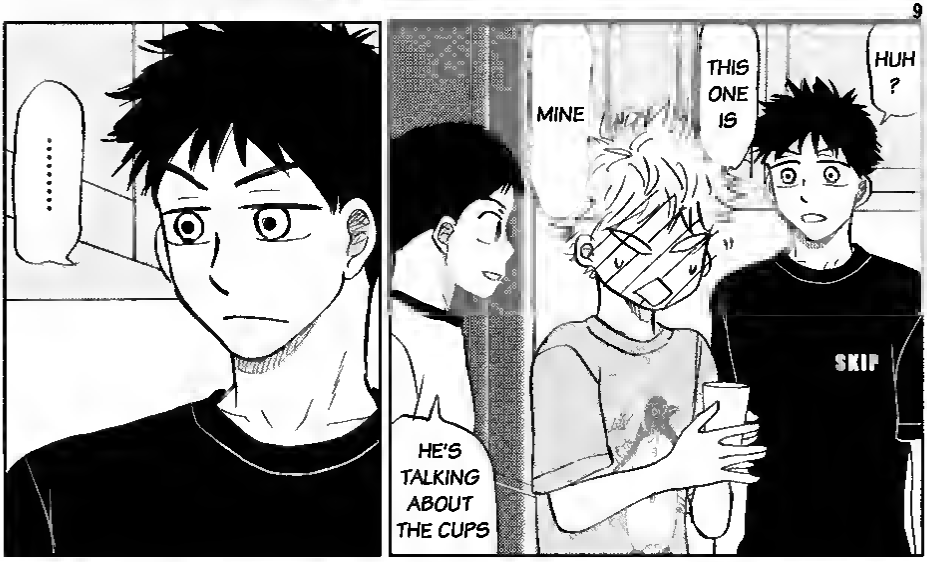
8

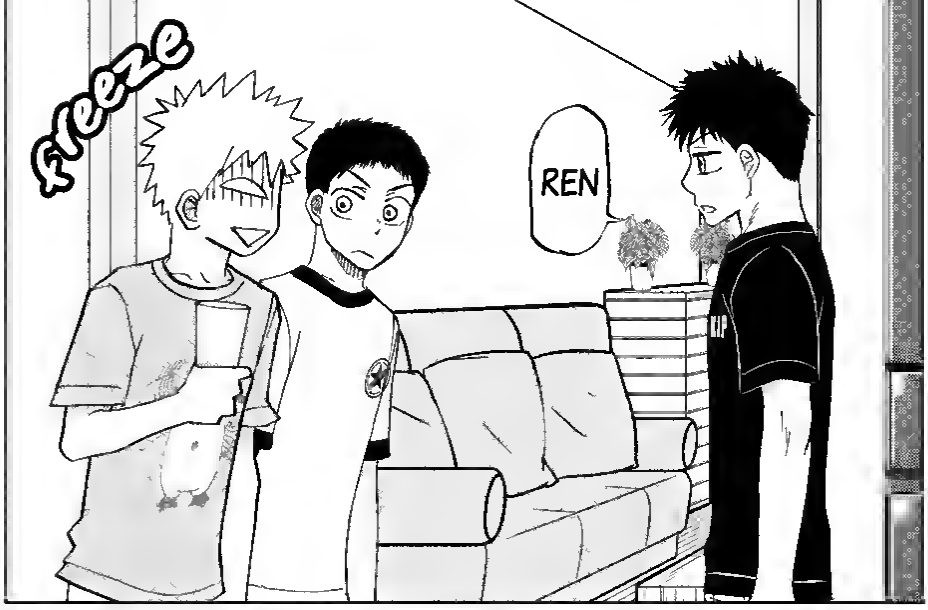
AH YUU-KUN'S CUP IS HERE
SKIP


A-
A-
AH
HM?


POOF
DID YOU ALSO DE-CIDE ...?
ABE-KUN

9


.....
HE'S TALKING ABOUT THE CUPS
MINE
THIS ONE IS
HUH ?
SKIP


freeze
REN

I'LL USE THIS ONE
RE-N
HE FROZE
shake
shake
OKAY ?

10

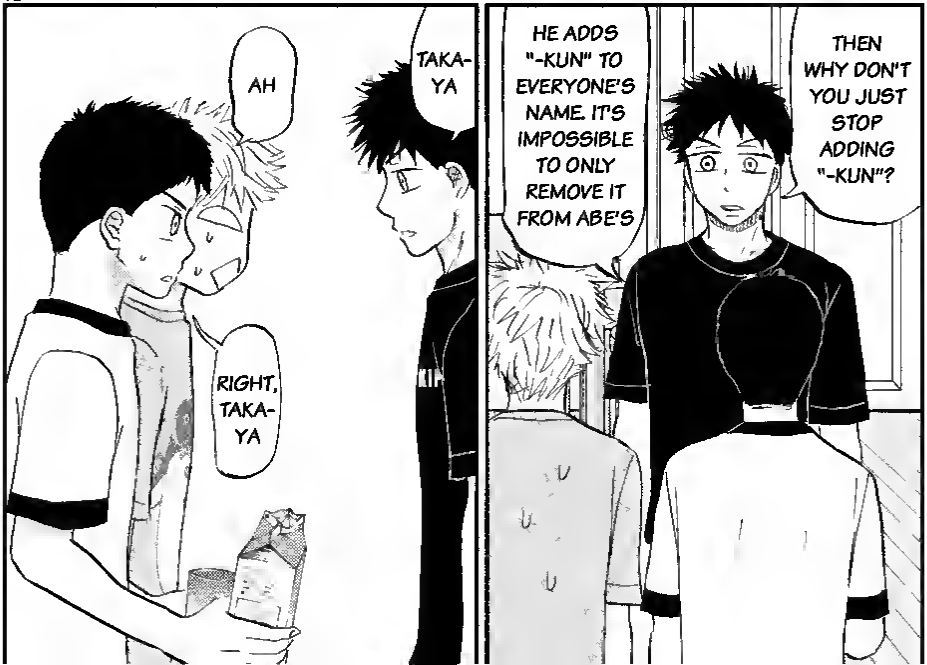
CAN I DRINK MILK? I'M THIRSTY
OPEN
creak
IS THAT OKAY ?
creak

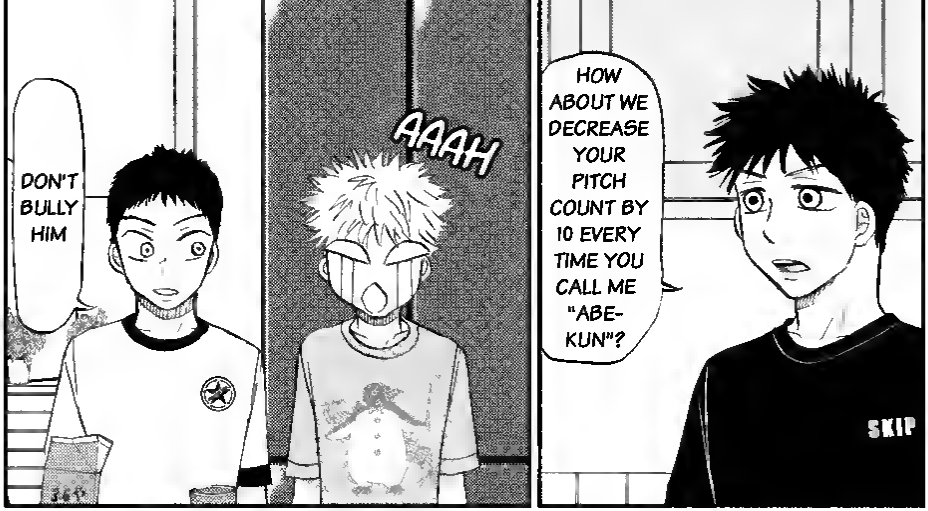
ABE-KUN TOO?
AH
Pour
YEP
ME TOO
NOT ABE, BUT TAKAYA
SKIP
READY, AND
IT'S TAKAYA. TAKAYA.
?
gulp
gulp

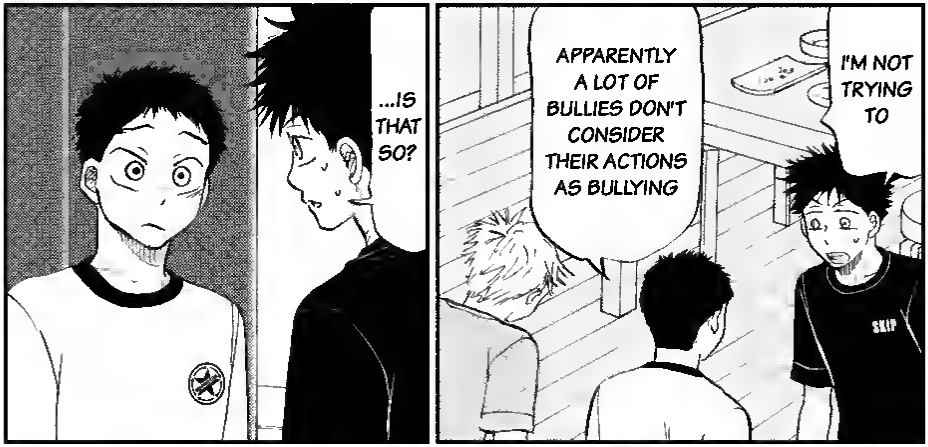
TAKA-YA
open close
open close

IT SEEMS LIKE THERE'S A PROGRAM-MING ERROR

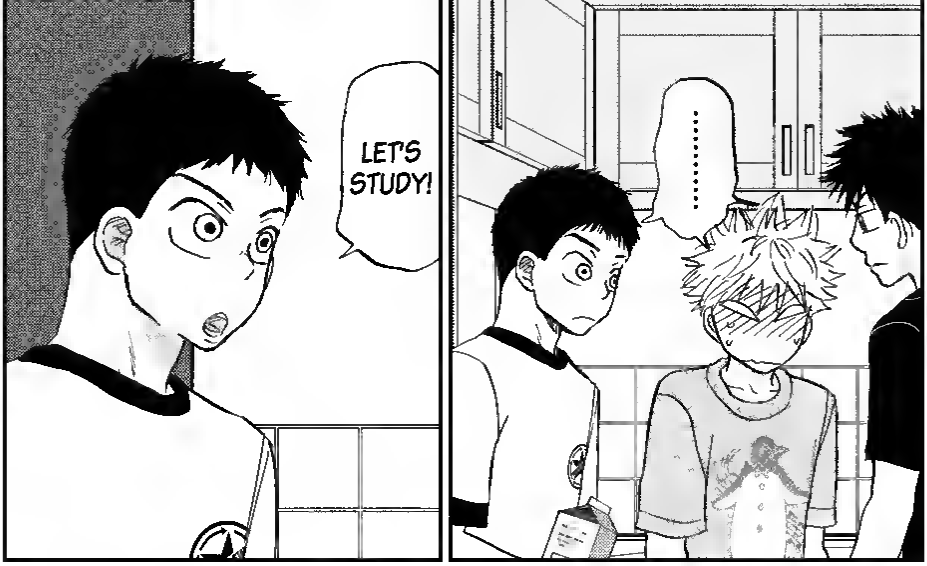
12

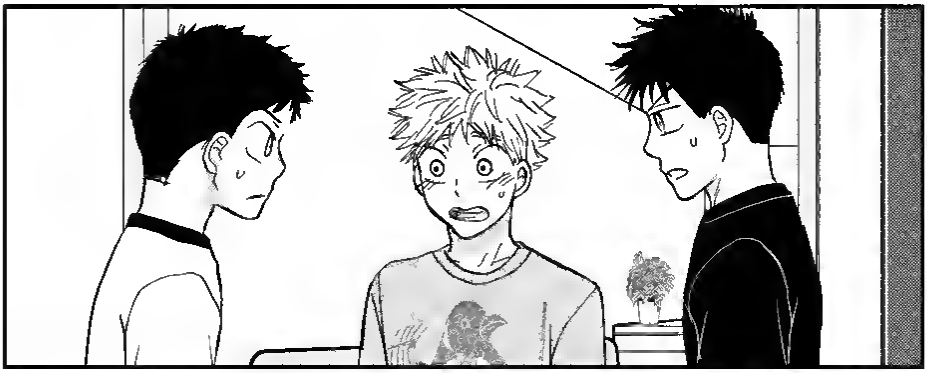

TAKA-YA
AH
RIGHT, TAKA-YA
HE ADDS "-KUN" TO EVERYONE'S NAME. IT'S IMPOSSIBLE TO ONLY REMOVE IT FROM ABE'S
THEN WHY DON'T YOU JUST STOP ADDING "-KUN"?


DON'T BULLY HIM
AAAH
HOW ABOUT WE DECREASE YOUR PITCH COUNT BY 10 EVERY TIME YOU CALL ME "ABE-KUN"?
SKIP

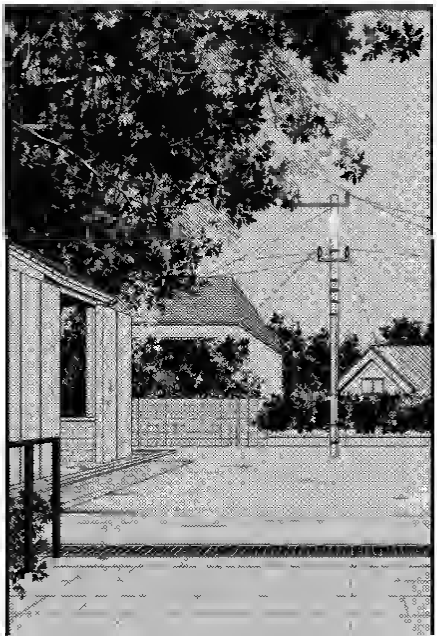

...IS THAT SO?
APPARENTLY A LOT OF BULLIES DON'T CONSIDER THEIR ACTIONS AS BULLYING
I'M NOT TRYING TO
SKIP

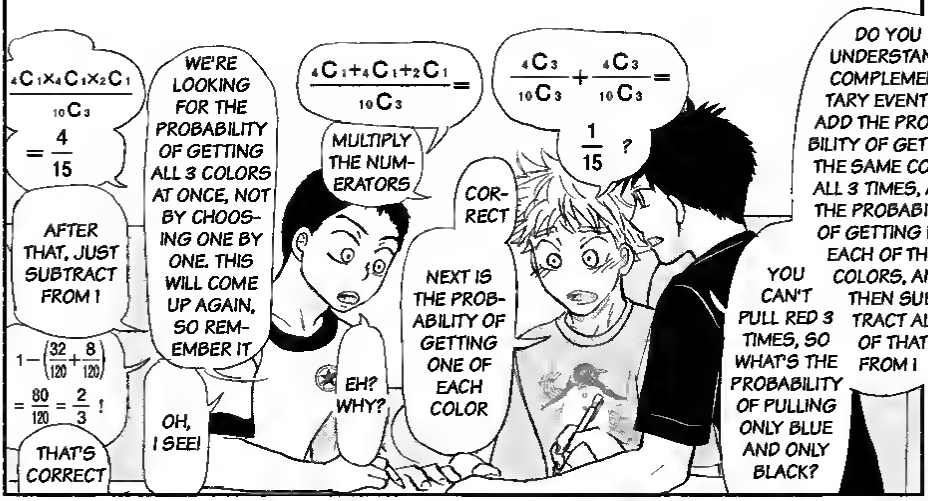
I SEE
THAT'S GOOD
IN THIS CASE
WELL, IT'S NOT LIKE YOU'RE THE ONLY CAUSE OF THIS
Scrub Scrub



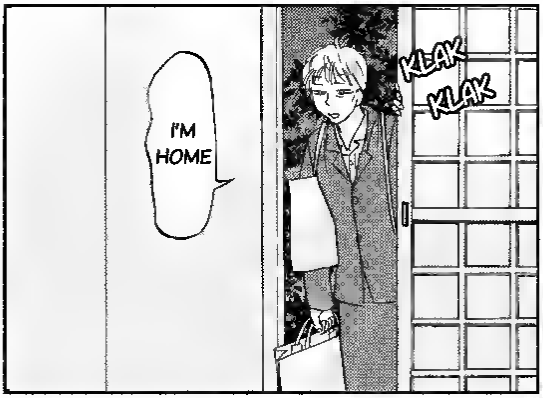


14




DO YOU UNDERSTAND COMPLEMENTARY EVENTS? ADD THE PROBABILITY OF GETTING THE SAME COLOR ALL 3 TIMES, AND THE PROBABILITY OF GETTING 1 OF EACH OF THE 3 COLORS, AND THEN SUBTRACT ALL OF THAT FROM 1
YOU CAN'T PULL RED 3 TIMES, SO WHAT'S THE PROBABILITY OF PULLING ONLY BLUE AND ONLY BLACK?
$\frac{{}_4C_3}{{}_{10}C_3}+\frac{{}_4C_3}{{}_{10}C_3}=\frac{1}{15}$?
CORRECT
NEXT IS THE PROBABILITY OF GETTING ONE OF EACH COLOR
$\frac{{}_4C_1+{}_4C_1+{}_2C_1}{{}_{10}C_3}=$
MULTIPLY THE NUMERATORS
EH? WHY?
WE'RE LOOKING FOR THE PROBABILITY OF GETTING ALL 3 COLORS AT ONCE, NOT BY CHOOSING ONE BY ONE. THIS WILL COME UP AGAIN, SO REMEMBER IT
OH, I SEE!
$\frac{{}_4C_1\times{}_4C_1\times{}_2C_1}{{}_{10}C_3}=\frac{4}{15}$
AFTER THAT, JUST SUBTRACT FROM 1
$1-\left(\frac{32}{120}+\frac{8}{120}\right)=\frac{80}{120}=\frac{2}{3}$!
THAT'S CORRECT

15

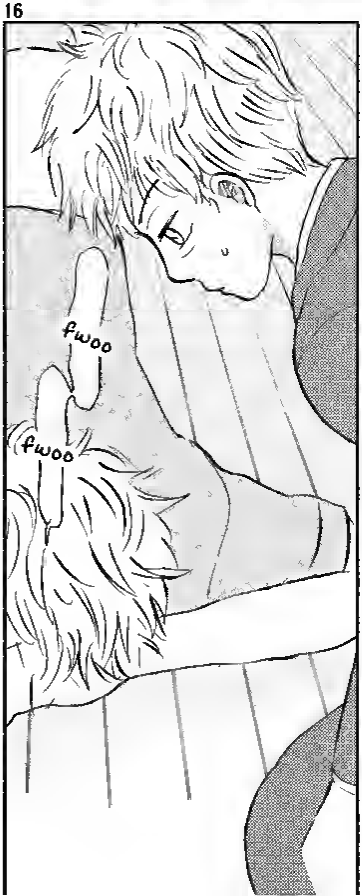

I'M HOME
KLAK KLAK

VROOM

THERE'S A LOT OF REN'S SHOES...

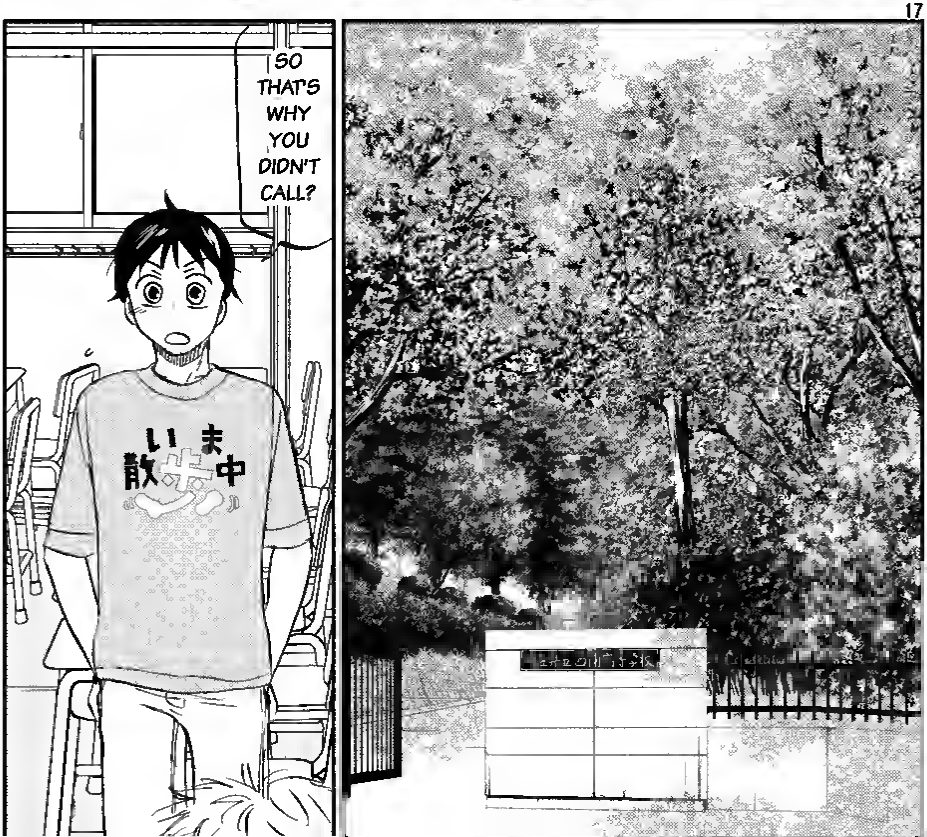
73

16

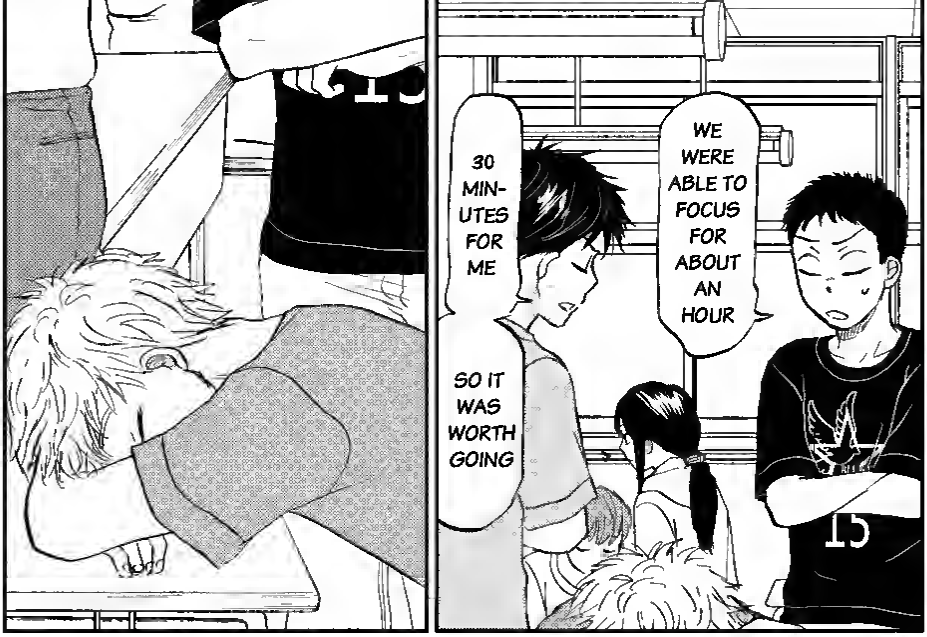


74

17

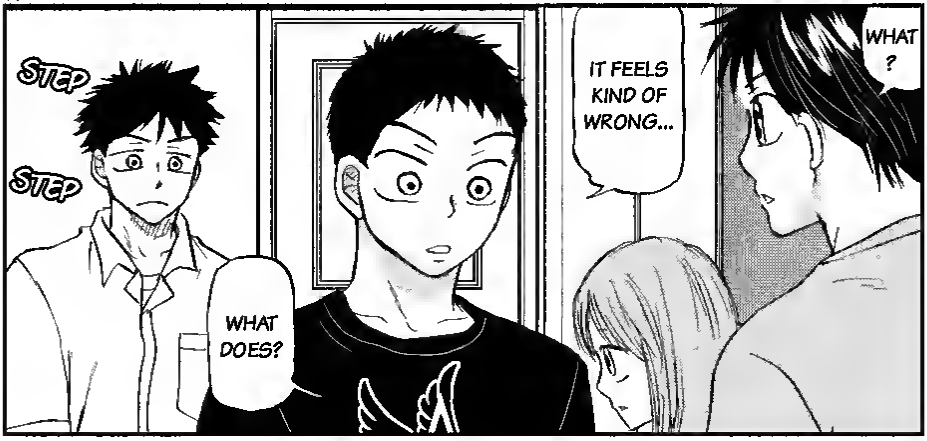


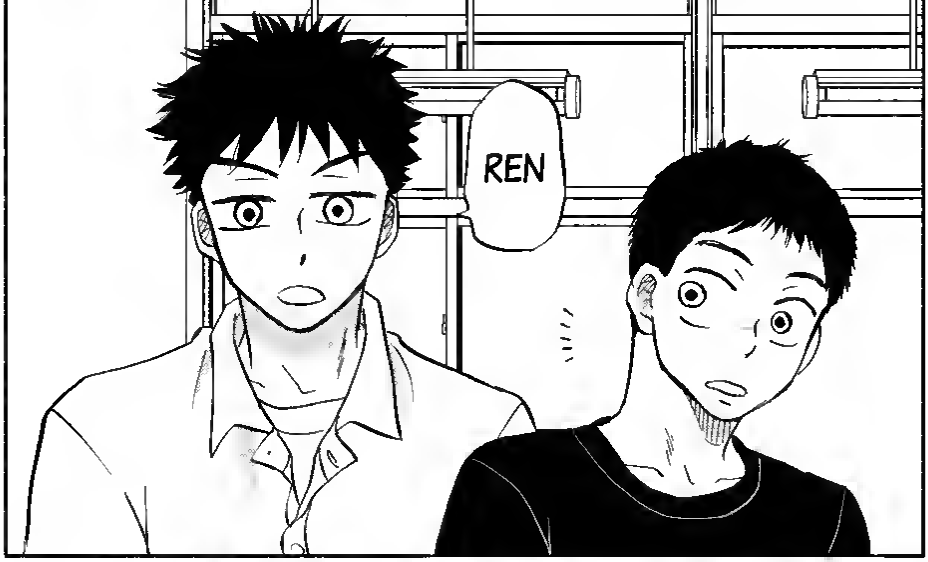
Izumi's shirt reads. "on a walk"

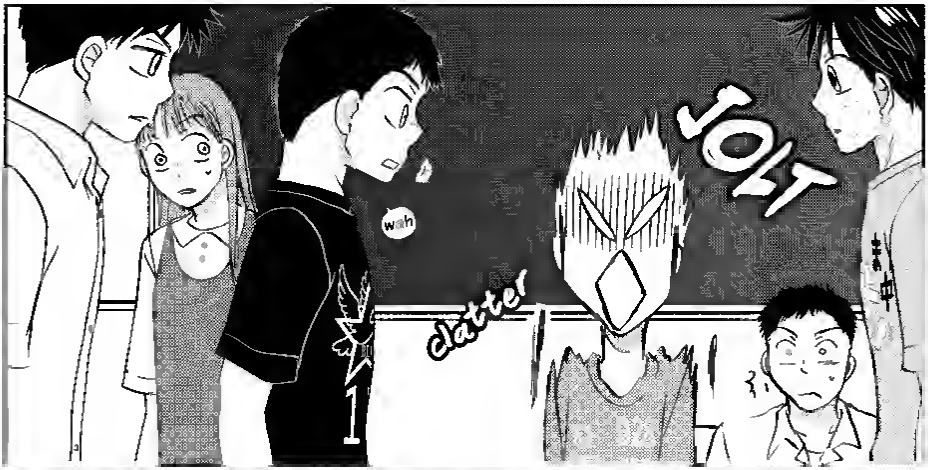

WE WERE ABLE TO FOCUS FOR ABOUT AN HOUR
30 MIN-UTES FOR ME
SO IT WAS WORTH GOING

..."MI-HASHI" ...
SO MIHA-SHI HASN'T HAD ENOUGH OF RUNNING HERE, HUH

18


STEP
STEP
WHAT DOES?
IT FEELS KIND OF WRONG...
WHAT ?

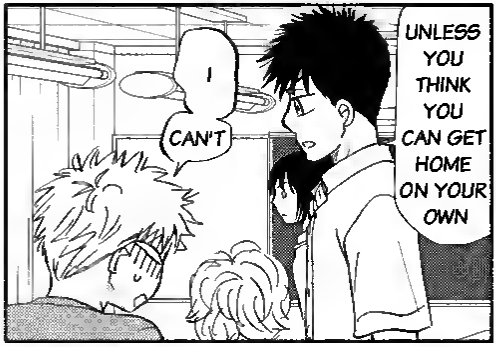

REN

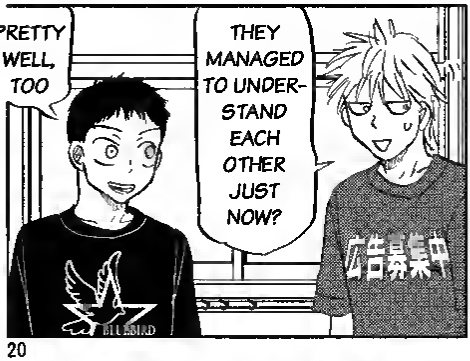

JOLT
with
clatter

19

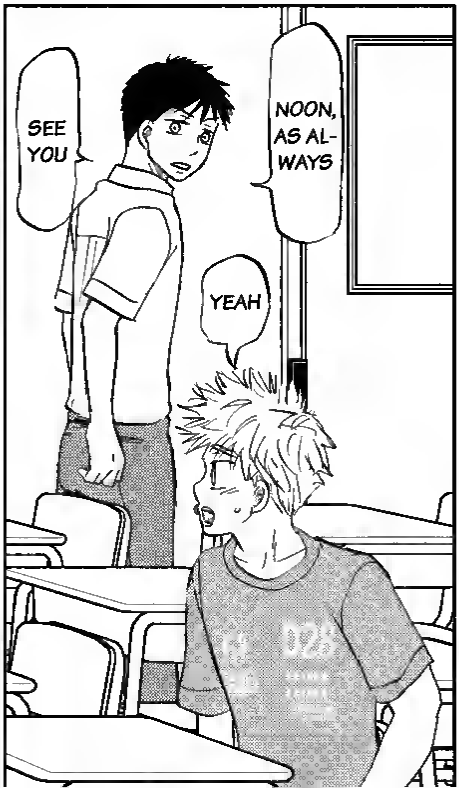
DID YOU RUN HERE AGAIN TODAY?
TAKE MY BICYCLE HOME TODAY
EH? WHY?

77

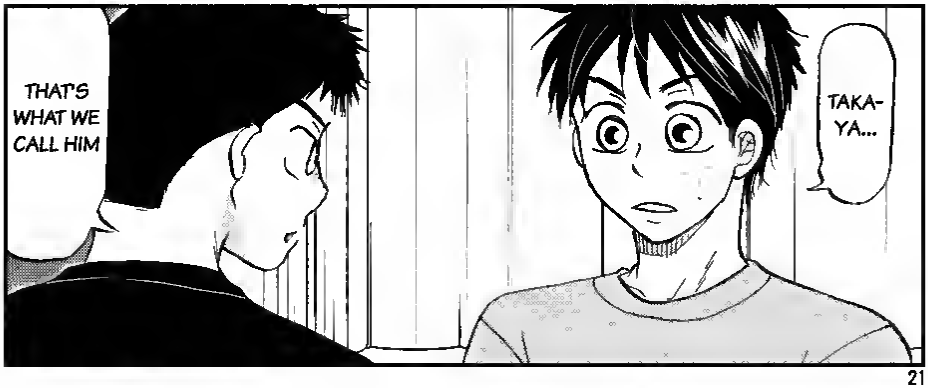


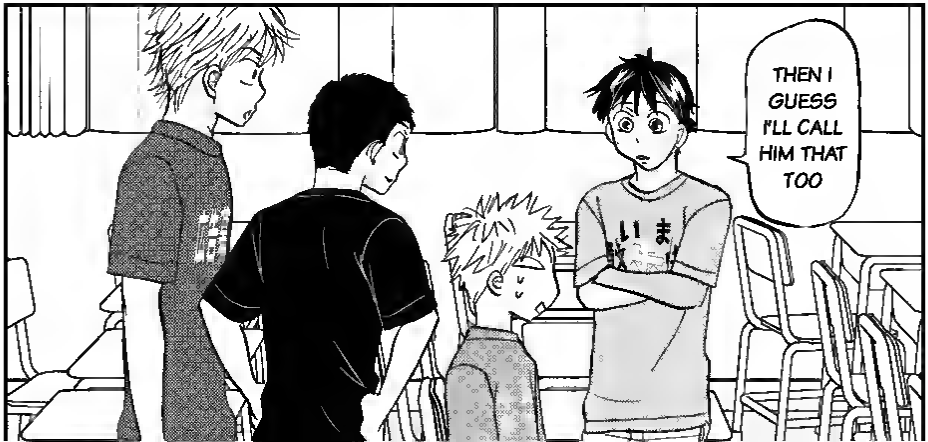


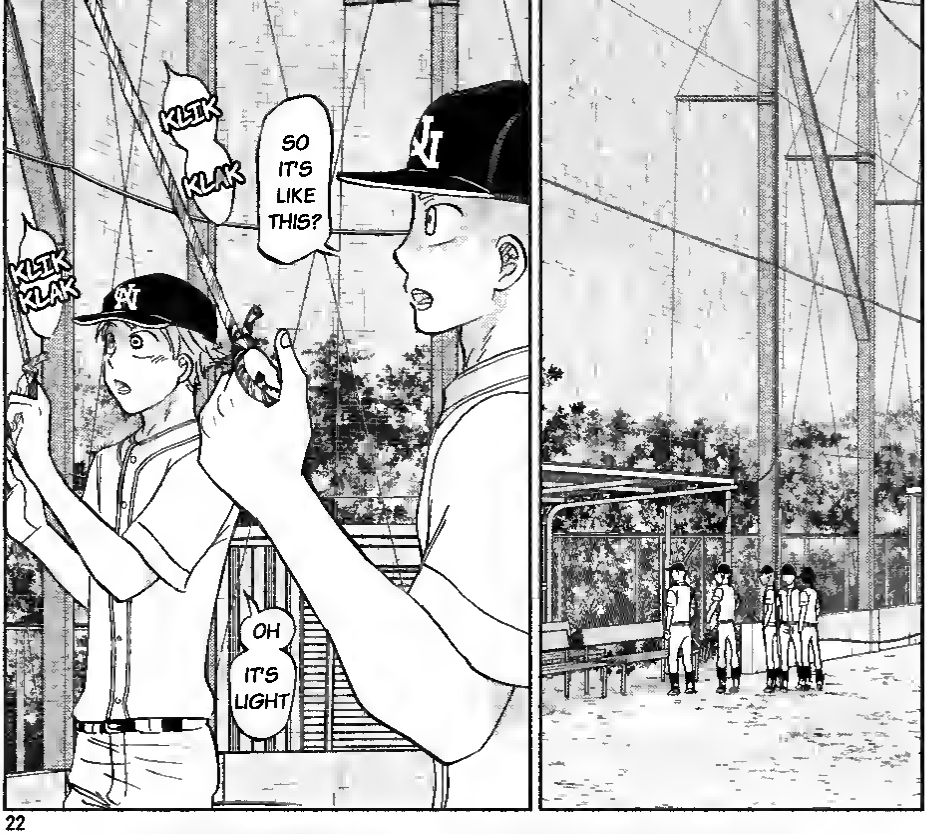
Hama's shirt reads. "advertisement wanted"



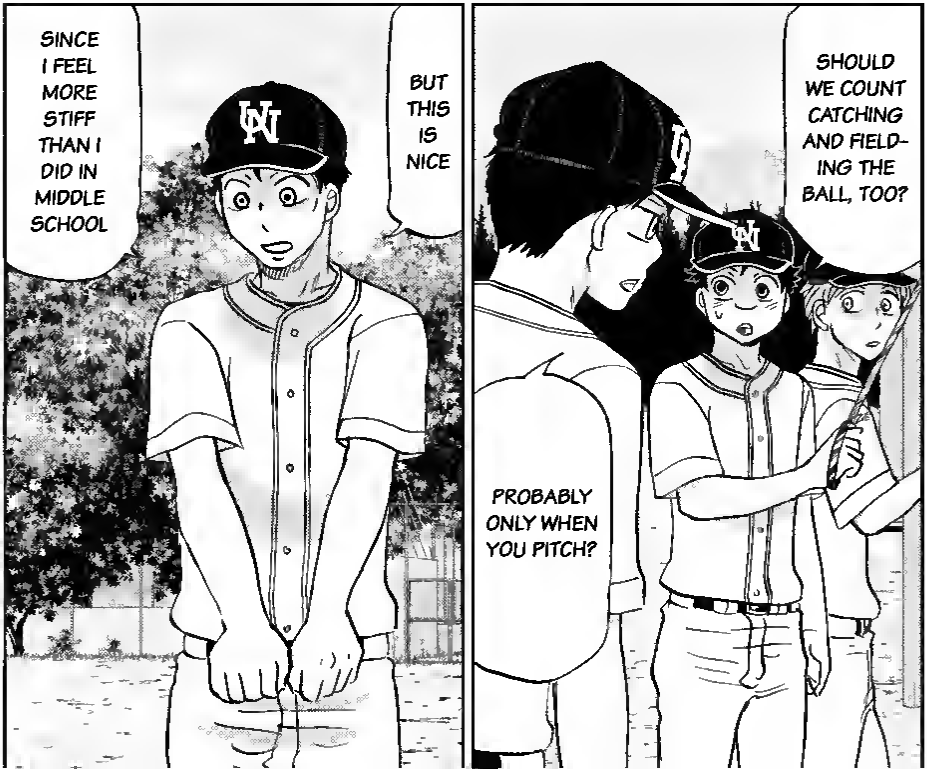
EITHER REN WILL GET USED TO IT, OR TAKAYA WILL GET TIRED OF IT
SO IT'S "REN", HUH?
DID SOME-THING HAPPEN YESTER-DAY?
NO?


THAT'S WHAT WE CALL HIM
TAKA-YA...


THEN I GUESS I'LL CALL HIM THAT TOO


KLIK
KLAK
SO IT'S LIKE THIS?
KLIK KLAK
OH IT'S LIGHT

22

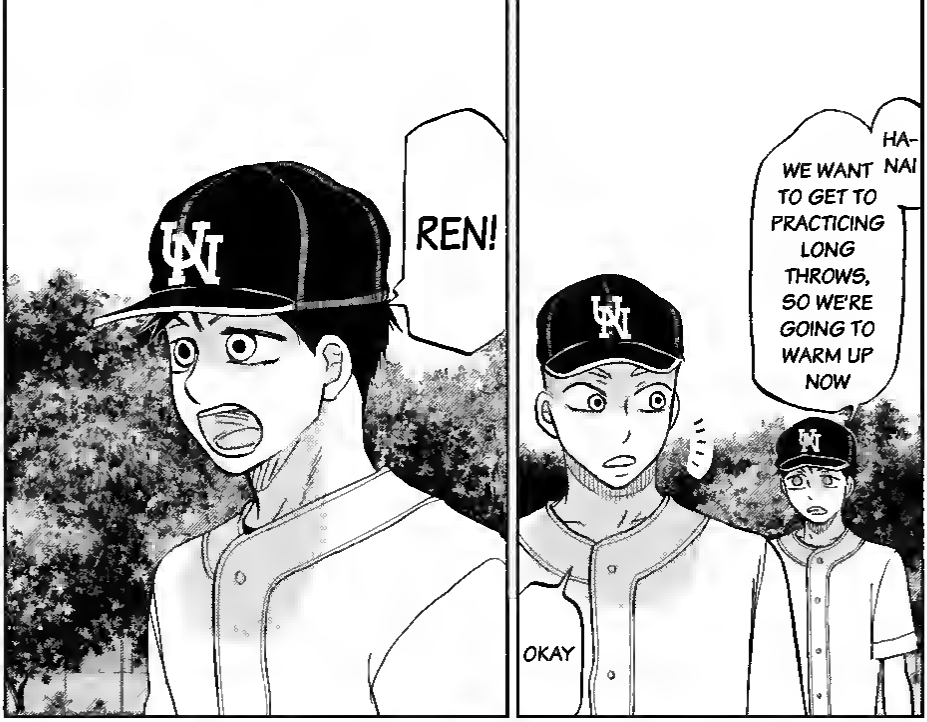

SINCE I FEEL MORE STIFF THAN I DID IN MIDDLE SCHOOL
BUT THIS IS NICE
SHOULD WE COUNT CATCHING AND FIELDING THE BALL, TOO?
PROBABLY ONLY WHEN YOU PITCH?

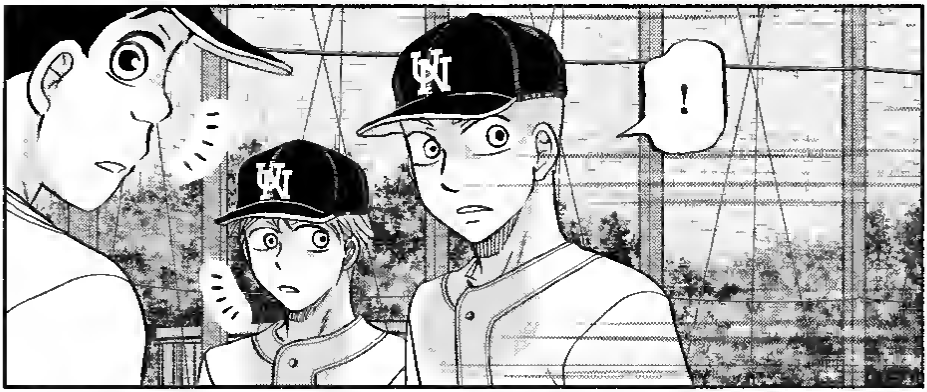
REALLY? WHAT ABOUT NOW?
AND MY SHOULDERS HURT BEFORE, TOO
YEP, LONG DISTANCE
YOU WERE IN TRACK AND FIELD, RIGHT?
SEEMS LIKE THAT'D BE THE MOST BALANCED

THEN IT WAS PROBABLY MUSCLE INFLAMMATION
IT WENT AWAY WITHOUT ME REALIZING
AH, I'M FINE NOW

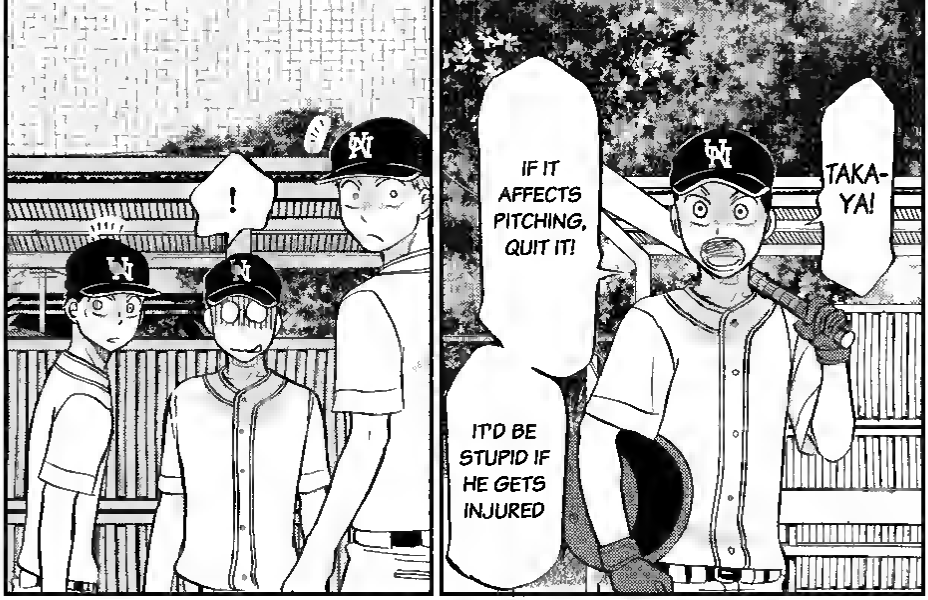
23

SO HE DOESN'T JUST WORRY ABOUT MIHASHI GETTING INJURED
SINCE THAT CAN LEAD TO A TERRIBLE INJURY
BUT NEXT TIME, TELL US


REN!
HA-NAI
WE WANT TO GET TO PRACTICING LONG THROWS, SO WE'RE GOING TO WARM UP NOW
OKAY

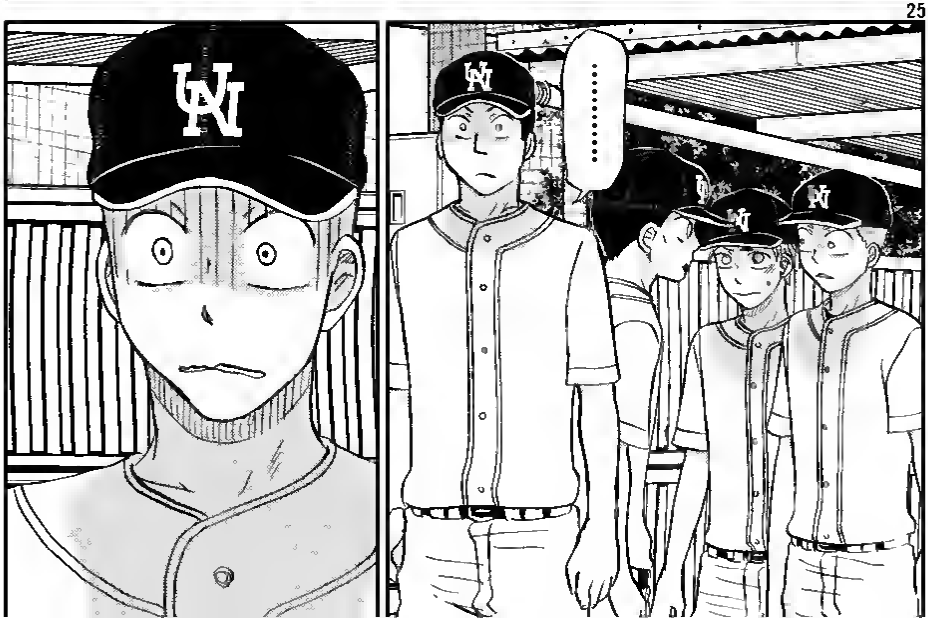

!

DASH
Jo'k


!
!!
TAKA-YA!
IF IT AFFECTS PITCHING, QUIT IT!
IT'D BE STUPID IF HE GETS INJURED

T-
THANK YOU
YUU-KUN
SOB—

25


.....

WHAT'S GOING ON...?!
YOU MEAN THE NAMES?
THIS HAPPENS IF YOU GO TO TAJIMA'S HOUSE
grab
squeeze

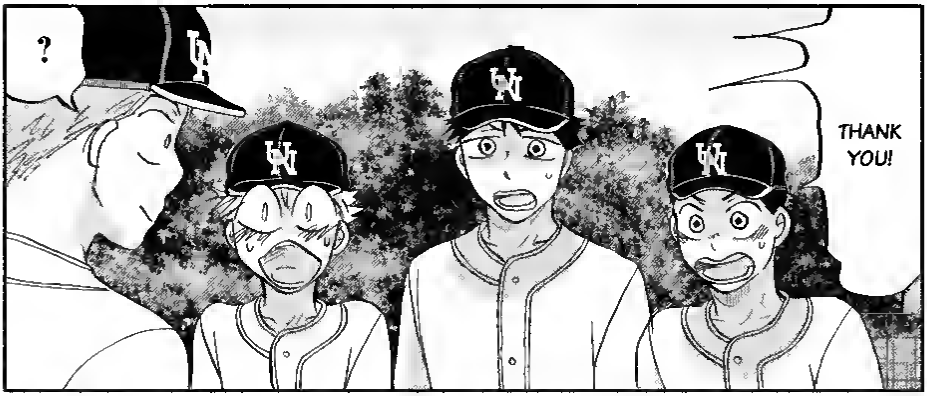
WHAT WILL HAPPEN IF I GO?

I'M GOING HOME TO STUDY TODAY, SO... HANAI, WHY DON'T YOU GO INSTEAD?

26

A LOT OF PEOPLE WILL CALL YOU BY YOUR FIRST NAME, REPEATEDLY

THEN I'LL GO!
I...
I'LL JOIN THE STUDY GROUP TOO
AH~
I WON'T GO
REAL-LY?


?
THANK YOU!

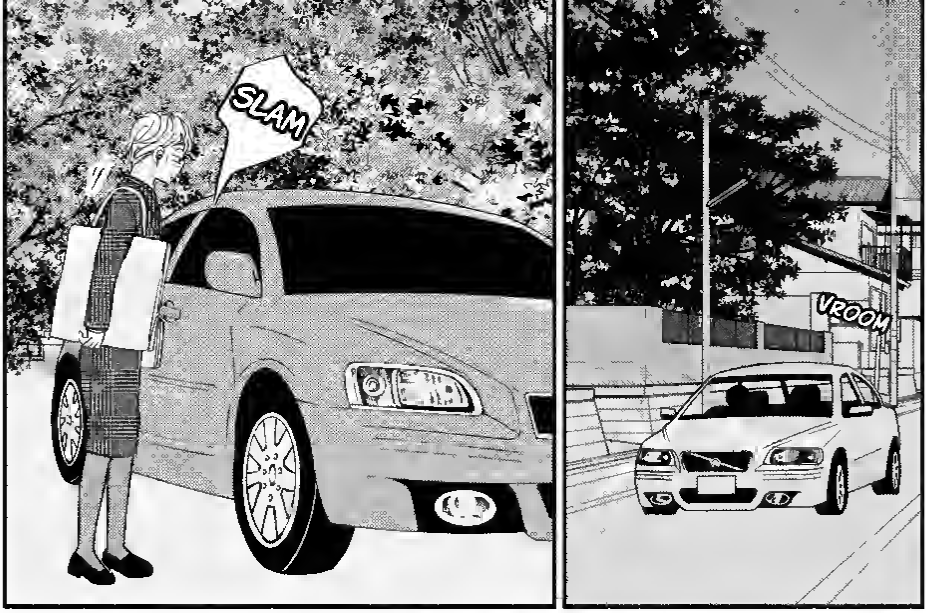
27

WOW —!
WOW —!

WOW —!

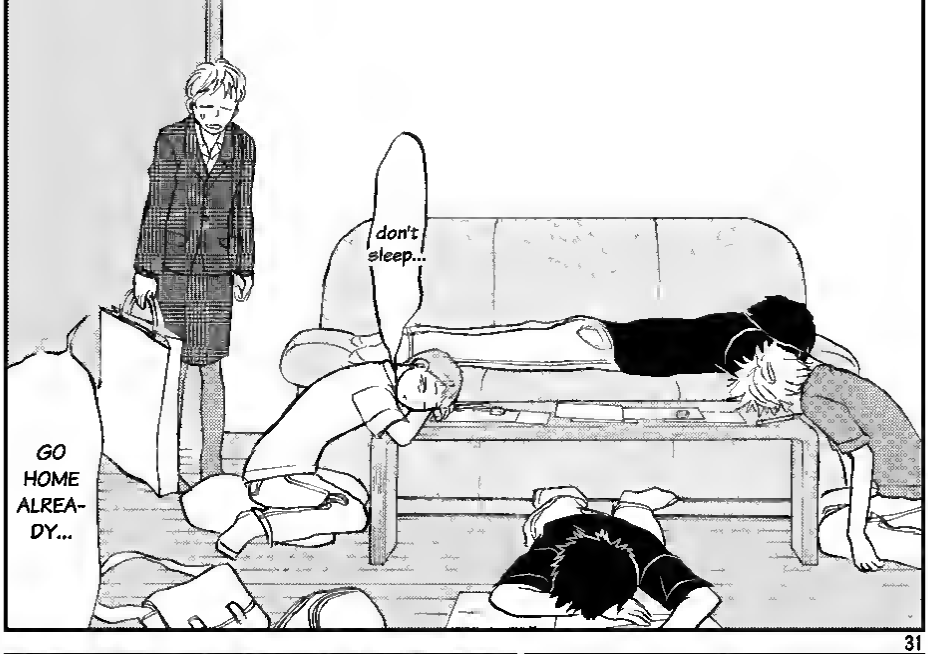
YUUTO, WHAT'S YOUR NUMBER IN THE LINE-UP?
I'M OFTEN BATTER #2
BUT I WAS #6 THE OTHER DAY
SMACK
LIFT
FWIP

TWIST
LIFT
29
16
Klik
klak
15
whoosh
whoosh
whoosh
whoosh


SLAM
VROOM

I'M HOME ...
OH, THE SHOES AGAIN...

?
don't— sleep—

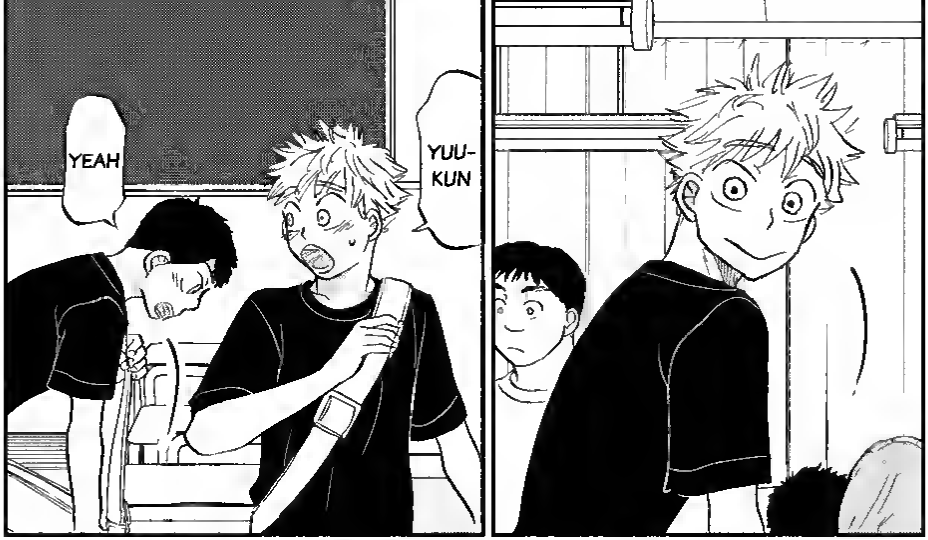


31

ANO THE FIRST DAY OF EXAMS ARRIVED
DING DONG
DING DONG
You're tilting
WHAT'S WRONG?

32

REN


YEAH
YUU-KUN

DOES MIHASHI CALL ABE BY HIS FIRST NAME, TOO?
SO HE GOT USED TO IT...

33

GRANDPA SAID TO GATHER EVERYONE AT OUR HOUSE AFTER MID-TERMS ARE OVER
HEY
IS IT ALRIGHT TO PRACTICE DURING EXAMS?
Even brought the sports bags...
BUT
I SEE ...
HE PROBABLY CAN'T EVEN CALL HIM "ABE (-KUN)"
H1

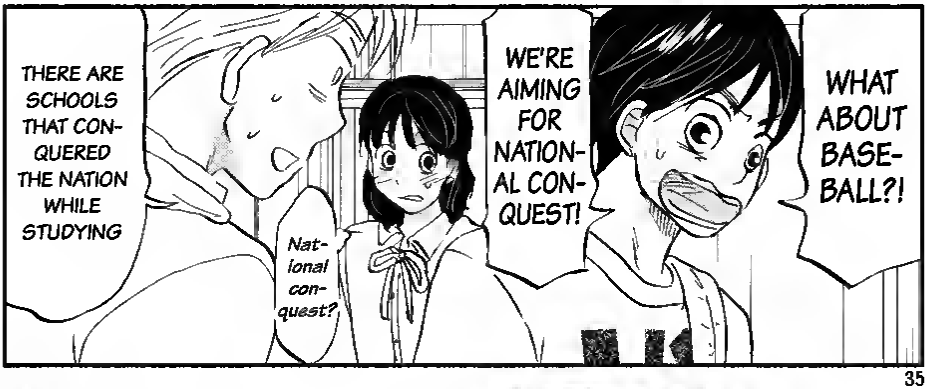
EH?! I CAN ?!
HAMA-OA, YOU COME TOO
I'LL GO!
FOR BAR-BE-QUE!
THAT MEANS EVERY-ONE'S COMING...

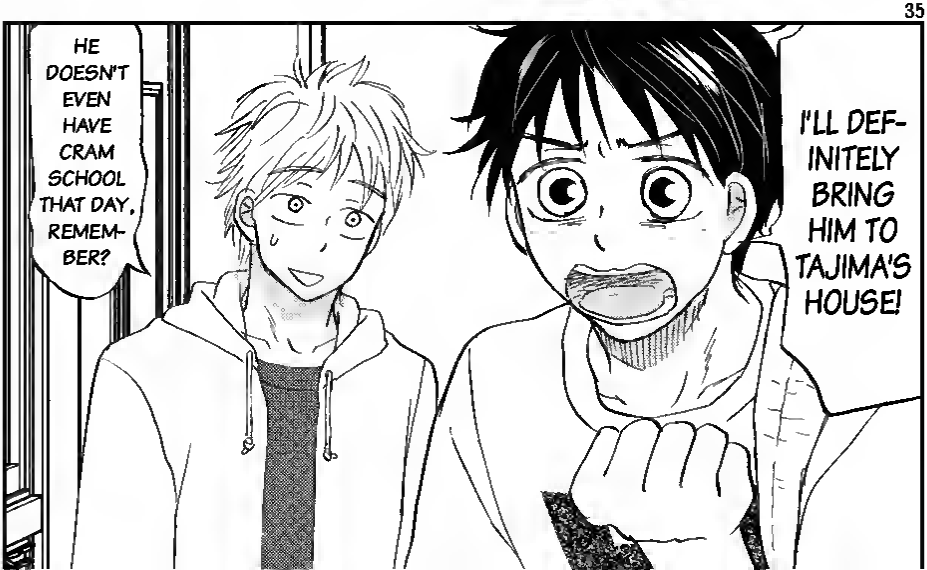
HE DOESN'T HAVE CRAM SCHOOL THAT DAY... SO WHY?
MAYBE HE'S BUSY?
...OR NOT. HANAI OION'T REPLY

It's really admir-able...
ON HIS WAY BACK FROM CLUB ACT-IVITIES, HE GOES TO ONE OR TWO VIDEO LECTURE SESSIONS
HE START-EO GOING
EH? HE GOES TO CRAM SCHOOL?!

NO, NO, DOESN'T HE JUST HAVE A UNIVERSITY HE WANTS TO GO TO?
HE HAS TWIN LITTLE SISTERS, RIGHT?
SO ISN'T HE THINKING THAT HE CAN'T END UP AS A RONIN*?
KA-
OUTRAGEOUS!
BOOM!

* A student who fails to get into their desired university, and is planning on retaking the entrance exams


THERE ARE SCHOOLS THAT CONQUERED THE NATION WHILE STUDYING
National conquest?
WE'RE AIMING FOR NATIONAL CONQUEST!
WHAT ABOUT BASEBALL?!



There's also meaning behind this rivalry! Definitely!

A NOTE FROM THE AUTHOR

HIGUCHI ASA

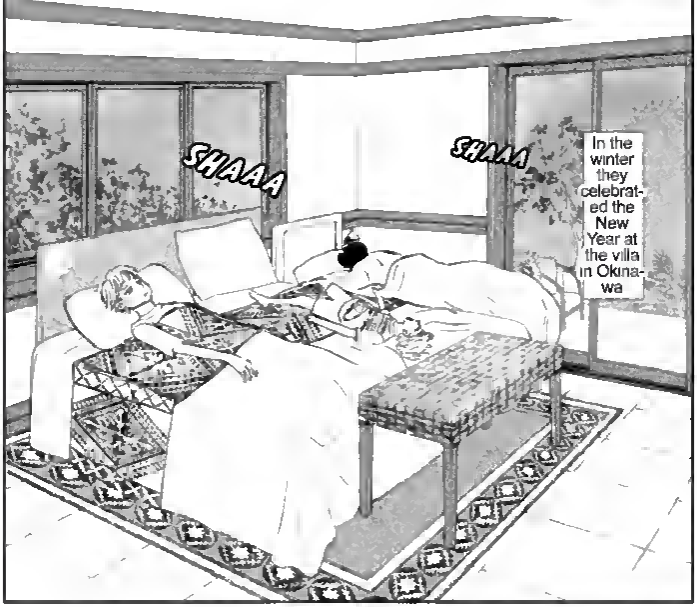
CHAPTER 126

It's already December again. Time flows too fast, and it doesn't feel like the end of the year at all, but I'm looking forward to the winter holidays...! This year too, thank you very much. I'll see you next year!

and the 3 of them became able to attend familial events

They reconciled with the Mihashi family.
MIHASHI-MAMA'S STORY

in the summer they spent several days at the villa in Karuizawa

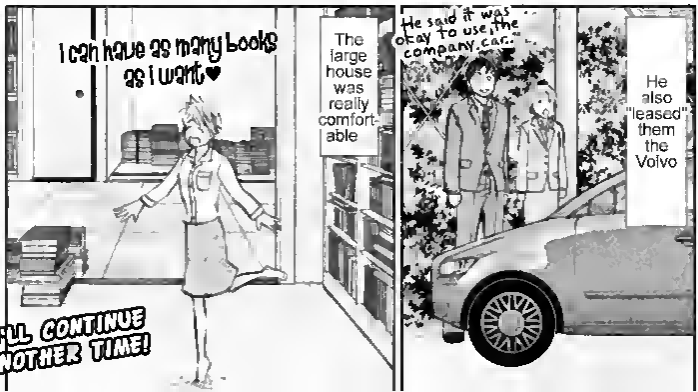

SHAAA
SHAAA
In the winter they celebrated the New Year at the villa in Okinawa

but looking at the photo of her Mom and Dad, she buried those feelings at the bottom of her heart
She wears two layers of socks in the house
The sound of waves really calms you down...
She was overwhelmed while being tormented by an inferiority complex.

Mihashi-grandpa had a merit system so there was no jealousy among the staff
Mi-hashi-papa started working at Miho-shi Gakuen
Mihashi-mama was grateful for Mihashi-grandpa's fairness
And everyone in the Mihashi family treated Mihashi-mama favorably too
One day Mihashi-grandpa searched for Mihashi-mama's house on his way back from a busi-ness trip
but he had never exp-ressed it openly
Mihashi-grandpa wished that Mihashi-mama's family lived in Gunma Prefecture too

He ended up buying them a house
and saw the Creeking Rust Apartments

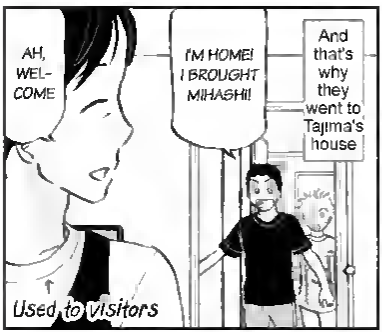
They were told that Mihashi-grandpa was going to rebuild the house but they politely declined mended the roof and facade and started living there
Are we going to live here? Hey! Are we going to live here?
The station is 10 minutes away by foot. South-facing. Quiet residential area. An old house. ~430m². 130 million yen...?
Of course they were taken aback but they let themselves be convinced that it wasn't a "present" but just a lease and took advantage of his generosity


I can have as many books as I want♥
The large house was really comfortable
He said it was okay to use the company car.
He also "leased" them the Volvo
WE'LL CONTINUE ANOTHER TIME!

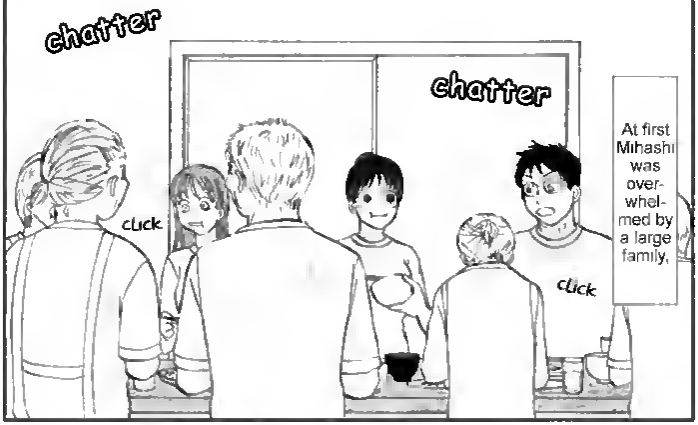
ABOUT THE TAJIMA FAMILY
I know this is sudden.. but those who have v8 please look at the last chapter
After they went to get a massage Tajima asked..
ahnn
NECK
GHOUL
It felt so good~
30 min
1480 yen

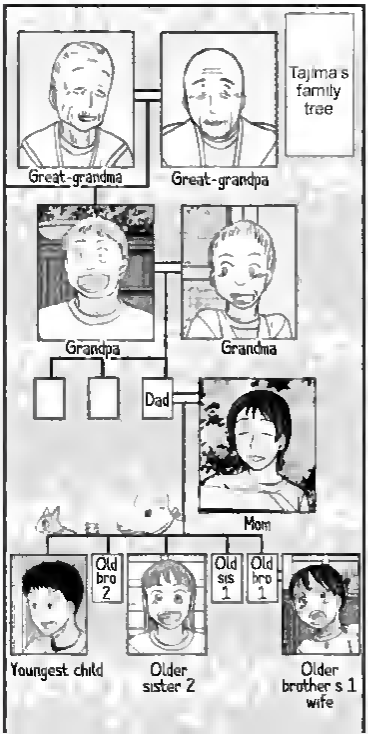
HEALTHY EATING IS JUST AS IMPORTANT FOR RECOVERING FROM FATIGUE!
COME TO MY HOUSE

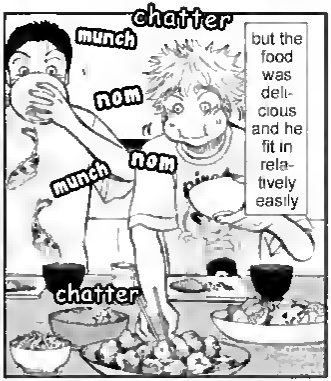
YOU GONNA EAT CURRY AGAIN TODAY?
Ye-
Yeah
That's right.

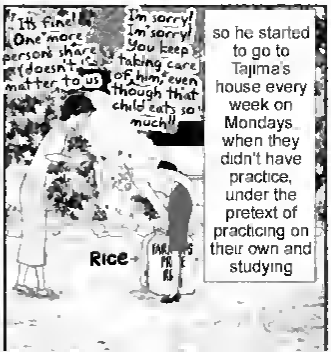

AH, WELCOME
I'M HOME! I BROUGHT MIHASHI!
And that's why they went to Tajima's house
Used to visitors

WE HAVE LOTS OF YUMMY STUFF!
B-
B-
But
O-
Okay







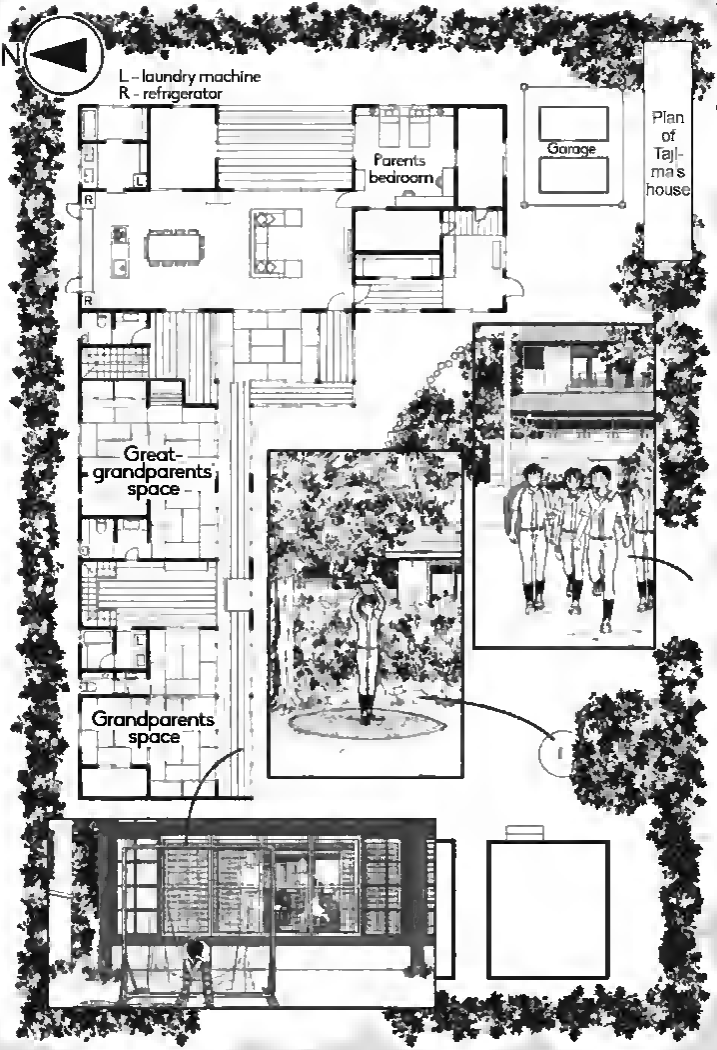

It's fine! One more person's share doesn't matter to us
I'm sorry! I'm sorry! You keep taking care of him, even though that child eats so much!!
so he started to go to Tajima's house every week on Mondays when they didn't have practice, under the pretext of practicing on their own and studying
Rice
FARMER'S PRIDE RICE

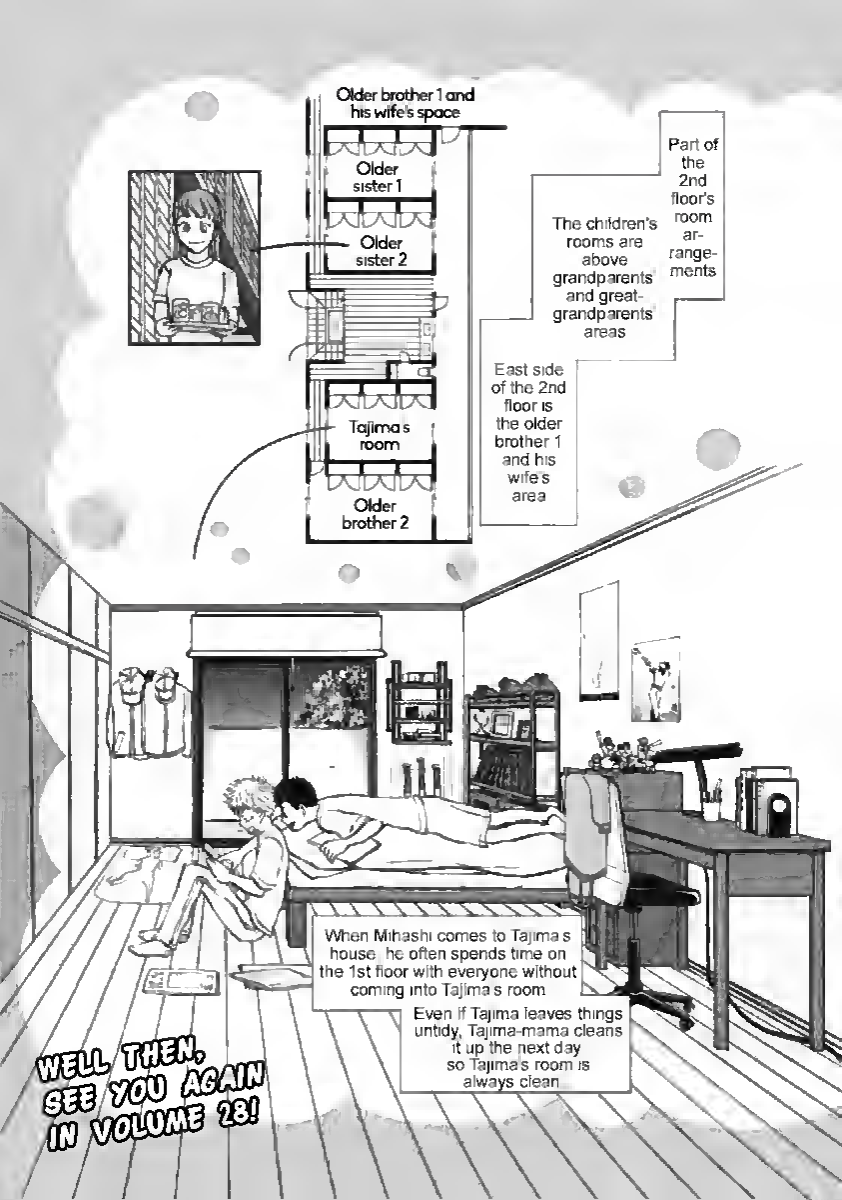
*FARMER'S PRIDE RICE

SCANLATED BY OOFURI-BAKA

VOL 27

OMAKE




Older brother 1 and his wife's space
Older sister 1
Older sister 2
Tajima's room
Older brother 2
Part of the 2nd floor's room arrangements
The children's rooms are above grandparents' and great-grandparents' areas
East side of the 2nd floor is the older brother 1 and his wife's area
When Mihashi comes to Tajima's house, he often spends time on the 1st floor with everyone without coming into Tajima's room
Even if Tajima leaves things untidy, Tajima-mama cleans it up the next day so Tajima's room is always clean
WELL THEN, SEE YOU AGAIN IN VOLUME 28!

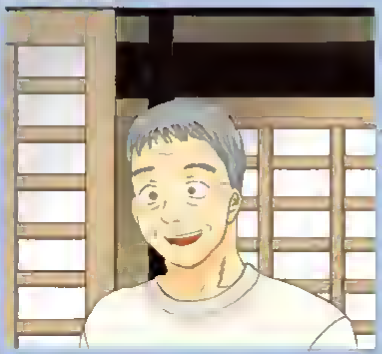
おおきく振りかぶって
ひぐちアサ

★ PREVIEW ★
Swim the sky high
THANK YOU VERY MUCH FOR INVITING US TODAY!
...HM?
WHAT'S HANAI'S FIRST NAME AGAIN?
.....
THE REWARD FOR SELF-TRAINING AND STUDYING IS BARBECUE AT TAJIMA'S!
BUT...
WE HAVE LOTS OF SEC-ONDS, TOO!
HERE! PASS OUT THE RICE!
Fun Kitchen
PLEASE LOOK FORWARD TO VOLUME 28!!

CHARACTER PROFILE VOL 27

① Name in kanji ② Date of birth ③ Blood type
④ Height and weight ⑤ Profession

HIJIRI TAJIMA



① 田島 聖 (タジマ ヒジリ) ② December 15
③ O ④ 168cm 70kg ⑤ Farmer

KIMIKO TAJIMA

① 田島君子 (タジマ キミコ) ② August 12
③ B ④ 156cm 65kg ⑤ Housewife

CHARACTER PROFILE VOL 27

① Name in kanji ② Date of birth ③ Blood type
④ Height and weight ⑤ Profession

KISAKU TAJIMA

① 田島喜作
(タジマ キサク)
② February 22
③ A
④ 156cm
⑤ 42kg

SEI TAJIMA

① 田島セイ
(タジマ セイ)
② September 18
③ O
④ 143cm 30kg
⑤ Farmer

KANOKO TAJIMA

① 田島佳乃子
(タジマ カノコ)
② February19
③ O
④ 153cm [illegible]kg
⑤ College student